

GLOBAL JOURNAL OF MEDICAL RESEARCH: E GYNECOLOGY AND OBSTETRICS Volume 19 Issue 3 Version 1.0 Year 2019 Type: Double Blind Peer Reviewed International Research Journal Publisher: Global Journals Online ISSN: 2249-4618 & Print ISSN: 0975-5888

Alternatives to Fetal Bovine Serum in Different Cell Cultures

By Safaa A. Warda, Hossam A. Fahmy & Fatma F. Warda

Ain shams University

Abstract- Culture of animal cells is a key operation in bioscience at which fetal bovine serum is the most widely used. Other new alternatives were examined for growth of cell culture as newly born calf serum (NBCS), goat serum (GS) and Equine platelet lysate (EPL). Cell growth and viability was investigated in target cells (Vero– MDBK) using different concentration of alternatives. In general the platelet lysate medium 7 -10 % (EPL) supported cell growth and maintained viabilities comparable or superior to (NBCS). Goat serum exihibit heterologous cells in the first passage then the growth were similar to newly born calf serum with adding low concentration % of (GS). - 5% & 6% up to 10% (GS) in MDBK and Vero cells respectively. 0.1% EPL could be used with lower % Goat serum to enhance cellular morphology.

Keywords: equine platelet lysate, goat serum, newly born calf serum, vero, MDBK, cellular viability, serumfree medium.

GJMR-E Classification: NLMC Code: WQ 211



Strictly as per the compliance and regulations of:



© 2019. Safaa A. Warda, Hossam A. Fahmy & Fatma F. Warda. This is a research/review paper, distributed under the terms of the Creative Commons Attribution-Noncommercial 3.0 Unported License http://creativecommons.org/licenses/by-nc/3.0/), permitting all non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

Alternatives to Fetal Bovine Serum in Different Cell Cultures

Safaa A. Warda ^a, Hossam A. Fahmy ^o & Fatma F. Warda ^o

Abstract- Culture of animal cells is a key operation in bioscience at which fetal bovine serum is the most widely used. Other new alternatives were examined for growth of cell culture as newly born calf serum (NBCS), goat serum (GS) and Equine platelet lysate (EPL). Cell growth and viability was investigated in target cells (Vero- MDBK) using different concentration of alternatives. In general the platelet lysate medium 7 -10 % (EPL) supported cell growth and maintained viabilities comparable or superior to (NBCS). Goat serum exihbit heterologous cells in the first passage then the growth were similar to newly born calf serum with adding low concentration % of (GS). - 5% & 6% up to 10% (GS) in MDBK and Vero cells respectively. 0.1% EPL could be used with lower % Goat serum to enhance cellular morphology.

Keywords: equine platelet lysate, goat serum, newly born calf serum, vero, MDBK, cellular viability, serum-free medium.

I. BACKGROUND

etal bovine serum is the most widely used serum for animal cell culture, mainly due to its high concentration of growth factors and low concentration of immunoglobulins. The use of FBS is associated with challenges such as high variability in batch-to-batch composition, risk of transmitting bovine infections or the initiation of the xenogeneic immune response to bovine antigens and rising cost and complications of the purification of products (Brindley et al., 2012- Bieback, 2013).

Commercially available sera, adult bovine and newly born calf serum (NBCS), sheep, horse, goat sera found to be suitable for the growth of most cell lines and primary culture. Primary cultures from G .pig, chicken embryo fibroblast, monkey kidney (Savant, 1987), peritoneal macrophages were prepared and proliferate in media with goat serum (GS) (Paranjape, 2004). Also, GS used in studies different nutrients & cellular metabolism (Parap, 1995) and virus replication 1985**)**. (Paraniape & Cadam Growth media supplemented with GS were used for in vitro cultivation of Thielaria parasite (Sharma et al., 1998). Developments towards reduced and serum-free media, chemically defined media, maintenance media,

and suspension culture media for anchorage-dependent cell lines have been realized (Tezel and Priore 1998).

A new cell culture supplement, platelet lysate, was evaluated compared with fetal bovine serum (FBS), an established industrial medium for animal cell culture. Generally, platelet lysate medium was less complex than FBS. Platelets considered as concentrated supply of platelet-derived growth factor (PDGF) and transforming growth factor (TGF) (Fukimizu and Grinell 1990) which play an important role in the growth of cell culture as they are participating in many diverse cellular functions. Also, Platelets are the primary source of a number of growth factors, attachment factors (fibronectin and vitronectin), enzymes, serotonin and other factors (Ross and Raines, 1990). The platelet lysate medium demonstrated lack of microorganisms, mycoplasma, and endotoxins (Liselott et al., 2003). There was no significant difference in DNA methylation profiles of Human Platelets lysate and fetal calf serum on mesenchymal cells and did not affect their differentiation potential towards osteogenic or adipogenic lineage (Fernandez-Rebollo et al., 2017)

Thus, the goal of this study, to demonstrate the potential role of newly born calf serum, platelet lysate alone and goat serum, as a growth-promoting supplement in media used for the growth of different cells line culture (Vero & MDBK).

II. MATERIALS AND METHODS

a) Collection of goat blood (According to Paranjape, 2004)

Keep muslin clothes covered bucket & gathered the blood as soon as the animal slaughtered. Poor the blood and leave to clot at room temperature then leave at 4°C overnight. Discard the Cotton muslin, poor the serum and centrifugate 300 rpm for 30 min at 4°C. Filtration by sietzfilter, sterility was applied then the serum was inactivated at 56 °C for 30 min. Quality control testing for the presence of antibodies.

b) Equine growth factors E-GF[™]

E-GFTM is a preparation consisting of a pale yellow round cake of Lyophilized equine Platelets Growth Factors E-GFTM According to Schallmoser and Strunk, (2013). Blood (800–900 ml) collected from 5 mature horses; blood centrifuged at 200 g for 15 min. The plasma was then centrifuged at 400 g for 15 min. The platelet pellet then resuspended with aspirated

Author α: Prof. Equine Viral Dis. Dept., Veterinary Serum and Vaccine Research Institute, Abbasia, Cairo, Postal No: 11381 P.O. Box 131. e-mail: safaawarda@yahoo.com

Author o: Prof. of clinical pathology Dept., faculty of medicine, Ain shams University.

Author p: Assistant Prof. Equine Viral Dis. Dept., Veterinary Serum and Vaccine Research Institute.

platelet-poor plasma. The PC diluted to 1 x 10¹² platelets/ I after a complete blood platelets count was performed. Platelet lysate then generated by a single freeze/thaw Cycle at 80°C overnight followed by 37°C thaw. Resulting products were pooled, centrifuged at 4000 g for 15 min, and filtered with 0.22 Im filters and was stored frozen at -18°C ready for use. The breakdown of platelets in vitro before lyophilization leads to release of supra-physiological doses of growth factors. The vial is reconstituted in 2 ml of sterile normal saline; gently swirl the vial for 3 minutes just before use in cell cultures. The reconstituted vial shouldn't be used after 1 hr.

c) Cellular toxicity

In 96 wells T. C plate in triplicates wells, dispense100 μ of either Vero (African green monkey transformed kidney epithelial cells) and (MDBK) Madien Darby Bovine Kidney cells cell lines supplemented with different concentrations (4, 6, 8, 10, 12 & 15 %) of Growth enhancing additives (GS, EPL, and NBCS). Incubation was performed at 37°C for 2-3 days with daily examination under a light microscope.

d) Cell cultures and Viability

Vero & MDBK cells were cultured in Modified Eagle's Medium (MEM) with 0.1% Penicillin-Streptomycin, in duplicates T.C-flasks for each concentration and incubated at 37°C. Growth promoting additives (GPA) added to media in concentrations 4-10 % goat serum, newly born calf serum and platelet lysate 5-10% for several passages. Typical growth of monolayer of cells was performed. Studying viability of Vero cells after incubation 24 hr., trypsinization applied by Trypsin-EDTA for 1 min cells suspension at 5, 8 & 10% (GEA). Mix the harvested cells with equal volume of Trypan blue stain, counting the cells and viability by improved Neubauer haemocytometer were applied.

% Viability =
$$\frac{No. of viable cells}{Total No. of cell} \times 100$$

III. Results

a) Cellular toxicity

Vero & MDBK cell lines cultured in medium supplemented with GS (Table, 1) showed No toxicity at all concentrations (6, 8, 10, 12 & 15 %) with the preferable growth rate. Low Concentration of Growth factors at 4% showed abnormal cellular shapes, but these changes did not end with cell death so all tested concentrations can use safely.

The previous cell lines exhibit No toxicity at all concentrations (4, 6, 8, 10, 12 & 15 %) using platelet lysate.

b) Proliferation and viability assays

Goat serum exhibit flattened and irregular heterologous shape of cells in the first passage, after

that adaption of cell lines occurred in the following passages. The results of figure (1) revealed that cells had been proliferated using goat serum in concentration 5% & 6% in MDBK and Vero cells. 0.5-1% Equine Platelet lysate (EPL) could be added to growth mediain case of low concentration of (GS) that induced a preferable cellular morphology and proliferation rate. Growth rate% in cell lines recorded 80 and 90% in Vero & MDBK cells respectively at 7% of goat serum.

Figure (3) demonstrated a significant growth rate in either MDBK or Vero cells up to 7- 10% (EPL) supported cell growth and maintained Viabilities comparable or similar to (NBCS). Significant proliferation achieved at 10% in GS, EPL and NBCS.

Table 2 revealed that cell counting and viability of Vero After 24hr cultured in media containing at 8% EPL, NBCS, and GS were 39, 30 and 31 mean while at 10% were 52.2, 47.8

Cell line	Concentration of Growth	Affected wells/ Total No.		
	factors %	Goat serum	Platelets lysate	
	4	3/3	1/3	
Vero and MDBK	6	0/3	0/3	
	8	0/3	0/3	
	10	0/3	0/3	
	12	0/3	0/3	
	15	0/3	0/3	

Table 1: Growth factors cytotoxicity on cell culture

*No. of wells showed microscopically deviation in cells/total No.

Growth promoting factor	Used%	Vero	MDBK
	4	30	50
	5	50	70
O a at a smooth	6	60	70
Goat serum (GS)	7	70	80
	8	90	100
	9	90	100
	10	100	100
	5	60	70
(GS)+1%(EPL)	6	60	80
	7	80	90
	5	30	50
Newly born calf serum. (NBCS)	6	50	60
	7	60	80
	8	80	90
	9	90	100
	10	100	100







Figure 2: Multiple comparisons in the growth of Vero & MDBK cells using different Growth promoting factors at the same concentrations.

	Used %	Vero	MDBK
Newly born calf serum (NBCS)	5	30	50
	6	50	60
	7	60	80
	8	80	90
	9	90	100
	10	100	100
Equine platelet lysate (EPL)	5	30	30
	6	50	60
	7	60	80
	8	80	90
	9	90	100
	10	100	100



Figure 3: Comparison between NBCS and EPL on the growth of Vero & MDBK cells.

Growth promoting factors	Used %	Viable cells/1ml	died cells/1ml	Total No.	Viability %
Equine platelet lysate (EPL)	5	2.35 x10 ⁴	1.35 x10 ⁵	1.58 x10⁵	14.8
	6	9.85 x10 ⁵	3.18 x10 ⁵	5.12 x10 ⁶	19
	8	2.05 x10 ⁶	4.13 x10 ⁵	5.13 x10 ⁶	39
	10	3.88 x10 ⁶	3.54 x10 ⁶	7.42 x10 ⁶	52.2
Newly born calf Serum	5	2.3 x10 ⁴	1.78 x10 ⁵	4.69 x10 ⁴	12.9
	8	2.05x10 ⁶	6.87 x10 ⁶	5.78 x10 ⁶	30.2
(NBCS)	10	3.79 x10 ⁶	7.92 x10 ⁶	6.90 x10 ⁶	47.8
Goat serum(GS)	5	2.8 x10 ³	1.85 x10 ⁵	2.16x10⁵	13
	8	2.13 x10 ⁶	4.05 x10 ⁶	5.98 x10 ⁶	31
	10	3.99 x10 ⁶	4.38 x10 ⁶	7.57 x10 ⁶	47.6

Table 2: Cell counting and viability of Vero cells	Cultured in platelet lysate,	newly born calf Serum
and go	pat serum	

IV. DISCUSSION

Culture of animal cells is key operation in bioscience whether it is related to research at universities or industrial production of pharmaceuticals with the help of gene technology (Hodgson, 1995). Fetal bovine serum (FBS) usually considered as the standard gold serum as a supplement for growth of cell lines. Considerable efforts have been made to reduce or eliminate serum proteins or even using its alternatives as newly born calf serum (NBCS), goat serum (GS) and Equine platelets lysate (EPL) as a serum-free media. In this work, the first plan was establishing another alternatives to fetal bovine serum by using (NBCS) and (GS). Medium supplemented with (GS) could be used in the propagation of Vero & MDBK cell lines. Blind 7 and 4 successive passages were applied in Vero& MDBK cell lines respectively. figure (1) revealed that cells have been proliferated using goat serum alone compared to GS beside EPL or NBCS (figure, 2) cell growth was achieved in media supplemented with (GS) at concentration 5% & 6% up to 10% in MDBK and Vero cells. Another point of view, the percentage of (GS) could be decreased when 0.5-1% (EPL) was added to growth media. This also achieved a preferable cellular morphology and proliferation rate. The growth rate was higher in GS than NBCS at similar concentration up to 5-8% thereafter become the same. All growth promoting factors were significantly increased at 10%.

This finding coincidence with the result of Paranjape, 2004 that 10 % goat serum containing media is similar to fetal serum in many cell line and primary cells except BHK-21 cell line. The author found the relation between DNA, total protein and cell count of Vero cells propagated by using 10% (GS).

Furthermore, the author added that Vero cells adapted & maintained on (GS) were used in preparation of CFT & detection of Dengue virus antigen from clinical samples & interferon production in LM & MFS cells.

The second plan was designated to find alternative use to FBS by (EPL) as a serum free-media .the results in (figure, 3) demonstrated significant growth rate in either MDBK and Vero cells up to 7- 10%. The proliferation rate of EPL was nearly similar to NBCS proliferation and cellular viability is dose dependent.

The number of cells correlated with (EPL) % in the supplemented medium that agree with Liselott et al., 2003, concluded that 10% EPL induces cell growth, viability and product formation using a number of target cells including myelomas, hybridomas, hepatocytes, fibroblasts and epithelial cells.

Also Doucet et al., 2005and Horn et al., 2010 have been used (PL) as an FBS substitute in expansion medium (EM) to support the growth of human mesenchymal cells that induced higher mitogenic effect than fetal bovine serum (FBS).

Concerning with the counting and viability of adherent Vero cells after 24hr incubation at 37 °C using (GS), NBCS and (EPL) in table 2, observed that (EPL) supplemented media induce the best viability for cell culture. There was no apparent difference in Viability between (NBCS) and (GS) in spite of higher died cells in (NBCS) supplemented media.

The result disagrees with Russell & Koch, 2015, recorded no significant difference between the pooled (EPL) and (FBS) treatments in mesencymal (MSC) cells up to a concentration of 30%.

V. Conclusion

A useful alternative to fetal bovine serum in the medium for animal cell culture as a growth-promoting factor could be achieved by using:

- 1. 5% & 6% up to 10%- (GS) in MDBK and Vero cells respectively.
- 2. (GS) % could be decreased when 0.5-1% Equine Platelet lysate (EPL) added to growth medium.
- 3. 7-10% newly born calf serum.
- 4. Up to 7 -10 % (EPL) alone Perspective not only economic view that produced in large amounts at relatively low cost but also hygienic serum-free

medium for cell cultures to avoid the risk of transmitting bovine infections.

Acknowledgements

The authors would like a great thank to Pro. M. A. Saad, a director of VET. Serum & Vaccine Research Institute for his valuable guide and help.



Photo 1: MDBK cells cultured in 10% EP (10x)



Photo 2: MDBK cells cultured in 10% EP (4x)



Photo 3: MDBK cell line cultured in 5% growth-promoting factor (10x)



Photo 4: MDBK cell line cultured in 5% growth-promoting factor (4x)



Photo 5: Vero cell line cultured in 10% growth-promoting factor 10x



Photo 6: Vero cell line cultured in 5% growth promoting factors

References Références Referencias

- 1. Bieback, K. (2013).Platelet lysate as replacement for fetal bovine serum in mesenchymal stromal cell cultures. Transfus. Med. Hemother. 40.
- Brindley, D. A., Davie, N. L., Culme-Seymour, E. J., Mason, C., Smith, D.W.and Rowley, J. A. (2012): Peak serum: implications of serum supply for cell therapy manufacturing. Regen. Med. 7, 7-13. 326-335.
- Doucet, C., Ernou, I., Zhang,Y., Llense, J. R., Begot, L., Holy, X. and Lataillade, J. J. (2005). Platelet lysates promote mesenchymal stem cell expansion:

a safety substitute for animal serum in cell-based therapy applications. J. Cell. Physiol. 205, 228-236.

- Griffiths, S., Baraniak, P. R., Copland, I. B., Nerem, R. M. & McDevitt, T. C. (2013). Human platelet lysate stimulates high-passage and senescent human multipotentmesenchymal stromal cell growth and rejuvenation *in vitro*. *Cytotherapy*15, 1469–83.
- Fernandez-Rebollo E., Birgit Mentrup, Regina Ebert, Julia Franzen, Giulio Abagnale, Torsten Siebe, Alina Ostrowska, Per Hoffmann, Pierre-François Roux, BjörnRath, Michele Goodhardt, Jean-Marc Lemaitre, Oliver Bischof, Franz Jakob & Wolfgang Wagner (2017). Human Platelet Lysate *versus* Fetal Calf Serum: These Supplements Do Not Select for Different Mesenchymal Stromal Cells. Scientific Reports | 7: 5132 | DOI: 10.1038/s41598-017-0520 7-12.
- 6. Fukimizu H. and Grinell F. (1990). Spatial organization of extracellular matrix and fibroblast activity: effects of serum, transforming growth factor, and fibronectin. Exp. Cell Res. 190: 276–282.
- Hodgson J. (1995). To treat or not to treat: that is the question for Serum. Biotechnology 13(4): 333–334.
- Horn, P., Bokermann, G., Cholewa, D., Bork, S., Walenda, T., Koch, C., Drescher, W., Hutschenreuther, G., Zenke, M., Ho, A.D. and --Wagner, W. (2010) Impact of individual platelet lysates on isolation and growth of humanmesenchymal stromal cells. Cytotherapy 12, 888-898.
- Liselott Johansson, JeannaKlinth, Olov Holmqvist and Sten Ohlson (2003). Platelet lysate: a replacement for fetal bovine serum in animal cell culture? Cytotechnology 42: 67–74.

- Parap, P. B. (1995). Anti- insulin hybridoma retains functional characteristics in Goat serum soya bean lipids. In vitro Cell Biol., 31.
- Paranjape, S. (2004). Goat serum: An alternative to fetal serum in medical research. Rev. Article. Indian J. Exp. Biol., Vol., 42, pp.26-35.
- Paranjape, S. P. & Cadam, V. D. (1985). Effect of arginin on mammalian cell metabolism & replication of Toga viruses. Biol. Memoris, 151.
- Ross R. and Raines E.W. (1990). Platelet-derived growth factor and cell proliferation. In: Sara V. R. (ed.) Growth Factors: From Genes to Applications, Raven Press, New York, pp. 193–200.
- Savant, S. V, (1987).Development of killed Japanese encephalitis vaccine from T.C. source: preparation of primary chicken embryo cultures. PhD thesis, Univ. of Pune, pp. 62, Raven Press, New York, pp. 193–200.
- Russell, K. A. and Koch, T. G. (2015). Equine platelet lysate as an alternative to fetal bovine serum in equine mesenchymal stromal cell. 4 Equine Veterinary Journal 0 (2015) 1–4 © 2015 EVJ Ltdculture – too much of a good thing? Equine Veterinary Journal ISSN 0425-1644 DOI: 10.1111/ evj.12440.
- Schallmoser, K. and Strunk, D. (2013).Generation of a pool of human platelet lysate and efficient use in cell culture. Methods Mol. Biol. (Clifton, NJ) 946, 349-362.
- Sharma, G, Sharma, R. D. & Nichani, R. K, (1998). Successful long term in vitro cultivation of thieleriaanulataschisonts in media supplemented with homologous & heterologous sera. Vet. Parasitol., 79, 135.
- Tezel, T. H. and Priore, L.V.D. (1998). Serum-free media for culturing and serial-passaging of adult human retinal pigment epithelium. Exp. Eye Res. 66(6): 807–815.