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1	A Study of 52 Cases of Uterovaginal Prolapse by New Procedure
2	Sacro-Spinous Colpopexy in Rajshahi Bangladesh
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#### 7 Abstract

The analysis intended to evaluate urogenital and defecatory signs, and life conditions ahead of 8 and following a sacrospinous Colpopexy/hysteropexy for uterovaginal prolapse. To prevent 9 recurrence of uterine prolapse and to maintain adequate vaginal length, a new surgical 10 procedure Sacro-spinous Colpopexy was introduced in Rajshahi, Bangladesh. Fifty-two 11 women with indicative uterovaginal prolapse were cured using sacrospinous Colpopexy/ 12 hysteropexy. Ahead of and following surgery, urogenital and defecatory signs and life 13 conditions were evaluated with a authenticated question form. Data were obtained using a 14 Standardized questionnaires forms which were completed by the patients. Questionnaires were 15 about their basic demographic information, complaint history, patient obstetric history, 16 gynecological history, patient examination history, patient operations performed, and patient 17 postoperations follow-up. Anatomical results were evaluated by examining the pelvic ahead of 18 and following surgery. The average return sequel timing was 6 months. Grades of all areas of 19 urogenital and defecatory signs, fecal incontinency and pain improved substantially. 20 Additionally, on all areas there is betterment of life and no main difficulties were confronted. 21

22

Index terms— uterovaginal prolapse, vaginal hysterectomy, sacrospinous colpopexy/hysteropexy, life quality.

#### 25 1 Introduction

or the last few eras, it has been observed from multiple observations that sacrospinous ligament fixation is a 26 successful surgical technique to rectify post-hysterectomy vaginal vault prolapse [1,2]. As it has attested its 27 efficiency in vaginal vault prolapse operation, it can be utilized as a principal procedure to rectify descensus 28 uteri, which is called sacrospinous hysteropexy. The anatomical result and difficulty amount of this surgery 29 was elaborated in some studies, however, did not concentrate on urogenital signs and life quality proceeding 30 sacrospinous Colpopexy/ hysteropexy [3][4][5][6][7][8]. Same research group in a former investigation, found that 31 Sacrospinous Colpopexy/ hysteropexy is a favorable procedure for the modification of descensus uteri [9]. But, 32 the average follow-up of the observation was comparatively brief, the postoperative anatomical conditions were 33 34 obtained from the patients' medical files, and deviations inurogenital signs related to the anatomical results were 35 not evaluated. This study analyzed the fulfillment, difficulties, urogenital warning signs, and life quality in a 36 women faction proceeding a sacrospinous colpopexy [10].

Recently for obtaining the best surgical management of auterine descent, numerous vaginal and abdominal procedures have been illustrated. For a vaginal vault prolapse, the sacrospinous ligament fixation has established to be an efficient management [11]. The sacrospinous ligament fixation can additionally be achieved as major cure for a uterine descent, a procedure named as 'sacrospinous hysteropexy'. This technique has been labelled in females who desired to conserve the uterus to hold on to fertility [12,13]. Numerous research works have illustrated that the sacrospinous hysteropexy anatomically effective and secure and the majority of females are 43 greatly contented regarding this technique [14][15][16][17][18][19][20]. Consequence in these analyses was primarily 44 evaluated by anatomical endresults, and most of these investigations did not appraise urogenital signs and life 45 quality with authenticated survey forms. Calculating this functional result before and after surgery was one of 46 the suggestions for upcoming investigation from a current publication [21]. The primary goal of this analysis 47 was to evaluate urogenital and defecatory symptoms and life conditions pre and post sacrospinous hysteropexy. 48 Further, the anatomical results were evaluated [22].

Pelvic organ prolapse is a key health concern which can accelerate in the upcoming years because of increasing 49 life expectancy. Richardson documented in 1989 about a method called sacrospinous hysteropexy which is 50 utilized for auterine descent where the uterus can be conserved [23]. Currently it cannot be verified whether 51 removing the uterus is essential or directs to improved outcomes. From numerous research it has been observed 52 that sacrospinous hysteropexy is anatomically effective and secure, and maximum ladies are very fulfilled 53 with this technique [23][24][25][26][27][28]. In about three nonrandomized research studies, the sacrospinous 54 hysteropexy was contrasted with a vaginal hysterectomy relating to an atomical results [26][27][28]. The methods 55 were equivalently applicable in terms of anatomical results. Time of recovery following a sacrospinous hysteropexy 56 has been observed to be substantially smaller in contrast to vaginal hysterectomy in a retrospective analysis 57 [26]. The one research analysis which was done related to sacrospinous hysteropexy and vaginal hysterectomy 58 59 concentrated mainly on sexual performance 6-monthspreceding operation [29] [30].

60 Pelvic Organ Prolapse (POP) is the plunge of one or more of the pelvic organs. Anterior vaginal wall prolapse consists of the urethra (cystocele, urethrocele) or/and bladder. Apical prolapse consists of posthysterectomy 61 vaginal cuff or the uterus. Posterior vaginal wall prolapsed involves the rectum although can further consists of 62 the large and small bowel (enterocele, rectocele). Women could prolapse with one or more than one kind.POP is a 63 commonplace health issue involving nearly 40% of parous women who are more than 50 years old [31]. The risk for 64 lifetime of female to go through operation for the cure of POP is around 11%, and 30% of these females will require 65 further operation owing to the prolapse reappearance [32]. The risk of POP elevates along with the frequency 66 of births by vagina and is greater in elder and overweight women. POP has substantial adverse influences on 67 a woman's livelihood conditions, varying from bodily distress, sexual and mental ailments to professional and 68 public restrictions. 69

Nowadays in the Netherlands vaginal hysterectomy is the major management procedure for patients having 70 symptomatic uterine prolapse. The incidence of post-hysterectomy vaginal vault prolapsed fluctuates from 0.2 71 72 to 12% [33][34][35]. Hysterectomy for pelvicorgan prolapse seems to be a specific risk factor. The possibility 73 of prolapse mending following hysterectomy was 4.7 times greater in females whose primary hysterectomy was designated for pelvic organ prolapse and 8 times greater if prolapse grade 2 or more existed before surgery [36]. 74 In numerous analysis studies, it has been presented that sacrospinous fixation for uterine or vaginal vault 75 prolapse is a secure and successful remedy [37][38][39][40][41]. The technique has some difficulties. Buttock 76 pain on the side where the sacrospinous sutures have been performed takes place in around 10 to 15% of 77 the female which usually settles in days and within months. Three analysis relating vaginal hysterectomy to 78 sacrospinous fixation revealed no substantial deviation in anatomical result, whereas hospital staying duration 79 was brief, suffered less aching, and had swift recovery in the later faction [42][43][44]. However, until now only 80 one randomized analysis relating both techniques is accessible. This multi-facility pilot experiment associated 81 vaginal hysterectomy to sacrospinous fixation for 66 female with uterine descent and having a greater rate of 82 reappearances following one year in patients with sacrospinous fixation (27% vs.3% reappearance in patients 83

<sup>84</sup> having vaginal hysterectomy) [45] [46].

A cross-sectional study of 50 to 79 years age females registered in the Women's Health Initiative designated 85 that 41% of these women had some type of POP at starting point, while Samuelsson et al. described that 31% of 86 female in overall, and 44% of parous women specifically had POP in another analysis on Swedish women [47,48]. 87 Parity displayed the sturdiest link with risk of compelling operation for POP (4:1 for women having1 child and 88 8.4:1 for women having 2 children in contrast on nonparous women) of all risk factors that were assessed by Mantet 89 al. In this analysis less than 1% of prolapse happened in nulliparous female [49]. Samuelsson et al. described 90 that the highly notice able risk factors of etiologic significance for POP were pelvic floor muscle strength, parity, 91 and age having greater birth weight additionally linked to elevated prevalence of POP amongst parous women 92 93 [48] [50].

Sacrospinous colpopexy has been utilized for ages in the cure of uterovaginal prolapse [51][52][53]. Furthermore,
numerous studies have described the effective utilization of sacrospinous fixation for remedy of uterine prolapse
with preservation of the uterus. [54-56] Effective/fruitful pregnancies and vaginal deliveries following sacrospinous
fixation have also been described[55] ??57].

Rising anxiety regarding the difficulty of pelvic support defects has been come upon recently and numerous 98 surgeries have been promoted for the cure. The sacrospinous ligament fixation of the vaginal cuff is extensively 99 believed as the regular cure for the restoration of vault prolapse and is progressively conducted simultaneously 100 in patients during hysterectomy with acute uterovaginal prolapse ??58]. The vaginal method to the pelvic floor 101 faults permits the accompanying restoration of cystocele, rectocele, enterocele, urethrocele, and perineal body 102 flaws that are linked with vault or uterine prolapsed in over 75% of patients ??59]. Hanging the vaginal vault 103 to the exact sacrospinous ligament in the duration of hysterectomy necessitates additional operation time, not 104 exceeding 15 to 20 minutes, and is deemed as a reliable technique if implemented correctly [60] [61]. 105

106 **2** II.

### <sup>107</sup> **3** Materials and Methods

#### <sup>108</sup> 4 a) Patients

The surgical operations were performed from April 2016 to October 2016 and involved 52 women patients with genital prolapse. All patients obtained an identical, authenticated survey form in 2016 that consisted of basic demographic information, complaint history, patient obstetric history, gynecological history, patient examination history, patient operations performed, and patient post-operations follow-up.

### 113 5 b) Surgery/Sacro-spinous

#### <sup>114</sup> 6 Colpopexy surgical procedure

At first all the patients under went vaginal hysterectomy. Then anterior Colpopexy was done. During post 115 Colpoperineoraphy after vaginal hysterectomy, high ligation of enterocele sac was performed. In the duration of 116 colpoperineorraphy, rectovaginal space was attained following parting of the vagina from rectum. Right rectal 117 pillar was perforated with a finger, and right coccygeus muscle and right sacrospinous ligament were recognized 118 utilizing ischial spine as marker. Two sacrospinous colpopexy stitches 1-1.5 cm apart were done around 2.5-3 cm 119 120 medial to ischial spine with polypropylene no.1 on round body needle from below upwards. These were taken in 121 the form of a pulley and fixed to vaginal apex 2,3. All patients were being operated using the PDS-1 thread. At the end of surgery, sufficient vault suspension was confirmed, and vagina was packed for 24 hours. On the 6th 122 postoperative day patients were evaluated and discharged. They were followed up after 1 month. 123

Nine patients went through vault repair operations. Vault repair consists of three operations performed consecutively: Anterior colporrhaphy, Posterior colporrhaphy and then Sacro-spinous colpopexy.

### <sup>126</sup> 7 c) Measurements/Data collection

The Study is conducted with the data which was collected from the patient history questionnaire forms supplied to the patients undergoing uterine prolapse diagnosis and consequent surgery using the new surgical procedure Sacro-spinous Colpopexy. In addition, follow ups were done on these patients after completion of the surgery. The analysis of this paper comprises the information of 52patients of various diagnosis aged 35-55 years. Excel software (version 16.0) was used for doing the statistical analysis of the patient data.

For this analysis, some demographic characteristics of patients i.e. Age (various categories from 35-74 vears), 132 living place (urban, rural), religion (Muslim, Hindu, Christian, Buddhism, others) are considered as outcomes 133 variables. Obstetric history was taken on patients present with complaints, parity, age of first delivery, mode 134 of deliveries (No. of spontaneous vaginal deliveries, No. of assisted vaginal deliveries, No. of caesarean 135 sections) as outcome variables. In addition, Patient Gynecological history are taken on post-menopausal info, 136 137 sexually active/not, other operations as outcome variables. Patient Examination history included variables as uterus present, weight, height, blood pressure (BP), Stage of prolapse (POP-Q staging, most distal portion of 138 prolapse), Investigations. Various types of operations were taken as variables Patient Operations performed 139 (Vaginal hysterectomy, Anterior colporrhaphy, Posterior colporrhaphy, Sacrospinous colpopexy, Sacro-spinous 140 hysteropexy). In post-operation follow-up, outcome variables were taken as Total vaginal length (cm), vaginal 141 caliber, Any evidence of recurrence of prolapse (Cystocoele, Rectocoele, Uterine descent, Vault descent), existence 142 or nonexistence of any warning signs, complains were noted. Also, existence or nonexistence of urinary 143 incontinence, any bowel symptoms, Lump protruding from vagina were monitored during the post-operation 144 follow-up. 145

#### 146 **8 III.**

#### 147 9 Results

There were 52 women that went under Sacrospinous Colpopexy surgery. All of them completed the standardized 148 questionnaire forms. Basic demographic information is listed in table-1. Age of the patient was categorized 149 from 35-74 years in 5 years interval. Amongst the patients, maximum patients were of 40 to 64 years of age. 150 Amongst them, 46 (88.5%) patients are residing in rural areas, while the rest 6 of them (11.5%) lived in urban 151 area. Amongst the patients, 48 (92.3%) are Muslims, and 4 (7.7%) are Hindu. There were none found from 152 Christian, Buddhist or other religions. Complaint history are recorded in table 2. Lump protruding from vagina 153 symptom were present in 52 (100%) of the patients. Two patients had it for 1-11 months, while 19 of them had 154 155 this medical condition for 1-5 year, 7 for 6-10 years, 3 patients for 16-20 years and 2 for 21-25 years. Vaginal 156 pain/discomfort were present in 13 (25%) of the patients. Nine of them for 1-6 months duration and 4 of the patients were having this symptom for 1-5 years period. Urinary incontinence was present in 7 (13.5%) of the 157 patients. Two of them had this complaint for 3 months while 5 had for 1-12 years duration. Sixteen (30.8%) of 158 the patients had difficulty passing urine, while the duration ranged from months leading up to 15 years. Nine 159 (17.3%) of the patients under study had difficulty passing bowel motion and the symptom ranged from 1 month 160 to 5 years. Vaginal discharge or bleeding were present in 18 (34.6%) of the patients: 8 of them had for 1-11 161

months, 6 had it for 1-5 years, 3 for 6-10 years while 1 of them had this symptom for 11-15 years range. Patient 162 Obstetric history are given in table 3. Of the patients, 6 (11.5%) of them had parity 2, 16 (30.8%) had parity 3, 163 80f them (15.4%) had parity 4, 7 of them (13.5%) had parity 5, and others ranging from 1-4 number of patients 164 165 had parity 1, 6-10. Age at first delivery was highest from women of 15-19 years (32 number of patients, 61.5%), while the lowest (1, 1.9%) from 25-29 years of age. All the patients under study had their first delivery within 166 10-29 years of age, none from 30-44-year ranges. From the category of mode of deliveries, no. of spontaneous 167 deliveries was most for 3 (15 of them) while the lowest were from 1 and 9 deliveries (2 of the patients). No. 168 of assisted vaginal deliveries were 3 for only 1 patient found under study. Number of caesarean sections were 169 none amongst the patients in this study. 4.It was determined whether the patient was postmenopausal or not. 170 Forty 40 (76.9%) patients were found to be post-menopausal. For those who were postmenopausal) specify age, 171 their age of menopausal was noted and it fell between the range of 40-50 years. Five of the patients had surgical 172 menopause. In case of sexual activity, if the patient responded to yes, then it was found if she had dyspareunia 173 or not. Only 7 of the sexually active patients had dyspareunia, while 28 of them did not. Among the patients 174 that were sexually inactive, 11 of them were widowed, 2 were divorced, while 15 were married. Twenty-one ( 175 ??1) patients responded to have previous operations: Total Abdominal Hysterectomy (TAH) 9 of them, 3 of 176 patients mentioned to have Vaginal Hysterectomy (VH), while 14 patients had other previous operations (9 had 177 178 BLTL, 3 had BL.SO and 2 of the patients had Cholecystectomy). Patient Post-operations follow-up are given in 179 table 7. In post operation follow-up, total vaginal length was 8 cm for 48 (92.3%) patients, 5 cm for 4 (7.7%) 180 patients; no patients had between 5-8 cm, smaller than 5 cm or other categories. Vaginal caliber was narrow for 3 (5.8%), and normal for 49 (94.2%) patients. None of the patients had wide vagina. For indication of recurrence 181 of prolapse, Cystocele was seen in 1 (1.9%) of the patients in stage 1, 3 (5.8%) of the patients in stage 2, none 182 of the patients were in stages 3, and 4. Rectocele was seen in 2 patients in stage 2, none of the patients were 183 in stages1, 3, or 4. Uterine descent and Vault descent recurrence were not seen in any of the patients. Cervical 184 descent was found in 1 patient each for stage 2 and stage 3 recurrence. It was noted whether the patients were 185 still showing symptoms. Amongst the operated patients, one patient was found to having one of the symptoms 186 in each category: having the Bulge in vagina (1), Buttock pain (improving) in 1 patient, vagina problem short 187 following original hysterectomy (1), and shortened vagina in 1 patient. 5 patients were sexually active, while 6 188 patients were not sexually active (was pre-op). Some patients showed complains as infected vaginal Haematoma 189 postop-UTI (1), some pain after Micturation (1), dryness in vagina (1), some dyspareunia postop (3), vaginal 190 pain (1), lower abdominal pain (3), atrophic vagina (1), Dyspareunia (1) and some stressincontinence postop in 191 (1) patient. 192

#### <sup>193</sup> 10 Discussion

194 There are a couple of limitations in this study. First, there could be some selection bias in the collection of patients' 195 attendances for gynecological inspection. Not all the patients were chosen, only the ones that qualified for this 196 project. Second, there could be a sign bias. Women who picked particularly this operation as an alternative to the more usual vaginal hysterectomy possibly had high anticipations of this technique. This could have had 197 198 affected their respond choices. Further, there can be a bias of the gynecologist who chose the females for the technique. Third, while an average 2 years of followup is acceptable, maybe some reappearances were not until 199 now progressed in the duration of gynecological inspection or exploration of medical records. Nevertheless, females 200 being cared for their recurrent prolapse were analyzed by 6 months following primary operation. Fourth, this data 201 on the revival time following operation were assembled in retrospect and patients can have problematic recall 202 bias. Fifth, pad testing or urodynamics were not carried out following operation to verify urinary incontinency 203 and detrusor hyperactivity. Still, these processes are identified for relating reasonably with the stated symptoms 204 205 [62, 63] [64].

Vaginal vault prolapse is an unusual difficulty which can happen following any vaginal or abdominal 206 hysterectomy [65,66]; however, larger life expectancy will establish an actual elevation of occurrence of this 207 condition in the future. It is recommended that transvaginal sacrospinous fixation procedure could be applied 208 as an addition to vaginal hysterectomy and mending for noticeable uterovaginal prolapse in the attendance of 209 poor uterosacral and cardinal ligaments. The minimal illness and the brief timing needed for suitable anatomic 210 partition into the proper pararectal space, conception and trans fixation of the sacrospinous ligament inspires the 211 utilization of this technique as a precaution during vaginal hysterectomy in patients having acute uterovaginal 212 prolapse ??67]. 213

In summary, sacrospinous fixation of the vaginal vault is a suitableprocedure for the remedy of vault prolapse, permitting instantaneous effortless restoration of coexistent cystocele, enterocele and rectocele. It could be utilized prophylactically in patients with acute uterovaginal prolapse, is linked by superior anatomic outcomes and subtle during operation illness. The supervision of stress incontinency in these patients frequently necessitates a retropubic or a united vaginoabdominal technique **??**68].

Hope for Life undertakes free Genital Prolapse surgery for low income women in rural communities. Genital Uterine Prolapse occurs when ligaments and pelvic floor muscles elongate and wear off, offering insufficient support for the uterus. The uterus then slides down into or extends exterior to the vagina. It is an extremely common ailment that, untreated, often has devastating consequences. It can lead to chronic backpain, urinary difficulty, sexual intercourse pain, and pregnancy complications. It impacts on the ability of women to carry out household chores and earn a living and to sustain a functioning public association. It dramatically alters the life quality of the concerned female. The psychosocial and physical changes in women suffering from this disability has been indicated to influence spouse bonds, and the society: often leading to social seclusion, marriage split-up,

constraints on religious performance, and denial by their own families and acquaintances.[69].

228 V.

## 229 11 Conclusion and Future Works

This work was performed in Rajshahi and is still an ongoing process. This same project is being sponsored in other parts of Bangladesh. In 2014-2015, there were 2,500 free operations performed by 15 Hope for Life surgeons. In 2017, there is expectation of this many patients to have a free operation by Hope for Life surgeons. If this project can be extended to all places in Bangladesh, then it can serve the whole population.

Because of their shyness, most of the patients do not inform their symptoms at an early stage. Also because

of socio-economic background and also surrounding environment forces them not to come out and inform their symptoms to health care professionals. If it can be diagnosed and treated early, then these problems can mostly

be prevented. There needs to be a door to door campaign regarding this for awareness in Bangladesh.

1

				Year 2020 3 Volume XX Issue VII Version I D D D D ) ( Medical Research
Age	Category 35-39 40-44 45-	Numbers	Percent $\%$ 5.8	Global Journal of
(years)	49 50-54	3 $6$ $13$	$11.5\ 25\ 23.1$	
		12		
	55-59	7	13.5	
	60-64	6	11.5	
	65-69	3	5.8	
	70-74	2	3.8	
Living	Urban	6	11.5	
place				
	Rural	46	88.5	
Religion	Muslim	48	92.3	
	Hindu	4	7.7	
	Christian	0	-	
	Buddhist	0	-	
	Others	0	-	

[Note: A]

Figure 1: Table 1 :

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### $\mathbf{2}$

Presenting complaints Lump protruding from	Percent % Percent % Yes No 52 (100%) 0 (0%)		If yes, how long? (years) 1-11 months: 2
vagina			1 5 10
			1-5 years: 19
			6-10 years: 19
			11-15 years: 7
			16-20 years: 3
			21-25 years: 2
Vaginal	13~(25.0%)	37	1-6 months: 9
pain/discomfort		(71.2%)	
			1-5 years: 4
Urinary incontinence	7(13.5%)	42	3 months: 2
		(80.8%)	
			1-12 years: 5
Difficulty passing urine	16(30.8%)	34	1-6 months: 5
	( )	(65.4%)	
			1-5 years: 7
			5-10 vear: 3
			11-15 years: 1
Difficulty passing	9(17.3%)	41	1-6 months: 4
bowel motion	0(11.070)	(78.8%)	
bower motion		(10.070)	1-5 years: 5
Vaginal discharge or	18 (34.6%)	34	1-11 monther 8
blooding	10 (04.070)	(65.407)	1-11 months. 6
bleeding		(00.470)	1 5 100 101 6
			1-0 years: $0$
			0-10 years: 3
			11-15 years: 1

Figure 2: Table 2 :

3

## A Study of 52 Cases of Uterovaginal Prolapse by New Procedure Sacro-Spinous Colpog Bangladesh

Year 2020					
4					
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DDDD)					
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Global Journal of	Variables Parity	Category	Number	Percent	%
		$1 \ 2$	of pa-	3.8  11.5	
			tients $2$		
			6		
		3	16	30.8	
		4	8	15.4	
		5	7	13.5	
		6	3	5.8	
		7	4	7.7	
		8	4	7.7	
		9	1	1.9	
		10	1	1.9	
	Age at first delivery	10-14	9	17.3	
		15 - 19	32	61.5	

Figure 3: Table 3 :

#### $\mathbf{4}$

Variables	Catego	oryNuml	ber	Percent %	Yes (post- menopaus specify ag	- sal) re		Yes (Sexua	ally active)	No (Sez	xι
					1 1 1 1 1 0	-		Dyspa	reunia		
					40-50 year	rs:		Yes	No	Widow	]
Post-	Yes	40		76.9	21						
Menopausal	No	12 (N	IC-R)	23.1	>50 year Surgical menopaus	rs: se: 5	9	7	28	11	4
Sexually	Yes	34									
active	No	18									
		TAH	VH	BLTL: 9							
Any previous	Yes 21			BL.SO: 3							
operations	No31	9	3	Cholecyste ctomy:2							
? TAH-Total Abdomin	nal Hystere	ctomy									

? VH-Vaginal Hysterectomy

[Note: ? BLTL-Bilateral Tubal Ligation ? BL.SO-Basic Life Support in Obstetrics ? Cholecystectomy-Surgical removal of gallbladder ? MC-R-Menstrual Cycle Regular ? UTI-Urinary Tract Infection Patient Examination history are given in]

Figure 4: Table 4 :

 $\mathbf{5}$ 

Year 2020 5

Figure 5: table 5 .

 $\mathbf{5}$ 

Variables		Categor	У	Numbers	Percent %
Uterus present		Ye	es	40	76.9
-		Ne	0	12	23.1
Weight (kgs)		35	5-39	2	3.8
_ 、 _ ,		40	)-44	8	15.4
		45	5-49	15	28.8
		50	)-54	13	25.0
		55	5-59	10	19.2
		60	)-64	3	5.8
		65	5-69	1	1.9
BP	Hypertensive $(>140/90)$			3	5.8
		Normote	ensive	49	94.2
Stage of prolapse (POP-Q	Stage 1 (> 1 cm above hyme	en)		1	1.9
staging, most distal portion of	Stage 2 (to $+/-1$ cm of hyme	en)		2	3.8
prolapse)	Stage 3 $(> 1 \text{ cm below hyme})$	en)		15	28.8
	Stage eversion)	4 (c	omplete vag	;i212al	42.3
	Vault prolapse			11	21.2
	Cervix 3 cm outside introitu	$\mathbf{s}$		1	1.9
Patient Operations perfo	rmed are given in				

Figure 6: Table 5 :

6

Figure 7: table 6 .

6

Operations performed	Category	Numbers	Percent (%)
Vaginal hysterectomy	Yes	32	61.5
	No	20	38.5
Anterior colporrhaphy	Yes	47	90.4
	No	05	9.6
Posterior colporrhaphy	Yes	46	88.5
	No	06	11.5
Sacro-spinous colpopexy	Yes	41	78.8
	No	11	21.2
Sacro-spinous hysteropexy	Yes	8	15.4
	No	44	84.6

## Figure 8: Table 6 :

A Study of 52 Cases of	Uterovaginal Prolapse by New Procedure Bangladesh	e Sacro-	Spinous Colpopexy in Rajshahi	
Variables	Category	Numb	ensercent	
Total vaginal length (cm)	8	48	(%) 92.3	
	5	4	7.7	
	Between 5-8	-		
	>5	-		
	Others	-		
Vaginal calibre	Narrow	3	5.8	
C	Normal	49	94.2	
	Wide	-		
Any evidence of recur- rence of		-		
protapse Create colo Decte colo	Stame 1 Stame 2 Stame 2 Stame 4 Stame	1 9	1059	$\mathbf{V}$
Cystocele Rectocele	1 Stage 1 Stage 2 Stage 3 Stage 4 Stage	1 J	1.9 0.0	20
Uterine descent Vault	Stage 2 Stage 3 Stage 4 Stage 1 Stage 2	2	3.8  1.9	$\overline{7}$
descent Cervical de-	Stage 3 Stage 4 Stage 1 Stage 2 Stage 3		1.9	V
scent	Stage 4 Stage 1 Stage 2 Stage 3 Stage	—1		uı
	4	1 -		Х
				Is
				V
				Ve
				sie
T 11 1. 1		1 1	1010	I D
Is the patient symp-	Bulge in vagina Buttock pain (improv-	11	1.9 1.9	D
tomatic?	ing)			D
	Vagina prob short following	1	1.0	E (
Any complains?	original hystorostomy Shortoned usgina	156	1.9	C
Any complains:	Sorually active Not sorually active	1 0 0 1 1 1	1.9 9.0 11.5 1.0	G L
	(was proop) Infected vag Happatoma	212	10 58	JC no
	(was preop) infected vag. fraematoma	111	1.9 5.8	of
	tion Drymoss in yaging Some dysparou	1 1 1	1.9	M
	nia postop Vaginal pain lower abdom		1.9 1.9	io
	inal pain Atrophic varing Dysparoupia		1.9 1.9	R.
	Stress-incontinence postop			50
Urinary incontinence	Ves 2	_	38	50
ormary meditimence	No 50	_	96.2	
Any howel symptoms	Vos 2	_	3.8	
my bower symptoms	No 50	_	96.2	
Lump protruding from vagina	Yes 2 (due to elongated cervix)	-	3.8	
	No 50	-	96.2	
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			Global	
			Journals	

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#### 238 .1 Acknowledgements

All the 52 patients were treated/surgery was performed free of charge and provided by DAK Foundation and project work with Glencoe for Hope for Life [70]. Dr. Najnin was trained by Dr. Barbara Hall. Thanks to also Dr. Jon Taylor for all accessories and support. Thanks to project director Anubha Rawet, country director Jahangir Alam and program manager Iftekhar.

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#### 11 CONCLUSION AND FUTURE WORKS

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