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The Treatment of Stercoral Peritonitis Caused By Colorectal Carcinoma Dr. Ivana Djordjevic¹ and Goran Stanojevic² ¹ University of NiA *Received: 24 September 2011 Accepted: 24 October 2011 Published: 7 November 2011*

7 Abstract

Introduction: Stercoral peritonitis (SP) caused by perforation of the colon due to colorectal 8 carcinoma (CRC) represents one of the most difficult types of peritoneal inflammation with 9 complex clinical presentation. Aim of the study was to establish frequency of CRC as a cause 10 of stercoral peritonitis, type of treatment, postoperative complications, length of hospital stay 11 and mortality among our patients. Methods: Retrospectively we have analyzed two groups of 12 patients. Group A: patients treated in period from 01.01.2001 to 31.12.2006, and group B 13 consisted of patients treated from 01.01. 1995 to 31.12.2001. Surgical approach was different 14 in those groups since we have accepted new strategies in the treatment of colonic perforations 15 caused by CRC from the year 2000. Results: In group A we have operated 56 patients, 16 median age 62.9, in most of the cases (35.71)17

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19 Index terms— stercoral peritonitis (SP), colorectal carcinoma (CRC)

operisano 65 bolesnika prose?ne starosti 60,5 god., najvi?e sa karcinoma levog kolona -25 (38,46%) Hirur?ki
postupci kod ovih boesnika su se razlikovali ?to je rezultovalo vi ?om stopom komplikacija i smrtnosti. U A i B
grupi lak?ih komplikacija je bilo oko 60%, dok je te?ih komplikacija u A grupi bilo oko 53%, a u B grupi oko
96%. Visok procenat te?ih komplikacija u B grupi odrazio se i na stopu smrtnosti koja je u B grupi iznosila60%,
dok je u A grupi bila duplo ni?a. Po?tovanjem algoritama le?enja CRC i SP skra?uje se du?ina hospitalizacije

25 bolesnika, smanjuje nastanak komplikacija ii mortalitet.

 $_{\rm 26}$ Klju?ne re?i : sterkoralni peritonitis, kolorektalni karcinom

²⁷ 1 I. INTRODUCTION

tercoral peritonitis (SP) represents inflammation of visceral and parietal peritoneum caused by various bacterial species. This is a secondary peritonitis and it represents severe type of intraabdominal infection and abdominal related sepsis. Due to surgery and effective modalities of medical treatment, extremely high mortality rate of 90% from the beginning of the century has reduced to 15-40%.

The aim of our study is to establish colorectal carcinoma (CRC) as a cause of SP, type of surgery, postoperative complications, hospital stay and mortality during two periods. We'll analyze weather following new strategies in the treatment of stercoral peritonitis caused by CRC in recent years, we have managed to reduce rate of

postoperative complications and mortality as well as hospital stay among these patients.

36 **2** II.

37 **3 MATERIAL AND METHODS**

This is retrospective-prospective study of our patients treated for stercoral peritonitis caused by CRC at Surgical

³⁹ Clinic, Clinical Center Nis. We have analyzed two groups of patients. Group A: patients treated in period from ⁴⁰ 01.01.2001 to 31.12.2006, and group B: patients treated from 01.01.1995 to 31.12.2001. We analyzed type of

treatment, hospital stay, postoperative complications and mortality. Surgical approach was different in those

42 groups since we have accepted new strategies in the treatment of colonic perforations caused by CRC from the 43 year 2000.

to 18(32.14%) women, mean age 62.9 years (51-76). In group B we recorded 326 patients with peritonitis, 65(19.23%) of them had SP caused by CRC. There were 37(56.92%) men and 28(43.07%) women, mean age 60.5 years (37-84 years). In both groups most of patients had left-sided CRC: group A 20 pts (35.71%) and in group

B 25 (38.46%) (Table ??). With further analysis of our results we established significant difference in type of surgery among those groups (Table 2a, 2b and 2c).

There is difference in rates of postoperative complications among groups. We recorded minor complications as: wound infection, peristomal abscess, stomal necrosis, parastomal skin irritation, and major complications as: wound dehiscence, anastomotic leakage, postoperative abscesses of abdomen, stercoral fistula formation and retraction of stoma (Table 3). Average hospital stay in group A was 16 days (10-22 days), and in group B 21 day ??11-31 day). Mortality in group A and group B according to type of surgery is described in Table ??.

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IV.

55 4 DISCUSSION

Stercoral Peritonitis (SP) is a severe disease with an uncertain prognosis. Due to high concentration of aerobic, 56 endotoxins of Gram-negative and especially egzotoxins of anaerobic bacteria, a quick penetration of these 57 58 components occurs resolving in diffuse peritonitis, systemic infection and sepsis. Toxins primarily affect heart 59 cells, endothelium, hepatocytes, kidney cells, and cells of immune system. Because of the ischemic, toxic and metabolic damage, cell necrosis occurs leading to septic shock and multiple organ failure in the end. Acute 60 Physiology Score (APS) is commonly used to describe the intensity of pathophysiological disorder, while APACHE 61 II score helps in describing the incidence, morbidity and mortality rate. Patients with SP are placed in the third 62 group with mortality rate of over 40% according to this score. 63

Treatment of SP caused by colonic carcinoma considers:

A. Permanent and successful elimination of septic source (respecting oncology principles) B. Evacuation of necrotic and purulent content out of abdominal cavity

Removing the cause of infection is basically the most important step in surgical treatment of SP. CRC is the

third most common form of cancer, equally distributed in both gender. Etiology of origin is unknown and risk factors are various (2). Complications aside, this cancer is followed by a high rate of mortality, and 5year rate of survival correlates to the stage of carcinoma (Dukes A -about 90%: Dukes C -less then 60%) in case of elective surgery.

The very first principles of diagnosis and treatment of SP were noted during Hippocrates's era, while the first principles of surgical treatment were set by Martin Kirschner in 1926. SP is an acute condition, demanding an urgent surgical treatment. Reanimation and preoperative treatment consider besides the correction of hypovolemic and acidobase balance, a prophylactic use of antibiotics. The presence of CRC is often discovered during operation; therefore the surgeon is forced to decide about the type of operation according to the pathological finding and patient's condition.

The first colostomy used as a procedure to resolve intestine perforation caused by CRC, was created in 18 th century. The basic principles of this treatment were set by Mikulicz (Vorlagerungs methods). This way of treatment was preformed for decades, until two stage procedure and the immediate anastomosis were introduced. If the SP is caused by perforation of the right colon affected by carcinoma, right hemicolectomy with Brook's unipolar ileostoma is the common treatment. Immediate anastomosis is acceptable only if protective ileostoma was made. Right hemicolectomy without anastomosis is preformed far more often. Performing immediate anastomosis is related to a high risk of postoperative complications.

Carcinoma of the left colon and rectum resulting in SP is a special problem. It is recommended not to perform coloanoanastomosis during first stage of procedure, but to create a colostomy. Nowadays, reconstructive surgeons support immediate anastomosis of left colon even with presence of diffuse peritonitis and perforation, in strictly selected cases, explaining that this maneuver do not effect mortality and morbidity in patients (5).

It is considered that the risk of immediate anastomosis of right and left colon is the same if the patients are hemodynamicly stable. Immediate anastomosis should not be considered only in hemodynamicly unstable patients, whether obstruction or perforation of colon is involved (6).

Localization of carcinoma do not affect postoperative mortality and 5-year rate of survival (7,8), but patient's general condition, severity of SP, the promptness of preformed procedure, surgeon's skill (9), and whether oncological principles are respected(total lymphadenectomy) (10). Regardless of the procedure extensiveness, a 5-year rate of survival is 20-30%.

According to many colorectal surgeons of GBA (Grate Britain Association) it is possible to determine the risky patients (RIX-risk-stratification index) which would help in survival prognosis (11,12, ??3). The methods of treatment of SP caused by colorectal origin are still a subject of discussion: one or two stage operation. High rate of mortality in these patients (over 40%) leaves the question: (16,17).

After removing the source of infection the treatment is continued with evacuation of necrotic and purulent content out of abdominal cavity: mechanical cleaning, debridment, intraoperative lavage with ceftriaxon, and drainage of abdominal cavity. Some recent studies show that intraoperative lavage with ceftriaxon or metronidasol completely exclude the possibility of postoperative abscess development. According to some other authors, performing lavage with 20 l of saline solution decreases development of postoperative complications, abscessesand the need for reintervention.

Special attention should be paid to severe forms of SP when it is recommendable to proceed with closed postoperative lavage, which actually represents the continuum of intraoperative lavage. Using this method, the risk of developing adhesive ileus is decreasing. The method of choice in treatment of highly severe forms of SP is staging lavage with temporary abdomen closure, which avoids the negative effect of increased abdominal pressure and the risk of intestine perforation.

According to many authors, there is no difference in postoperative mortality between planed and relaparotomy on demand (18,19). Second-look operations can be quite useful in case of severe SP followed by expressed organ necrosis, and in patients that developed septic shock with consecutive coagulopathy.

Knowing and respecting the principles of medical approach in stercoral peritonitis caused by colonic cancer perforation, patients in group A were treated with following surgical procedures:

? Solving SP, which was presented as a late diffuse peritonitis in majority of patients. ? Removal of tumor, 116 which was often perforated (regarding the oncological principles)? Performing immediate anastomosis only in 117 selected cases. The majority of patients underwent ileo and colostoma creation as well as Hartmann's procedure. 118 In patients in group A suffering from right colon carcinoma, right hemicolectomy with Brook's unipolar 119 120 ileostoma was preformed in 47.05%, while only 29.41% of patients underwent right hemicolectomy with immediate 121 anastomosis. In patients with left colon carcinoma, the most preformed procedure was colon resection with 122 unipolar colostoma (45%) and left hemicolectomy with bitubular colostoma (25%), while immediate anastomosis were not created. All patients suffering from rectal carcinoma underwent Hartmann's procedure (100%) (Table 123 2a). 124

Much more various procedures were preformed in patients in group B. In patients with right colon carcinoma, right hemicolectomy with immediate anastomosis was used more often (54,16%), while right hemicolectomy with Brook's ileostoma was preformed rarely (8, ??3). In patients with left colon carcinoma, colostomas were created the most (13,8%), while left hemicolectomy with immediate anastomosis was preformed rather often (9,23%). Rectal carcinoma was solved equally by colostoma creation and Hartmann's procedure (43,75%) (Table 2b).

During this study, special attention was paid to the number and type of complications after the first stage of procedure. The study showed that patients were in terminal phase of disease, with poor preoperative condition and signs of systemic infection. Very often, surgical procedures had to be preformed without adequate colon preparation, after brief and urgent preoperative reanimation.

Postoperative complications (such as accretion of laparotomy "per secundam", laparotomy and anastomosis dehiscention, stercoral fistula) were rather the result of poor general condition in patients then inadequate operative technique (stoma complications, postoperative abscess, or other liquid collections in abdominal cavity, etc.).

According to results, about 60% of patients in Group A suffered from minor complications which were treated using conservative procedures, while 50% of patients suffered form serious complications treated both conservatively and operatively. The percentage of patients with minor complications were rather similar in Group B, while harder complications occurred far often -96,92% of patients, among which 70% underwent reintervention (Table ??).

Cause of death was closely related to general condition of patients (azothemia, cardiovascular, renal or multiple 143 organ dysfunction) and severity of primary disease. SP and CRC occurring separately are related to a high 144 mortality rate, therefore this rate increases when they need to be treated at the same time. Mortality rate in 145 group A was 32.14%, and 60% in group B. There is a significant difference between mortality rate in relation 146 to the type of performed surgical procedure: in right hemicolectomy with unipolar ileostoma it was 37,5% in 147 patients within group A, and 50% in group B; Hartmann' procedure, as a most frequently used procedure in rectal 148 carcinoma, was related to a mortality rate of (score 8), MOF (score 7), Mannheimer Peritonitis Index (MPI score 149 30), age of patients (over 65y.) -26.9 % (20). According to results from 1994, mortality rate was 19.6 % (21), 150 while in 2002, it was 16.9 %, although that's closely related to the type of procedure. When primary resection 151 with anastomosis had been performed, mortality rate was 11.1%, though it was 22,2% when anastomosis was not 152 included. Not one patient with MPI less then 25 passed away, while in patients with MPI from 26-36, mortality 153 rate was 38.5 % (22). Localization of carcinoma also affects mortality rate. In left colon carcinoma it was 22.4 154 %, and if it had been associated to a high Peritonitis Severity Score (PSS) it was increased by 15.4 % (23). 155 Mortality rate during the first 30 postoperative days, according to the results from 2001, was 14%, while one year 156 survival was 55% and 5 year -14%. Intestine perforation located proximal then carcinoma was related to a higher 157 morbidity and mortality rate then perforation located on tumor itself (24). Intrahospital mortality during 30 days 158 was 40.5 % in 2006, while during 2 years it was 64.3% (25). Further studies were performed trying to determine 159 the difference between mortality and survival rate with perforative and non-perforative CRC. Mortality rate as 160 well as metastasing in first 30 days was extremely high, while according to the results from 2008, 2 year survival 161 was 47% in perforative and 54% in non-perforative carcinoma, and 5 year survival was 28% versus 33% (26). 162 Comparing these results to ours, which imply only for intrahospital mortality, results gained in group A were 163

similar to the ones presented in literature, while results within group B were high above average.

165 **5** V.

166 **CONCLUSION**

167 SP caused by CRC is one of the most severe secondary peritonitis, and still is a great surgical issue. During 168 examination period (group A) it was noticed in 12% of all peritonitis, while during control period (group B) it 169 was rather often -19%.

Surgical procedures used during treatment of patients in group A considered immediate anastomosis in 8.92%, while creation of unipolar ileostomy and colostomy were present in about 53%. In group B, immediate anastomoses were created in 30% of patients, and unipolar ileostomy and colostomy in nearly 60%. Total amount of minor complications in both groups was around 60%, while serious complications were presented with 53% in group A and 96% in group B. This significant difference between results referring to serious complications in our groups affected mortality rate, which was much higher in group B.

Considering that this were patients dealing with late stage of malignant disease, complicated with severe systemic disorders, shown results represent a fine success in treatment of this patients as well as the improvement of surgical and reanimation procedures comparing to earlier results. 1 2 3 4 5

2a

	TotaIType of surgery				
		RH with anastomosis	5	29,41	
Right colon	17	RH with unipolar ileosomy Brook-u RH with	8.2	$47,\!05$	
		ileostomy and transverse colostomy		11,76	
		Cecostomy	2	11,76	
		LH with unipolar colostomy	4	20	
Left colon	20	LH with bipolar colostomy Cecostomy	5.2	$25\ 10$	
		Resection with unipolar colostomy	9	45	
Rectum	19	Hartmann' procedure	19	100	
RH-right hemicolectomy; LH-left hemicolectomy					

Figure 1: Table 2a :

2b

	Tot	allype of surgery	Ν	%
		RH with anastomosis	13	$54,\!16$
		RH with unipolar ileosomy sec Brooke	2	8,33
Right	24	RH with ileostomy and transverse colostomy Colostomy	$4\ 2$	$16,\!66\ 8,\!33$
colon				
		Cecostomy	3	12,5
		LH with anastomosis	6	9,23
Left	25	Cecostomy Colostomy	$2 \ 9$	8 13,84
colon				
		Resection with unipolar colostomy	8	12,3
		Exteorisation of transverse colon	2	12,5
Rectum16		Colostomy	7	43,75
		Hartmann' procedure	7	43,75
		RH-right hemicolectomy; LH-left hemicolectomy		

Figure 2: Table 2b :

2c

	Type of surgery	GroupGroupp				
		А	В			
	RH with anastomosis	5	13	$0,\!147$		
	RH with unipolar ileosomy Brook-u	8	2	$0,\!043$		
Right	RH with ileostomy and transverse colostomy	2	4	$0,\!685$		
colon						
	Colostomy	0	2	$0,\!499$		
	Cecostomy	2	3	$0,\!999$		
	LH with anastomosis	0	6	$0,\!03$		
	LH with unipolar colostomy	4	0	$0,\!043$		
Left	LH with bipolar colostomy Cecostomy	$5\ 2$	$0\ 2$	0,019 $0,999$		
colon						
	Resection with unipolar colostomy	9	8	0,74		
	Colostomy	0	9	0,004		
	Exteorization of transverse colon	0	2	$0,\!499$		
RectunColostomy		0	7	$0,\!015$		
	Hartmann' procedure	19	7	0,004		
	RH-right hemicolectomy; LH-left hemicolectomy					

Figure 3: Table 2c :

3

Complication	Group A		Group B		group A	group B	р
					Total	Total	
Wound infection	10 (17,85%)		11 (16,92%)				
Peristomal abscess Stomal	3 (5,35%)	5	3(4,61%)	6	34	39	$0,\!085$
Dependence of the invitation	(0,9270) 16 (28 5707)		(9,2370) 10 (22 0907)		(00,71)	0)(0070)	
Wound dehiscence	8 (14,28%)		13(33,3270) 13(20%)				
Anastomotic leakage	3~(5,35%)		10(15,38%)				
Postoperative abscess	8 (14,28%)		14(21,53%)		30	63	0,085
					(53, 57%)	%)(96,929)	%)
Stercoral fistula	6(10,71%)		15(23,07%)				,
Retraction of stoma	5(8,92%)		11 (16, 92%)				
Total	64		102				

Figure 4: Table 3 :

6 CONCLUSION

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 ⁵DecemberVolume XI Issue IV Version I

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