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## Effect of Alcohol Disinfection on the Handle and Blade of Vegetables Knives by using ATP Inspection and Microbial Stamp Test

By Naomi Katayama, Akemi Ito, Mayumi Hirabayashi, Natuki Sasaki & Moe Inuzuka  
*Nagoya Women's University*

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*Strictly as per the compliance and regulations of:*



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# Effect of Alcohol Disinfection on the Handle and Blade of Vegetables Knives by using ATP Inspection and Microbial Stamp Test

Naomi Katayama <sup>α</sup>, Akemi Ito <sup>σ</sup>, Mayumi Hirabayashi <sup>ρ</sup>, Natuki Sasaki <sup>ω</sup> & Moe Inuzuka <sup>¥</sup>

**Abstract-** To prevent food poisoning, we focused on kitchen vegetable knives, which are likely to cause secondary contamination, and conducted hygiene inspections to obtain results. The values after cooking and after washing, and after washing and after 70% spraying alcohol compared using the ATP wiping test and the microbial stamp test (selective medium: general bacteria, Escherichia coli, Staphylococcus aureus, Salmonella, Vibrio parahaemolyticus). As a result, the ATP test value decreased statistically significantly and became 100 or less after 70% alcohol sprayings. However, not all of the bacterial counts in the selective medium were statistically significantly different even after 70% alcohol sprayings. The reason the data was not clear due to 70% alcohol spray conditions. It may be advisable to perform a microbiological stamp test after applying 70% alcohol spray multiple times instead of once to a fully moistened knife handle and blade. In the future, we would like to consider the handling of more hygienic cooking utensils by further changing the 70% alcohol spraying conditions and conducting, Microbiological tests using a selective medium.

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## I. INTRODUCTION

Cleaning and disinfecting cooking utensils, and cleaning and disinfecting hands, avoid the risk of food poisoning. Cleaning and disinfecting kitchen knives, which often come into contact with food, helps prevent secondary contamination. Many researchers have achieved hygiene management in hospitals and other kitchens through hygiene education<sup>1,2,3,4</sup>. In particular, hygiene management using the ATP wiping test made it possible to create an easy-to-understand and hygienic environment by expressing invisible microorganisms as ATP values<sup>5,6,7,8</sup>. In the past, we also reported the results of hygiene tests on kitchen utensils using ATP wiping test<sup>9,10,11</sup>. Since it is impossible to know what kind of bacteria are present in the ATP wiping test, a more detailed hygiene test can obtain by examining food poisoning bacteria using a microbial selection medium. Therefore, in this study, we report the

Author <sup>α</sup> <sup>ω</sup> <sup>¥</sup>: Nagoya Women's University, Nagoya City, Japan.

Author <sup>α</sup> <sup>σ</sup> <sup>ρ</sup>: Graduate School of Nagoya Women's University, Nagoya City, Japan.

Author <sup>α</sup>: Department of Otorhinolaryngology, Nagoya University Graduate School of Medicine, Nagoya, Japan.

Corresponding Author <sup>α</sup>: Nagoya Women's University, Nagoya City, Japan. e-mail: naomik@nagoya-wu.ac.jp

hygiene of the handle and blade of a vegetable knife by performing an ATP wiping test and a microbial stamp simultaneously after cooking, cleaning, and spraying alcohol.

## II. MATERIALS AND METHODS

### a) Hygiene tests on Kitchen knife

Hygiene tests on six vegetable knives performed using the ATP test kit (KIKKOMAN CO., Ltd.) and the microbial stamp test kit (NISSUI Co., Ltd.).

### b) ATP wiping tests

ATP wiping tests performed on the handles and blades of 6 meat and fish knives. The ATP test was performed by the inspector three times immediately after cooking, after washing, and after 70% spraying alcohol. The inspector recorded the ATP test results.

### c) Microbial stamp test

And the inspector performed a microbial stamp test as same as ATP tests (three times: after cooking, after washing, and after spraying alcohol). The microbial stamp was then cultured in an incubator at 38 degrees for three days. After culturing, microbial stamps were counted and recorded by the inspector.

### d) Statistical processing

The results obtained compared using statistical methods. Compared data were subjected to an F test to determine whether to use a parametric test or nonparametric test. When there is no difference in the F test, the presence or absence of a significant difference was confirmed using the student t-test with or without a correspondence. If there was a difference in the F test, the presence or absence of a significant difference was confirmed using the Wilcoxon test with a pair or the Mann-Whitney test without correlation.

## III. RESULTS

### a) Vegetable knife: ATP results and microorganisms stamp test results of Alcohol disinfection

#### i. ATP test results of vegetable kitchen knife handle and blade

The ATP test values were lower on both the handle and blade of vegetable knives after washing than after cooking, and after spraying 70% alcohol than after



washing. After spraying alcohol, the ATP value of both the handle and blade of the knife was 100 or less. It was judged that the handle and blade of the vegetable knife were in a hygienic condition (See Table 1 and Table 2).

Table1. ATP test value and statistical processing result of Kitchen knife Handle

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	159550	4828	4828	59
2	2294	558	558	23
3	37952	6919	6919	8
4	12836	3691	3691	77
5	13009	4260	4260	28
6	2531	2813	2813	18
Average value	38028.7	3844.8	3844.8	35.5
SD	60934.6	2120.4	2120.4	26.6
F test	P=0.0001**		P=0.0001**	
Student-t*				
Wilcoxon	P=0.046*		P=0.028*	
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.028*	

\*Paired Student-t test \* P<0.05, \*\* P<0.01

Table2. ATP test value and statistical processing result of Kitchen knife Blade

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	157036	163	163	45
2	183	1232	1232	21
3	4635	91	91	47
4	7962	58	58	7
5	382923	664	664	8
6	1102	529	529	15
Average value	92306.8	456.2	456.2	23.8
SD	155082.7	453.5	453.5	17.9
F test	P=0.0001**		P=0.0001**	
Student-t*				
Wilcoxon	P=0.075		P=0.028*	
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.028*	

\*Paired Student-t test \* P<0.05, \*\* P<0.01

b) *Microbial stamp test results of vegetable kitchen knife handle and blade*

i. *General bacteria*

A microbial stamp test (general bacteria) performed on the handle and blade of a vegetable knife. The results are shown in Tables 3 and 4. Bacterial

counts decreased after washing than after cooking and after 70%alcohol sprayings than after washing, not all were statistically significant. The number of microorganisms after spraying with 70%alcohol was not sufficiently reduced as compared with that after washing.

Table 3 Number of general bacteria on Kitchen knife Handle and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	22	14	14	3
2	35	18	18	15
3	41	20	20	20
4	10	1	1	3
5	70	3	3	2
6	20	3	3	0
Average value	33.0	9.8	9.8	7.2
SD	21.2	8.5	8.5	8.2
F test	P=0.021*		P=0.473	
Student-t*			P=0.206	
Wilcoxon	P=0.028*			
F test			P=0.018*	
Student-t*				
Wilcoxon			P=0.028*	

\*Paired Student-t test \* P<0.05, \*\* P<0.01

Table 4 Number of general bacteria on Kitchen knife Blade and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	49	1	1	4
2	0	13	13	26
3	8	17	17	2
4	41	59	59	0
5	198	48	48	21
6	0	44	44	0
Average value	49.3	30.3	30.3	8.8
SD	75.8	23.1	23.1	11.6
F test	P=0.021*		P=0.473	
Student-t*			P=0.206	
Wilcoxon	P=0.028*			
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.138	

\*Paired Student-t test \* P<0.05, \*\* P<0.01

ii. *Escherichia Coli (E Coli)*

The number of E. coli performed on the handle and blade of a vegetable knife. The results shown in Tables 5 and 6. Bacterial counts decreased after washing than after cooking and after 70%alcohol

sprays than after washing, not all were statistically significant. The number of microorganisms on the handle of the kitchen vegetable knife did not decrease statistically significantly.

Table 5 Number of E. coli on Kitchen knife Handle and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	8	14	14	3
2	1	3	3	0
3	34	0	0	11
4	1	0	0	0
5	0	1	1	0
6	0	0	0	0
Average value	7.3	3.0	3.0	2.3
SD	13.4	5.5	5.5	4.4
F test	P=0.024*		P=0.301	
Student-t*			P=0.826	
Wilcoxon	P=0.787			
F test			P=0.008**	
Student-t*				
Wilcoxon			P=0.068	

\*Paired Student-t test \* P<0.05, \*\* P<0.01

Table 6 Number of E. coli on Kitchen knife Blade and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	35	0	0	4
2	2	21	21	2
3	66	78	78	0
4	4	1	1	0
5	55	3	3	1
6	1	1	1	0
Average value	27.2	17.3	17.3	1.2
SD	29.0	30.8	30.8	1.6
F test	P=0.444		P=0.0001**	
Student-t*	P=426			
Wilcoxon			P=0.173	
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.043*	

\*Paired Student-t test \* P<0.05, \*\* P<0.01

iii. *Staphylococcus aureus*

Tables 7 and 8 show the results for Staphylococcus aureus. There was no statistically significant difference between the knife blade after cooking and after cleaning and after cleaning and after 70% spraying alcohol. However, the number of bacteria is decreasing. The number of bacteria on the

handle of the kitchen vegetable knife is statistically significantly reduces after washing and after spraying with 70%alcohol.

Table 7 Number of Staphylococcus aureus on Kitchen knife Handle and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	65	42	42	0
2	70	12	12	0
3	6	64	64	3
4	1	3	3	0
5	9	1	1	0
6	70	2	2	0
Average value	36.8	20.7	20.7	0.5
SD	34.6	26.3	26.3	1.2
F test	P=0.259		P=0.0001**	
Student-t*	P=0.425			
Wilcoxon			P=0.028	
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.028*	

\*Paired Student-t test \* P&lt;0.05, \*\* P&lt;0.01

Table 8 Number of Staphylococcus aureus on Kitchen knife Blade and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	40	39	39	0
2	17	3	3	11
3	3	15	15	0
4	1	3	3	0
5	45	0	0	6
6	1	6	6	52
Average value	17.8	11.0	11.0	11.5
SD	20.1	14.7	14.7	20.3
F test	P=0.231		P=0.223	
Student-t*	P=0.453		P=0.957	
Wilcoxon				
F test			P=0.488	
Student-t*			P=0.660	
Wilcoxon				

\*Paired Student-t test \* P&lt;0.05, \*\* P&lt;0.01

iv. *Salmonella*

The results of Salmonella shown in Tables 9 and 10. The number of bacteria decreased after washing than after cooking and after spraying 70% alcohol than after washing. However, the number of Salmonella was

not statistically significantly reduced in the handle of the kitchen vegetable knife. With the knife blade, the number of Salmonella bacteria after 70% alcohol spraying was statistically significantly lower than that after cooking.

Table 9 Number of Salmonella on Kitchen knife Handle and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	9	0	0	4
2	1	0	0	0
3	1	0	0	0
4	0	0	0	0
5	0	3	3	0
6	0	0	0	0
Average value	1.8	0.5	0.5	0.7
SD	3.5	1.2	1.2	1.6
F test	P=0.010*		P=0.251	
Student-t*			P=0.862	
Wilcoxon	P=0.465			
F test			P=0.041*	
Student-t*				
Wilcoxon			P=0.109	

\*Paired Student-t test \* P&lt;0.05, \*\* P&lt;0.01

Table 10 Number of Salmonella on Kitchen knife Blade. and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	35	94	94	0
2	1	0	0	0
3	1	0	0	0
4	5	0	0	0
5	130	1	1	1
6	1	0	0	0
Average value	28.8	15.8	15.8	0.2
SD	51.3	38.3	38.3	0.4
F test	P=0.247		P=0.0001**	
Student-t*	P=0.629			
Wilcoxon			P=3.17	
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.028*	

\*Paired Student-t test \* P&lt;0.05, \*\* P&lt;0.01

v. *Vibrio parahaemolyticus*

The results of *Vibrio parahaemolyticus* shown in Tables 11 and 12. The number of bacteria decreased

after washing than after cooking and after spraying 70%alcohol than after washing, but there was no statistically significant difference.

Table 11 Number of *Vibrio parahaemolyticus* on Kitchen knife Handle and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	1	0	0	0
2	71	0	0	1
3	28	22	22	3
4	1	0	0	2
5	0	3	3	7
6	0	0	0	0
Average value	16.8	4.2	4.2	2.2
SD	28.7	8.8	8.8	2.6
F test	P=0.006**		P=0.005**	
Student-t*				
Wilcoxon	P=0.225		P=0.715	
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.418	

\*Paired Student-t test \* P&lt;0.05, \*\* P&lt;0.01

Table 12 Number of *Vibrio parahaemolyticus* on Kitchen knife Blade and statistical processing result

For vegetables	No alcohol treatment		Alcohol treatment	
	Before washing	After washing	After washing	After alcohol
1	0	0	0	1
2	0	3	3	0
3	0	0	0	0
4	1	0	0	0
5	40	3	3	0
6	0	2	2	0
Average value	6.8	1.3	1.3	0.2
SD	16.3	1.5	1.5	0.4
F test	P=0.001**		P=0.003**	
Student-t*				
Wilcoxon	P=1.000		P=0.144	
F test			P=0.0001**	
Student-t*				
Wilcoxon			P=0.423	

\*Paired Student-t test \* P&lt;0.05, \*\* P&lt;0.01

## IV. DISCUSSION

This time, the ATP value became 100 or less after spraying 70%alcohol, and the handle and blade of the knife became hygienic. However, the results of the microbial stamp test using the selective medium showed that the number of bacteria did not decrease sufficiently even after spraying with 70%alcohol. The bactericidal effect of alcohol spray differed depending

on the type of bacteria. After cleaning, wipe off the water sufficiently and spray 70%alcohol, and we think it is better to spray 70%alcohol multiple times instead of once. In the future, we would like to count the number of microorganisms by sterilizing by increasing the number of 70%alcohol sprays.

## V. CONCLUSIONS

ATP test and microbial stamp test (selective medium: general bacteria, *Escherichia coli*, *Staphylococcus aureus*, *Salmonella*, *Vibrio parahaemolyticus*) on the handle and blade of vegetable knives for the use of hygienic cooking utensils in the kitchen went. As a result, the ATP value after washing after cooking and after spraying 70% alcohol was statistically significantly lower than after washing. However, although each bacterium in the selective medium decreased, not all of them were statistically significant. In the future, after cooking, we would like to wipe off the water from the kitchen vegetable knife and then spray 70% alcohol, and then spray 70% alcohol multiple times instead of once before conducting a microbiological test.

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