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1 Dance for Health during the Pandemic! Scientific Explanation of
 2 the Spining Rules for Dancing Couples, Which Make Them
 3 Healthier by Increasing and Balancing their Energy

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6

7 **Abstract**

8 The dancing rules for couples are: leading is the male partner, who start dancing with the left
 9 leg and leads in clockwise direction. Why? Nonlinear physics teaches that vortices spin
 10 clockwise and suck energy. If so, the spinning clockwise dancing man will suck energy and
 11 gain energy from the dance spinning, especially in fast spinning waltz. The energy gained
 12 from the clockwise-spinning dance will be added to the energy from the clockwise spinning of
 13 man's aura. The total gained energy will be shared with the dancing partner. My long-term
 14 studies found that the aura is nonlinear electromagnetic field NEMF. If so, aura energy gain
 15 can happen only if there is a reservoir of NEMF energy, from which the man can suck NEMF
 16 energy in.

17

18 **Index terms**— nonlinear physics; vortex spinning of male aura; vortex spinning of male dancing partner.

19 Everyone of us is a material body and a weak light field surrounding the body called aura ("aura" means
 20 "light"). I studied the weak aura for more than 30 years. I started photographing the aura with Kirlian
 21 photography, which uses high frequency electric field to multiply the photons of the weak aura and make it
 22 photographable. I found that the aura is brighter at positive emotions and dimmer at negative emotions, i.e. I
 23 found that the aura is emotionally sensitive. How weak is the aura? The aura field is 1,000 times weaker than
 24 the electromagnetic field created by the biocurrents of the material body. However, I found that the weak field
 25 of the aura rules and regulates everything in the body not with its strength, but with the information it carries.
 26 Since nonlinear fields do not dissipate and can imprint information, I decided that aura's field must be nonlinear
 27 electromagnetic field (NEMF). Then I developed and patented very sensitive equipment, which would allow me
 28 to measure the weak nonlinear field of the aura and to measure its vortices and anti-vortices (Fig. 1) [1].

29 **1 Couples, Which Make Them Healthier by Increasing and**
 30 **Balancing their Energy**

31 Abstract-The dancing rules for couples are: leading is the male partner, who start dancing with the left leg and
 32 leads in clockwise direction. Why? Nonlinear physics teaches that vortices spin clockwise and suck energy. If
 33 so, the spinning clockwise dancing man will suck energy and gain energy from the dance spinning, especially in
 34 fast spinning waltz. The energy gained from the clockwise-spinning dance will be added to the energy from the
 35 clockwise spinning of man's aura. The total gained energy will be shared with the dancing partner. My long-term
 36 studies found that the aura is nonlinear electromagnetic field NEMF. If so, aura energy gain can happen only
 37 if there is a reservoir of NEMF energy, from which the man can suck NEMF energy in. Man's energy uplift
 38 from fast clockwise-spinning dance is similar to the energy uplift experienced at positive emotions, which make
 39 man's aura to spin faster clockwise. My measurements showed that positive emotions (or just positive thinking)
 40 not only increase the energy, they make it more balanced, and perfect balance means perfect health. Thus, the
 41 spinning dancing rules for couples are meant to stimulate (energize) both partners and uplift their Spirits; and
 42 just as positive emotions (or just positive thinking) do, it also balances their energy, which makes the dancing
 43 partners healthier.

44 Keywords: nonlinear physics; vortex spinning of male aura; vortex spinning of male dancing partner; anti-
45 vortex spinning of female aura; anti-vortex spinning of female partner; energy uplift of both dancing partners;
46 positive dancing effect on health.

47 I. Introduction -What is Nonlinear Physics?

48 hat is nonlinear physics? When the bottom of a river is smooth, the water movement is linear and linear
49 physics describes it. If there is a big stone on the bottom of the river, the water needs to go around it,
50 which makes the movement nonlinear and nonlinear movement requires nonlinear physics to describe it. Behind
51 the stone, the water forms two spinning circles-one spinning clockwise (called vortex) and another spinning
52 counterclockwise (called antivortex). Nonlinear Physics teaches that the spinningclockwise vortices suck energy,
53 while the spinningcounterclockwise anti-vortices emit energy. It is so because of the rule of the folded fingers of the
54 right Author: Holistic Research Institute, Knoxville, TN 37923, USA. e-mail: holisticcare1@gmail.com W hand in
55 physics -when the folded fingers show the direction of the electric current or spinning, the vertical thumb shows
56 the direction of the induced magnetic field or the energy flow. By measuring the chain of alternating vortices and
57 anti-vortices of the aura NEMF, which are along the backbone (called in ancient Hindu texts "chakras", which
58 means "spinning wheels" in Sanskrit), I found that they spin in opposite directions in males and females at the
59 same time of day or night.

60 2 III.

61 Why the Dancing Rules Require Clockwise Spinning of the Leading Men

62 When a dancing couple is spinning in waltz, the man is on the left side and spins clockwise. Nonlinear physics
63 teaches that vortices spin clockwise and suck energy. If so, the clockwise spinning man during dance is expected
64 to suck energy through the top of his head and gain energy from the dance spinning. The energy gained from
65 the clockwise spinning of the dance will be added to the energy sucked by the spinning clockwise man's aura.
66 The Russian scientist Shkatov found with his patented equipment (allowing him to measure the spinning of the
67 aura) that positive emotions make man's aura to spin faster clockwise like a vortex and suck energy [2]. If so,
68 the energy uplift from clockwise spinning dance is supposed to be as the energy uplift experienced at positive
69 emotions. When a dancing couple is spinning in waltz, the energy gained by man's clockwise spinning, is shared
70 with his dancing partner. Therefore, the rules of dancing spinning are such that they bring energy uplift to both
71 dancing partners -males and females.

72 3 IV. My Studies of the Role of Positive

73 Emotions and Positive Thinking on our Health

74 Shkatov found that at positive emotions men's aura spins clockwise and at negative emotions men's aura spins
75 counterclockwise [2]. Measurements with my patented supersensitive energy meter allowed me to see the effect
76 of positive emotions and even positive thinking on our energy balance, which determines our health. I found
77 that positive emotions (or just positive thinking) increase the body energy and make it more balanced. Since
78 perfect balance means perfect health positive emotions or just positive thinking improve our health (Fig 2). V.
79 My Studies of the Aura Led me to Understanding the Nature of the Space Matrix NEMF Thus, men's aura spins
80 clockwise during the day and sucks energy through the vortex on top of their heads to get energized for the daily
81 activities (Fig. 1). If the auras are NEMF, and at positive emotions men's auras become brighter, there must be
82 reservoir of NEMF energy, from which men's auras suck NEMF energy. Since nonlinear fields do not dissipate
83 and can imprint information, I decided that the primary Space Matrix from which the Universe was created must
84 have been NEMF. (The Creator first created a sphere of this not dissipating NEMF (Space Matrix). Then He
85 imprinted on it the three-dimensional holographic image of the Universe to be, and the Universe was created
86 [4]).Positive emotions (as well as the clockwise spinning dancing men) make men's clockwise-spinning auras to
87 spin faster and suck more energy from the Space Matrix NEMF through the vortex on the top of their heads, from
88 which the concept of Father God in Heaven, originated. (The concept of Mother Goddess of Earth originated
89 from the fact that women's auras spin counterclockwise and suck energy from the Earth NEMF through the
90 vortex at their tailbone. In my article [5], I explained that since the auras in men and women spin in opposite
91 direction, the attraction between the sexes is magnetic in origin).

92 4 VI. My Studies of the Aura Led me to the

93 Conclusion that the Aura is our Emotional Spirit

94 Since positive emotions make the aura brighter and we say we are in high Spirit when we experience positive
95 emotions, I concluded that the aura must be our Spirit. Then I found that the ancient Jewish Cabala was teaching
96 to high priests that the aura is our Spirit. Thus, after many years of work I discovered what the ancients knew
97 thousands of years ago -that the aura is our Spirit. (This re-discovery should not be surprising because the cycle
98 of solar activity rules the development of civilizations on Earth. When the Sun is active, the increased magnetic
99 field of the Sun stimulates the brains of man, and they develop advanced civilizations. When the solar activity
100 drops down to zero, the civilizations of man on Earth drop down to zero -people even forget how to write. At
101 the next solar activity, the man on earth start developing civilization from zero. This makes each civilization
102 different, i.e. with its own color, which makes it interesting to observe -it is not a borrowing repetition of the

103 same. And the most important -the imposed through the solar cycle limit of solar activity put an upper limit to
104 our development. In this way, the Creator God (who made us creative as himself) felt secure that we would never
105 reach His level of development and be a tread for our Creator Hu (Human means Man created by the Creator
106 God Hu).

107 **5 VII. The Spinning of Dervish Men and Single Women**

108 The so-called Dervish Men spin clockwise and they claim that if they spin long enough the energy of their aura
109 (Spirit) will increase so much that they will shift to a higher Spiritual Level. Since vortices spin clockwise and
110 suck energy, the Dervish men with spinning clockwise aura by spinning clockwise would indeed gain energy.

111 1/ There are no Dervish women, but if women should do this, they need to spin counterclockwise because
112 their auras spin counterclockwise and suck energy from the Earth NEMF through their tailbones.

113 **6 VIII.**

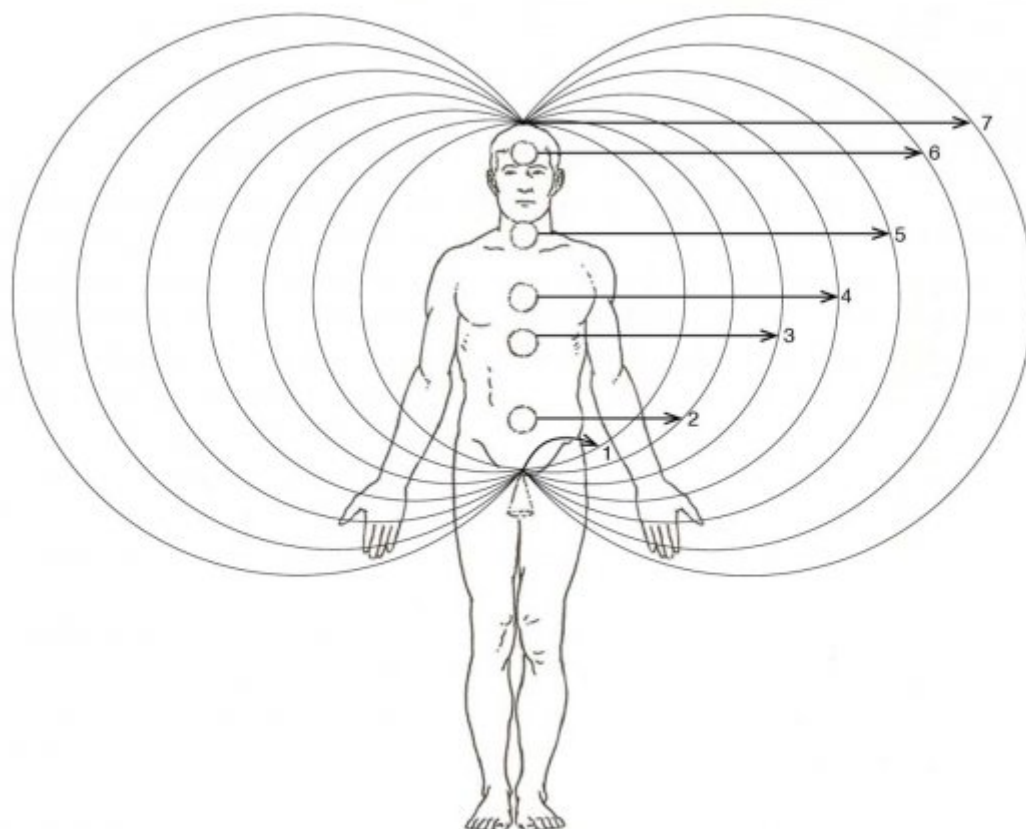
114 **7 Conclusion**

115 The article explained that the dancing rules for couples require clockwise spinning of the male partners because
116 men's aura spins clockwise, and only clockwise dance spinning can farther increase the clockwise spinning of their
117 auras and boost their energy. The energy gain is shared between the two partners. Since positive emotions make
118 men's auras spin faster clockwise, the boost of energy for dancers spinning clockwise is the same as their boost
119 of energy at positive emotions (or just positive thinking). Based on my measurements of the effect of positive
120 emotions (or just positive thinking), I claim that not only will the clockwise waltz dancing increase the energy of
121 both dancers, their energy will become more balanced, which will make the dancers healthier. Thus, dance for
122 energy gain and dance for energy balance, which is health! Positive emotions make the aura spin faster and suck
123 more energy. When the man spins clockwise in a dance (waltz), he sucks more energy through the vortex on top
124 of his head. For all this to happen, there must be reservoir of energy, from which the clockwise spinning auras
125 of men suck energy. Our science chose to believe that there is no ether -it is vacuum, regardless that Michelson
126 later came up with idea for experiment with higher accuracy, with which Syniak in 1911 and Michelson in 1925
127 proved that ether does exist [3]. Our science chose to ignore these experiments and continued to claim that ether
128 does not exist -it is vacuum. However, it cannot be vacuum because our auras (and the Sun) are plasma and
129 they generate energy as they spin. Plasma spinning in vacuum cannot generate energy, while plasma spinning in
130 ether, which is nonlinear electromagnetic field (NEMF), can. This proves that the media (called ether) is NEMF,
131 not vacuum. But let come to this step by step.

132 2/ When men and women dance circle dances, their movement should always be clockwise because only at
133 vortex-like clockwise movement energy is sucked from the Space Matrix NEMF and this energy gain would be
134 shared between the dance partners. ¹

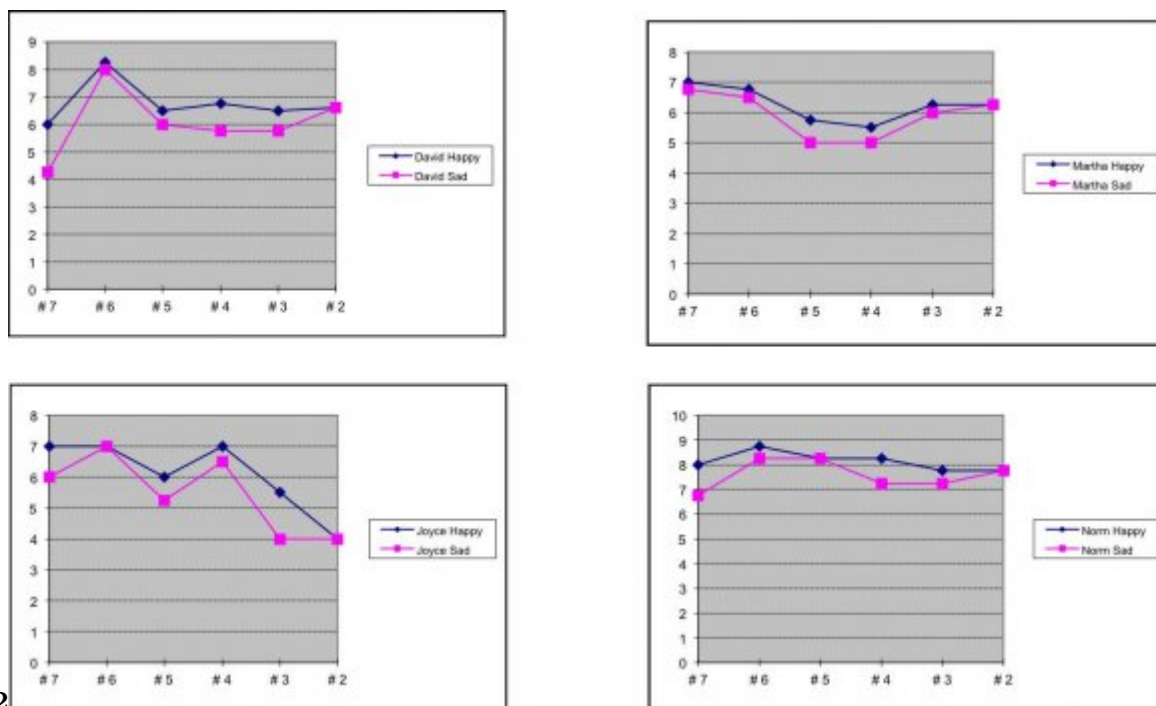
¹ Year 2023

7 CONCLUSION



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Figure 1: Fig. 1 :



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Figure 2: Fig. 2 :

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II. knowledge of Nonlinear Physics lead My Studies
of the Aura and my me to Understanding the
Dancing Rules of Spinning Couples

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Figure 3:

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