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1	Volume XVI Issue III Version I Year 2016
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#### 6 Abstract

12

7 A cross-sectional study on Toxoplasma Gondii in livestock was carried from October 2011 to

<sup>8</sup> March 2012 in Addis Ababa, Ethiopia to determine sero-prevalence and associated risk

<sup>9</sup> factors. A total 347 serum samples were collected from the jugular veins of each animal and

<sup>10</sup> heart of swine, presented veterinary clinics and abattoirs, respectively. The overall prevalence

<sup>11</sup> in the six animal species out of 347 animals sampled was 126 (36.1

13 Index terms— toxoplasmosis, veterinary clinics, seroprevalence, risk factors.

Although infection does not clinically affect cattle, transmission of infection to humans from tissue cysts when 14 15 eating raw or undercooked beef should not be discounted. Toxoplasmosis may be important in Ethiopia where raw 16 or partially cooked meat is regarded as a delicacy (Bekele and Kasali, 1989). In Ethiopia, there are documented reports on serological survey of Caprine toxoplasmosis by Teshale and his colleagues in Central and Southern 17 18 Ethiopia (Teshale et al., 2006). The serological survey results on toxoplasmosis by Negash and his associates further confirm the presence of T. gondii infection in sheep and goat population in Ethiopia (Negash et al., 2004). 19 The results of a questionnaire survey in Debre Birhan and the surrounding area revealed that abortion was the 20 major cause of lamb loss during 12 months studied period (Getachew and Tilaye, 2002). In addition, the Sero-21 prevalence, assessment of its zoonotic importance and identification of factors associated with Sero-prevalence 22 was documented in Nazareth town, Ethiopia (Negash et al., 2008). 23 24 Toxoplasmosis is recognized as disease of great economic importance since it causes heavy losses through

abortion, stillbirth, neonatal mortality, encephalitis and pneumonia particularly in sheep and goats ??Radostits
et al., 2007 andSingh andMsolla, 1994). If animals are important in the epidemiology of human toxoplasmosis it
is well to have information concerning serological study in those hosts (Morris et al., 2007). In the present paper,
we summarize( D D D D ) G

whether the severity of toxoplasmosis in immunecompetent hosts is due to the parasite strain, host variability 29 or other factors. Recently, attention has been focused on genetic variability among T. gondii isolates from 30 apparently healthy and sick hosts. It has been 100 years since the discovery and naming of T. gondii. The 31 parasite was first found in laboratory animals (Dubey, 2007). Its medical importance remained unknown until 32 1939 when T. gondii was identified conclusively in tissues of a congenitally-infected infant in New York City, USA 33 (Wolf et al., 1939), and its veterinary importance became known when it was found to cause abortion storms in 34 35 sheep in 1957 in Australia (Hartley and Marshall, 1957). Abebaw Getachew ?, Alebachew Tilahun ?, Alemu 36 Aylate ? & Wale Tesfaye ? I. Introduction oxoplasma gondii infections are prevalent in humans and animals 37 worldwide (Dubey and Beattie, 1988). Felids are the key animal species in the life cycle of this parasite because 38 they are the hosts that can excrete the environmentally-resistant stage, the oocyst. Humans become infected postnatal by ingesting tissue cysts from undercooked meat, consuming food or drink contaminated with oocysts, 39 or by accidentally ingesting oocysts from the environment. However, only a small percentage of exposed adult 40 humans or other animals develop clinical signs of disease. It is unknown information on serological prevalence of 41 T. gondii infection in different animals species presented Veterinary Clinics and economic impact of the disease 42 in the study area. 43

# 44 1 II. Materials and Methods

#### $_{45}$ 2 a) Study Area

The study was conducted in Addis Ababa which lies at an altitude of 2000-3000 meters above sea level. The mean annual rainfall is 1800 mm with a bimodal pattern. There are dry and rainy seasons in the area. The long rainy season extends from June to September, contributes about 84% of the total annual rainfall while the dry season lasts from October to February. The short rainy season lasts from March to May. The study was conducted from November 2011-March 2012 in Sholla and Akaki-Kality Veterinary Clinics, Addis Ababa. The mean annual minimum and maximum temperature are 14 0 C and 21 0 C respectively with an average rate of 17 0 C the mean relative humidity is 61.3% (CSA, 2009).

## 53 **b**) Study Population

The study included all animals which came to Sholla and Akaki-Kaliti Veterinary Clinics and consisted of bovine, ovine, caprine, swine, camel and equine species regardless of their age, breed and disease case. Blood sample for swine and camel was taken from Addis Ababa Abattoir Enterprise.

# 57 4 c) Study Design

A cross-sectional study was conducted from October 2011 to March 2012 to determine the prevalence
 toxoplasmosis among animals coming to Sholla and Akaki-Kaliti Veterinary Clinics for various health problems.
 After reviewing daily patient flow (case) to the clinic, the expected patient population in the study period was

taken as a sampling frame. A simple random sampling method was used to collect blood sample from different

#### 62 animal species.

## <sup>63</sup> 5 d) Sample Size Determination

The required sample size for the study animals was determined by the formula given by (Thrusfield, 1995) assuming 95% of confidence interval and at 5% desired precision. This was estimated with the assumed toxoplasmosis prevalence of 34.5% based on previous study by (Getachew and Tilaye, 2002) by taking the average prevalence of 34% (sheep) and 35% (goat) in Debre Birhan and the surrounding areas. Accordingly the desired sample size was 347.

# 69 6 e) Study Methodology

## 70 7 i. Serum collection and serological examination

Approximately 5ml of blood was taken from jugular vein of each study animal but for swine it was taken directly from heart in abattoir and the serum was separated and stored at deep freezer until tested. Toxoplasma gondii antibody was determined by the Slide Agglutination Test using a commercial kit (HUMA TEX TOXO, Human Gesellsfür Biochemica und Diagnostoica mbH Max-Plank-ring21.65205 Wiesbaden. Germany). This method is quick, simple and requires smaller quantity of reagents. Agglutination reactions are more sensitive than immuno-precipitation tests. The tests are simple and have an added advantage of easily readability (Chauhan and Agarawal, 2006).

78 Comparable assessment of slide agglutination test shows that as sensitive as, and a more specific than latex 79 agglutination test. The predictive value of a negative slide agglutination test is less than the latex agglutination test but produced results within minutes, although, quantitative results is not comparable to other assays. Slide 80 agglutination presents a rapid alternative to the latex agglutination test as a screening assay toxoplasmosis, 81 although patients at risk of life threatening infection require detailed serological examination using additional 82 methods (Dunford and Johnson, 1991). In this test a clean dry glass with 6 cells was taken and a drop of antigen 83 suspension was placed over the middle of area of each 6 cell and one drop of positive control serum (goat) in 84 one of cell while the negative control serum was placed on the other cell and one drop of test serum was placed 85 on the rest 4 cells. Then mixed with separate disposable sticks and spreader the fluid over the entire area of 86 the particular cell the slide was tilted back and forth of 4 minutes so that rotates slowly inside the cell. Finally 87 it was observed for clamping (agglutination) by naked eye and magnifying lenses in comparison with the two 88 89 controls (positive and negative). The negative result was identified as negative control result which did not form 90 agglutination (homogenous appearance) but distinct agglutination was indicator for positive toxo-Ab of at least 91 4 IU/ml similar with positive control.

ii. Questionnaire Survey A pre-tested structural questionnaire was prepared to animal owners with respect
to the case they brought which included both open ended and closed ended questions. The questions was
concerned with hygiene, environment, management, nutrition, reproductive disorder history and nervous signs,
ownership of cats, purpose of cat keeping as well as the mechanism of cat feces disposal. In addition, the habit of
exposure of raw meat and milk were important questions that gave useful information for epidemiology of human
toxoplasmosis.

## 98 8 f) Data Analysis

All data obtained from the study were entered into Ms Excel 2007 data sheet and analyzed using STATA 11, statistical software programme. The Seroprevalence was calculated later on by dividing the sera were found positive to slide agglutination test to the total sample size multiplied by 100. The risk factors associated with toxoplasmosis were determined using percent values and using Pearson's Chi-square (?2). A statistically significant association between variables was said to exist if the calculated level of significance is less than 5% (p<0.05) at 95% confidence level. The strength of associations between the exposure to the risk factors and sero-positivity is measured using odds ratio (Wasserthiel-smaller, 1995).

### <sup>106</sup> 9 III. Results

#### <sup>107</sup> 10 a) Sero-prevalence

The overall Sero-prevalence rate of the test result were found in 126 of the 347(36.31%) animals (table 1) (6 different species of animals) examined for slid agglutination test (CI=31.22, 41.40, 95\% level of confidence). Sero-prevalence by origin, age, species, management system, hygiene, reproductive abnormality, cat ownership as well as associated clinical findings is not significant while a statistically significant difference(p<0.05). Seroprevalence among males than females being observed. Higher prevalence was observed in males and females (table 5).

#### <sup>114</sup> 11 b) Risk Factors Associated with Sero-positivity

Factors closely related to the natural history of toxoplasmosis are presence of cats, origin, history of abortion or neonatal mortality or births of weak lambs and reproductive abnormalities, management practices, hygiene and clinical finding. These factors and its association with sero-positivity (p>0.05) is explained in (table 2,3,4,6,7,8,9, 10). Breed was not included in the analysis since most farmers in the area had local breeds.

#### <sup>119</sup> 12 c) Result of the Questionnaire Survey

A questionnaire survey was conducted on 100 livestock owners revealed that during the previous months lamb loss 120 121 amounted to 60% (30% abortion, 12% stillbirth and 18% neonatal mortality). Birth of weak lambs amounted to 20% while reproductive abnormalities were 31% (17% dystocia, 8% retained fetal membrane and 6% endometritis). 122 Seventy two respondents confirmed the presence of cats in their house hold kept for clearing rodents. Only 10% of 123 interviewed individuals reported disposal of cat feees by burying in the ground. Thirty percent of them reported 124 the disposal of cat feces on the backyard or grazing land, which increased the risk of exposure to toxoplasma 125 oocyst and cats had close contact with most family members. The survey also showed that 83% of the interviewed 126 people had a history of consumption of raw or under cooked meat. Sixty five percent of them had animals with 127 poor hygienic management in their grazing area and drinking water. Fifty four percent of these owners informed 128 that their livestock had a contact with dead animal carcass, which is improperly disposed. Thus further had 129 contract the infection through ingestion of oocysts from these areas is a probable source of toxoplasmosis. In 130 addition livestock owners revealed that there were wild cats coming to the grazing area of their livestock which 131 act as a definitive host. 132

#### 133 **IV.** Discussion

The overall Sero-prevalence of 126(36.1%) in the 347 study animals of different six species .Of which ovine 134 (56.35%), caprine (11.9%), bovine (8.73%), swine (15.08%), equine (5.56%) and camel (2.38%) lies midway 135 between the three previous studies in Ethiopia. The overall prevalence of 36.6% in sheep in this study lies 136 between the three previous studies in Ethiopia. Bekele and Kassali, Getachew and Tilaye, and Tamiru reported 137 Sero-prevalence of 22.9%, 33% and 54.7% in sheep, respectively. This is in agreement with studies in other 138 African countries with prevalence rates ranging from 11.5% to 34% (Deconinck et al., 1996). In goats the overall 139 Sero-prevalence in this work was higher than the results of the two previous studies in Ethiopia with prevalence 140 of 11.9% and 26.7% but less than those reported from other African countries with prevalence rates ranging from 141 31.9% to 63% (Tamiru, 2000). On the other hand, the finding agrees with recent study reports of Getachew 142 and Tilaye of 35% in goats (Getachew and Tilaye, 2002). In bovine the overall Sero-prevalence (25%) out of 143 44 cattle examined. Thought number of animals studied were not proportional relative to previous studies, it 144 is higher prevalent than the reports of ??ekele and Kasali (2002) who reported a prevalence of 6.6%. In swine 145 although those animals serum was taken from Addis Ababa abattoir and its number of sample size was not 146 proportional relative to other species constitute the largest Sero-prevalence which is 47.5%. This result agrees 147 148 with published reports in other parts of the world, the sero-positive prevalence in swine is 22% with a range of 149 0-97 % (Radostits et al., 2007). The overall Sero-prevalence in equine species (horse and donkey) was 35%. The overall Sero-prevalence in camel (Camelus dromedarius) species was 33.3% which is high. This result revealed 150 that a higher Sero-prevalence when compared with previous studies in three ecologically different areas of Sudan 151 (22.2%) ??Khali et al., 2007). 152

In the present study, no statistically significant difference in Sero-prevalence was noted among different origin, species, age groups, management system, hygienic condition, reproductive abnormalities, cat ownership and the

associated clinical finding. This seems contradictory with the established facts, however, it is difficult to made 155 firm conclusion as number of study animals is low in proportion with these factors. The odd ratio of the four 156 factors (management system, reproductive abnormality, hygienic condition and cat ownership) is explained in 157 figure ??. The prevalence would have been significantly higher in warm and moist areas than in cold or hot 158 dry areas, increased with age, in extensive (small holder) management system than intensive type, prevalent in 159 cat ownership and a major cause of abortion and neonatal mortality. The disagreement of the assessment of 160 risk factors associated with sero-positivity to T. gondii in addition to the above reasons could be due to lack of 161 the specificity of the serological test used. The slight variation in the results of Sero-prevalence observed can 162 be attributed to variation in ecological conditions as most animals came from different areas to Addis Ababa. 163 Variation may also be due to the diagnostic technique utilized (Assadi-Rad et al., 1995). Even though the test 164 used (slide agglutination test) was not done in Ethiopia, the results showed a higher Sero-prevalence than the 165 previous studies it is evidenced that it is more sensitive and the result is valued in all species. 166

The results of the questionnaire survey indicated that economic loss due to abortion, stillbirth, neonatal 167 mortality and related reproductive abnormality are important in the study area. It is also important that the 168 inclusion of the questionnaire survey on ownership of cats and purpose of cat keeping as well as the mechanism 169 of cat feces disposal and the habit of raw meat and milk consumption. As oocysts are essential in the life cycle 170 171 of T. gondii and in which both domestic cats and other felids may shed oocyst. These can contract the infection 172 through contamination of grazing area as well as close contact with human (domestic cats) leading its public 173 health hazard in addition to the owners habit of raw or under cooked meat as tissue cysts are the end stage of the parasite waiting to be eaten by animals and human (Morris et al., 2007). The results of questionnaire survey based 174 on its economic impact agrees with previous studies by Getachew and Tilaye in 2002 (abortion 30%, stillbirth 175 12%, neonatal mortality 18%, dystocia 17%, retained fetal membrane 8% and endometritis 6%). Seventy two 176 (72) percent of the interviewed individuals had cats in their premises and kept for clearing rodents only together 177 with livestock and almost all fed cats raw or under cooked meat. In general the maintenance of the cycle is 178 achieved among the intermediate hosts, definitive host (cat) and environment (contaminated by infective stage 179 of the parasite). 180

The Sero-prevalence in this study was significantly high both from public health and economic perspectives. 181 Toxoplasmosis is a disease of economic importance as it is a major cause of abortion, stillbirth and neonatal 182 mortality in sheep and goats (Getachew and Tilaye, 2002). Ovine abortion and neonatal mortality due to T. 183 gondii are important problems in New Zealand, Australia, Canada, United States and the United Kingdom; in 184 countries they are second in importance only to ??hlamydia (Radiostits et al., 2007). Several studies conducted 185 so far indicated that T. gondii infection in humans is widely distributed in most tropical countries ??Negash, 186 2000). The high Sero-prevalence in the study animals and the results of the questionnaire survey ensured that 187 Toxoplasmosis in Addis Ababa suggests a high risk to humans. The recent study in Adama town of Ethiopia 188 is an evidence for its prevalence in that of 65% people examined for anti-Toxoplasima gondii antibodies by the 189 MDAT, serologic evidence of Toxoplasmosis was found in 60% (39/65) (Negash et al., 2008). 190

Statistical analysis revealed that there is significant association between males and females with males having higher Sero-prevalence than females. This is in agreement with findings by Getachew and Tilaye observed in goats (Getachew and Tilaye, 2002). This could be due to the fact male animals are stressed due to transport from different ecological areas and as most of them were kept for feedlot and breeding purpose for long time.

# <sup>195</sup> 14 V. Conclusion and Recommendations

In general, the Sero-prevalence survey conducted in this study showed that toxoplasmosis is a widespread and 196 well established infection among the six species (ovine, caprine, bovine, equine swine and camel) two veterinary 197 clinics (Sholla and Akaki Kality) and Addis Ababa Abattoir Enterprise. The significance of toxoplasmosis as a 198 disease of zoonotic importance and its economic impact was demonstrated. Therefore, prevention efforts should 199 focus on educating cat owners about the importance of collecting cat feces in litter boxes, spaying cats, reducing 200 the numbers of feral cats, cooking all meats, and promoting rigorous hand hygiene, reducing the numbers of 201 wild rats is also important for control of toxoplasmosis. We think that further studies should be conducted to 202 determine whether any host reservoirs exist amongst domestic and wild animals in this area, in which the disease 203 was previously not found. This study will be the basis for further studies that will deepen our knowledge of 204 the epidemiology of T. gondii. More extended studies are required to determine the sero-prevalence rates among 205 populations of wild rats and other wild animals in difference areas, and the implications of T. gondii prevalence 206 on both animal and human health. 207

1

Species	No. of animals	Positive	Prevalence $(\%)$
	examined		
Ovine	194	71	55.91
Caprine	40	15	11.53
Bovine	44	11	12.68
Swine	40	19	11.53
Equine	20	7	5.76
Camel	9	3	2.59
Total	347	126	100.00
? $2 = 1.2429 \text{ P}=0.537$			

Figure 1: Table 1 :

## $\mathbf{2}$

3

Origin	No of examined	No of positive
Sholla vet clinic	74(21.33%)	28(22.22%)
Akaki Kaliti	215(61.96%)	75(59.22%)
A.A Abattoir Enterprise	58(16.71%)	23(18.25%)
Total	347(100.00%)	126(100.00%)

Figure 2: Table 2 :

Reproductive loss	No of examined	No. positive $(\%)$
Present	269(77.52)	95(75.40)
Absent	78(22.48)	31(24.00)
Total	347(100.00)	126(100.00)
? 2 =0.5126 p = 0.474		

Figure 3: Table 3 :

## $\mathbf{4}$

Cat ownership	No of examined	No. positive $(\%)$
Present	113(32.56)	35(27.78)
Absent	234(67.44)	91(72.22)
Total	347(100.00)	126(100.00)
? 2 =2.0645 p=0.151		

Figure 4: Table 4 :

 $\mathbf{5}$ 

Sex	No of examined	No. positive $(\%)$
Male	170(48.99)	76(60.32)
Female	177(51.01)	50(39.68)
Total	347(100)	126(100.00)
? 2 =10.1556 p =0.001		

Figure 5: Table 5 :

6

Age	No of examined	No. positive $(\%)$
Old	106(30.55)	34(26.98)
Adult	149(42.94	56(44.44)
Young	92(26.51)	36(28.57)
Total	347(100.00)	126(100.00)
? $2 = 1.2429 \text{ p} = 0.537$		

Figure 6: Table 6 :

# 7

Species	Sex	No of ex- amined	No. Pos- itive	Prevalence $(\%)$
Ovine	Male	76	36	47.37
	Female	118	35	29.66
Caprine	Male	29	9	31.03
	Female	11	6	54.55
Bovine	Male	26	8	30.77
	Female	18	3	16.67
Swine	Male	31	18	58.06
	Female	9	1	11.11
Equine	Male	7	4	57.14
	Female	13	3	23.08
Camel	Male	1	1	100.00
	Female	8	2	25.00

Figure 7: Table 7 :

8

Year 2016 14 Volume XVI Issue III Version I D D D D ) (G Medical Research Global Journal of Management Extensive Semi intensive Total ? 2 =0.1771 p=0.674

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Noofexam-Positive (%)ined (%)228(65.71)147(66.72)119(34.29)74(33.48)347(100.00)221(100.00)

Figure 8: Table 8 :

9

Hygiene	No of examined $(\%)$	Positive
Poor	151(43.52)	55(43.65)
Good	196(56.46)	71(56.35)
Total	347(100.00)	221 (100.00)
? 2 =0.00125 p=0.969		
Table10: Association between prevale	ence and clinical finding	
Clinical Finding	No of examined $(\%)$	Positive $(\%)$
Respiratory	116(33.43)	38(30.16)
GIT	69(19.88)	20(15.87)
Nervous	2(0.58)	2(1.59)
Skin and Mucosal	38(10.95)	16(12.70)
Metabolic	1(0.29)	1(0.79)
Poisoning (Toxicosis)	1(0.29)	0(0.00)
Normal	103(29.68)	44(34.92)
Traumatic Wound	3(0.86)	2(1.59)
Reproductive	14(4.03)	3(2.38)

Figure 9: Table 9 :

#### $_{208}$ .1 Conflict of interest

209 The authors have no declared any conflict of interest

#### <sup>210</sup>.2 VI. Acknowledgements

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