

1 Aqueous extract of *Cryptolepis sanguinolenta* enhance
2 cytochrome P450 1A isozyme activity in presence of Atesunate

3 Dr. Ocloo¹, M. Maxwell² and Adjimani³

4 ¹ University of Ghana

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7 **Abstract**

8 The clinical response to drugs may be affected by the simultaneous administration of other
9 drugs that modify the pharmacokinetics and the disposition profile of medications. Drug
10 metabolism via the cytochrome P450 (CYP) system has emerged as an important determinant
11 in the occurrence of several drug-drug interactions. In our earlier studies, *Cryptolepis*
12 *sanguinolenta* was reported to cause sub therapeutic blood levels of dihydroartemisinin of
13 artesunate which could lead to decreased effectiveness, and possibly resistance as a result of
14 herb-drug interactions. However, the role of metabolism in such herb-drug interaction has not
15 been studied. Aim: The present study was therefore aimed at determining the effect of
16 *Cryptolepis sanguinolenta* administration on the metabolism of artesunate. Methods:
17 Reconstituted freeze dried *Cryptolepis sanguinolenta* was administered in drinking water at
18 the therapeutic dose of 36 mg/kg body weight for two weeks, followed by a single oral dose of
19 artesunate (150 mg/kg body weight). All the animals were sacrificed by cervical dislocation
20 after 24 hr. Liver was excised and microsomes prepared and activities of PNPH, AmD and
21 NOD were determined as a measure of CYP2E1, CYP2B1 and CYP1A activities respectively.
22 Results: Concurrent administration of *C. sanguinolenta* and artesunate significantly enhanced
23 the activity of CYP1A.

24

25 **Index terms**— Co-current administration, *Cryptolepis sanguinolenta*, metabolism, cytochrome P450,
26 artesunate.

27 **1 Introduction**

28 he clinical response to drugs may be affected by the simultaneous administration of other drugs that modify
29 the pharmacokinetics and the disposition profile of medications 1 . Many drugs affect CYP enzymes Authors
30 ? : Department of Biochemistry, Cell and Molecular Biology, Faculty of Science, P. O. Box LG4, University
31 of Ghana, Legon-Accra, Ghana. E-mail : aocloo@ug.edu.gh Authors ? : Department of Biochemistry, Cell
32 and Molecular Biology, Faculty of Science, P. O. Box LG4, University of Ghana, Legon-Accra, Ghana. E-mail :
33 maxi2g2@yahoo.com Authors ? : Department of Biochemistry, Cell and Molecular Biology, Faculty of Science,
34 P. O. Box LG4, University of Ghana, Legon-Accra, Ghana. E-mail : Adjimani@ug.edu.gh Authors ?: Centre
35 for Scientific Investigation Research into Plant Medicine, P. O. Box 73, Mampong-Akuapeng, Ghana. E-mail :
36 aasittie@hotmail.com by either inducing the biosynthesis of CYP isoenzymes or by directly inhibiting the activity
37 of the CYP isoenzymes, thus affecting the metabolism or clearance of the other drugs 2 . Inhibition of enzyme
38 activity may result in higher concentrations and/or prolonged half-life of the substrate drug, which enhances the
39 potential for toxic side effects. The clinical significance of a specific drug interaction depends on the degree of
40 accumulation of the substrate and the therapeutic window of the substrate 3 . Enzyme induction on the other
41 hand, is associated with an increase in enzyme activity. For drugs that are substrates of the isoenzyme induced,
42 the effect is to lower the concentration of these substrates. The clinical consequence of the presence of an inducing
43 agent and the resultant decrease in concentration of the substrate may mean a loss of efficacy 4 .

1 INTRODUCTION

44 Secondary plant metabolites share the biotransformation pathways of most chemicals and synthetic drugs.
45 Consequently, this leads to a competitive inhibition of metabolic enzymes if herbal products are administered
46 with drugs that are metabolized by the same enzymes 5 . For instance, studies have shown that St John's wort
47 causes induction of drug metabolizing enzymes, including CYP2C9 which can lead to, for example, potential
48 loss of efficacy of warfarin and phenprocoumon; CYP2C19 and CYP1A2 which can also lead to potential loss of
49 efficacy of theophylline 6 .

50 In our earlier studies, *Cryptolepis sanguinolenta* was reported to cause sub therapeutic blood levels of
51 dihydroartemisinin of artesunate which could lead to decreased effectiveness, and possibly resistance as a result
52 of herb-drug interactions 7 . However, the role of metabolism in such herb-drug interaction has not been studied.
53 To this end, the present study was aimed at of six. They were fed on standard laboratory chow diet obtained
54 from Ghana Agro Food Company (GAFCO), Tema, Ghana and water ad libitum and acclimatized for a week.

55 One group (No drug) received water throughout the study. A second group (Cs ext) was administered
56 reconstituted freeze dried *Cryptolepis sanguinolenta* in their drinking water at the therapeutic dose (36 mg/kg)
57 (CSRPM, unpublished data) for two (2) weeks and single oral dose of the extract at the end of the two weeks,
58 a third group (Artesunate) was given water for two weeks and as a single dose of Artesunate (150 mg/kg based
59 on the recommended dosage in humans) after two weeks and a fourth group (Cs + Artesunate) received the
60 reconstituted extract for two weeks and single oral dose of artesunate at the end of the two weeks. Studies were
61 conducted in accordance with internationally accepted principles for laboratory animal use and care.

62 The reconstituted sample was prepared by obtaining a powdered dried root (360 g) of *Cryptolepis sanguinolenta*
63 from the Centre for Scientific Research into Plant Medicine, Mampong, Ghana. This was boiled in 6 liters of
64 water for 45 min and cooled. The resultant extract was filtered through a cotton wool, pre-frozen and lyophilized
65 into powder using a freeze dryer (EYELA, Tokyo Rikakikai Co LTD, Japan). The extract was then stored in
66 a cool dry place, in a desiccator at room temperature and was reconstituted in sterilized distilled water before
67 administration. All the animals were sacrificed by cervical dislocation after 24 h of final drug administration and
68 liver was excised, weighed, hepatic microsomes prepared and activity of cytochrome c reductase was determined
69 in addition to activities of PNPH, AmD and NOD as a measure of CYP2E1, CYP2B1 and CYP1A activities
70 respectively.

71 Hepatic microsomes of control (no drug) and treatment groups were prepared from tissue homogenate (20
72 % w/v) according to method of Lake 8 as modified by Anjum et al 9 by CaCl 2 precipitation of the post-
73 mitochondrial fraction and centrifugation at 27,000 g for 15 min and the resulting microsomal pellet was washed
74 in a 0.1M Tris buffer, pH 7.4 containing 0.15 M KCl and centrifuged at 27,000 g for 15 min in a highspeed Avanti
75 J-E refrigerated centrifuge (Beckman Coulter Inc, USA). The microsomes were stored in aliquots of 1 ml at -40
76 ?C.

77 The microsomal protein contents were then determined spectrophotometrically at 595 nm by the Bradford
78 method 10 using bovine serum albumin (BSA) as standard.

79 Cytochrome c Reductase activity was determined as described previously 11 . The reaction mixture included
80 250 ?l of 5 mg/ml cytochrome c, 631 ?l of 4 mg/ml microsomal sample and made up to 2.3 ml with 0.1 M
81 tris-HCl buffer, pH 7.4. The reaction was initiated by the addition of 250 ?l of 2 % (w/v) NADPH solution. A
82 reference blank with similar composition as the reaction mixture, except that the NADPH was replaced by an
83 equal volume of 0.1 M Tris buffer pH 7.4 was prepared and absorbance at 550 nm was recorded every minute for
84 3 min against the reference blank and the NADPH -cytochrome c reductase activity was calculated as described
85 previously 11 .

86 Para-Nitrophenol Hydroxylase (PNPH) activity was determined by the method of Reinke and Meyer 12 . The
87 reaction mixture consisted of 10 ?l of 1.4 mg/ml para-Nitrophenol (PNP), 5 ?l of 5 mM MgCl2, 776 ?l of 4 mg/ml
88 microsomal sample and made up to 1.0 ml with 50 mM Tris buffer, pH 7.4. This was incubated at 37 ?C for 3
89 min and 10 ?l of 50 mM NADPH was added to initiate the reaction and was again incubated for a further 10 min
90 at 37 ?C, after which 0.5 ml of 0.6 M HClO 4 was added to stop the reactions. A blank with similar composition
91 as the reaction mixture, except that the microsomal sample was replaced with an equal volume of distilled water
92 and incubated for 3 min at 37 ?C.

93 Aminopyrine -N -Demethylase (AmD) activity was measured by determining the production of formaldehyde
94 13 . The reaction mixture included 0.2 ml of 50 mM semicarbazide HCl, 0.8 ml of 2.5 mM NADPH and 0.5
95 ml 20 mM aminopyrine. The mixture was incubated at 37 ?C for 2 min, in a shaking water bath. The enzyme
96 reaction was initiated by adding 0.5 ml of diluted microsomal fraction (containing 4 mg/ml protein) to yield a
97 final concentration of 1 mg/ml protein in the reaction mixture. The incubation was continued at 37 ?C for a
98 further 30 min. Aminopyrine was substituted for equal volume of distilled water in the blank which contained
99 other constituents of the reaction mixture. The reaction was stopped by adding 0.5 ml of 25 % w/v ZnSO4,
100 thoroughly mixed and kept on ice for 5 min. To the mixture, 0.5 ml of saturated Ba(OH) 2 was added and
101 centrifuged for 5 min at maximum speed, using the Denly bench centrifuge (BS 400, England), after a second
102 round of mixing and cooling on ice. To 1 ml of the supernatant, 2 ml of Nash reagent (prepared from a mixture
103 of 30 g ammonium acetate, 0.4 ml acetyl acetone and then made up to 100 ml with distilled water) was added
104 and incubated at 60 ?C for 30 min after tightly capping the test tubes. The solutions were extensively cooled and
105 the absorbance read at 415 nm against the blank. A standard curve over the range of 0 -0.1 mM formaldehyde
106 was prepared using distilled water. The standard was subjected to the same treatment with the Nash reagent

107 as the supernatant. The specific activity was determined as the formaldehyde formed per incubation time per
108 total protein (in reaction mixture) in nmol/min/mg. The 4-Nitroanisole -O -Demethylase (NOD) activity was
109 determined by measuring the 4-nitrophenol produced ??4 . The reaction mixture included 1 ml of 2 mM NADPH
110 and an equal volume of microsomal dilution (containing a 4 mg/ml protein) and incubated at 37 °C for 2 min in a
111 shaking water bath. The enzyme reaction was initiated with 10 ?l of 500 mM 4 -Nitroanisole and incubated again
112 for 15 min. A blank was prepared as the reaction mixture except that the microsomal proteins were denatured
113 at 100 °C. The enzyme reaction was terminated with 1 ml of ice -cold 20 % w/v TCA and allowed to stand on
114 ice for 5 min.

115 **2 III.**

116 **3 Statistical Analysis**

117 The results were expressed as mean ± standard error of the mean (SEM). Significance of the difference between
118 the control and test values was evaluated using analysis of variance (ANOVA). This was done using the computer
119 programme 'Statistical Package for Social Sciences (SPSS), version 16.0. P -Value less than 0.05 (p < 0.05) was
120 taken as the significance level.

121 IV.

122 **4 Results**

123 The effect of drug and herb administration on rat hepatic microsomal protein content is as shown in table 1.
124 The hepatic microsomal protein content of all the treatment groups decreased compared to the control group (no
125 drug). Even though *C. sanguinolenta* administration resulted in a significant decrease (46.4%, p = 0.017), the
126 extract did not cause a significant change in microsomal protein content in presence of artesunate (Table 1).

127 Figure ?? shows the effect of concurrent administration of *C. sanguinolenta* and artesunate on rat hepatic
128 microsomal cytochrome c reductase activity. All the treatments resulted in a decrease in cytochrome c reductase
129 activity relative to the control (no drug). *C. sanguinolenta* treated and *C. sanguinolenta*-artesunate treated
130 groups showed 18.1% (p = 0.97) and 10.7% (p = 1.0) decrease in the enzyme activity, respectively. Artesunate
131 treated group showed a higher but nonsignificant decrease (40.2%) in the cytochrome c reductase activity. The
132 *C. sanguinolenta* extract did not significantly alter the cytochrome c reductase activity in presence of artesunate.

133 The effect of concurrent administration of *C. sanguinolenta* and artesunate on para-Nitrophenol Hydroxylase
134 (pNPH) activity as measure of CYP2E1 activity is as shown in Figure ?? . All the treatment groups showed a
135 slight but non-significant (p > 0.05) increase in enzyme activity except *C. sanguinolenta* treated group which did
136 not change the enzyme activity compared to the controls (no drug). The activities in Artesunate treated and *C.*
137 *sanguinolenta*-artesunate treated groups increased by 19.5% and 20.5% respectively, but this was non-significant
138 (p > 0.05) compared to the control group (no drug). Again the concurrent administration of the extract did not
139 significantly alter the activity of CYP2E1 in presence of Artesunate.

140 Figure ?? shows the effect of concurrent administration of *C. sanguinolenta* and artesunate on rat hepatic
141 microsomal Aminopyrine N-Demethylase (AmD) activity as measure of CYP2B1 activity. Again adminsitsartion
142 of *C. sanguinolenta* did not significantly alter CYP2B1 activity in presence of Artesunate though artesunate
143 alone caused a slight but non-significant decrease (16.1%, p > 0.05) compared to the control group (no drug).
144 However, the extract alone significantly increased the activity of the isozyme.

145 The effect of concurrent administration of *C. sanguinolenta* and artesunate on rat hepatic microsomal 4-
146 Nitroanisole -O -Demethylase (NOD) activity as measure of CYP1A is shown in Figure ?? . Artesunate
147 administration caused a significant increased in the CYP1A enzyme activity (150.9% increase, p = 0.037) relative
148 to the controls (no drug) and concurrent administered with *C. sanguinolenta* caused a further significant increase
149 in the enzyme activity relative to both the artesunate alone treated group (22.6%, p = 0.028 increase) and the
150 control (207.7%, increase, p = 0.012). Thus, administration of the extract caused a significant increase in activity
151 of the isozyme in presence of Artesunate.

152 V.

153 **5 Discussion**

154 The clinical response to drugs may be affected by the simultaneous administration of other drugs that
155 modify the pharmacokinetics and the disposition profile of medications 1 . Artemisinin and its derivatives
156 (artemether, artesunate, arteether, deoxyartemisinin and dihydroartemisinin) have been reported to undergo
157 hepatic metabolism 15 . These classes of drugs are found to affect several principal CYP enzymes. Although
158 the metabolic changes are usually moderate, in several cases such effects are shared by all five endoperoxides
159 suggesting a class effect 16 . In the present study, the PNPH activity did not change significantly after treatment
160 with artesunate in the absence or presence of extract. This suggests that artesunate is probably not a substrate
161 of CYP2E1.

162 Artesunate slightly decreased (16.1%) the activity of AmD, though not significantly relative to the no-drug
163 controls (Fig ??). In the presence of *C. sanguinolenta*, however, artesunate did not affect the activity of AmD
164 although the extract alone significantly increased the enzyme activity (Fig ??). This suggests a slight inhibitory

8 VII. ACKNOWLEDGEMENT

165 effect of artesunate on CYP2B1. CYP2B1 of rats is analogous to CYP2B6 in humans 17 . Contrary to the
166 findings in the present study, the hepatic metabolism of artesunate has been reported to be partially mediated
167 by CYP2B6 in humans 16 . The exact mechanism of induction is not known. However, the enzyme might
168 be induced via an increase in mRNA expression and/or activation of existing enzymes. Also, CYP2B proteins
169 are reported to be down-regulated in primary cultures of rat hepatocytes by two independent mechanisms in
170 response to lipopolysaccharide (LPS): NO-independent mRNA suppression at lower concentrations and NO-
171 dependent protein suppression at higher concentrations 18 . The significant increase in the activity of AmD
172 after *C. sanguinolenta* treatment suggests that the extract is probably a substrate of CYP2B1 (Fig ??). It was
173 therefore expected that the activity of CYP2B1 after pre-treatment with *C. sanguinolenta* before artesunate
174 would at least be comparable to *C. sanguinolenta* alone treated group.

175 On the contrary, the AmD activity after administration of artesunate in the presence of *C. sanguinolenta*
176 decreased (35.7%, p < 0.05) relative to the *C. sanguinolenta* treated group ??Fig 3). This observation therefore
177 suggests that whereas *C. sanguinolenta* possibly induces the expression of CYP2B1 mRNA, artesunate probably
178 inhibit the activation of the proteins. The apparent inhibitory effect of artesunate observed in the present study
179 as compared to other studies could be due to species variations and probably concentration effect of artesunate.
180 Artesunate was given as a single oral dose (150 mg/kg) unlike the earlier studies where multiple doses were given.

181 Artesunate administration increased the NOD activity significantly relative to the no-drug controls in the
182 present study (Fig 4) and upon concurrent administration with *C. sanguinolenta* and artesunate, there was a
183 further significant increase (22.6%, p = 0.028) in the enzyme activity relative to the artesunate treated group
184 and 207.7% (p = 0.012) compared to the no-drug controls. This suggests that artesunate is a possible substrate
185 of CYP1A and also tend to have an enhanced activity in the presence of the extract. *C. sanguinolenta* could be
186 a possible allosteric modulator of CYP1A in presence of Artesunate. Artemether and dihydroartemisinin (DHA)
187 have been reported to be metabolized in vitro by CYP1A, CYP2B6, CYP2C19 and CYP3A4 18 . [16] Thus
188 activation of CYP1A after administration of artesunate agrees with the earlier findings by Navaratnam et al. 18
189 since the DHA was the major metabolite of artesunate and also artemisinin and its derivatives undergo class
190 effect when it comes to metabolism via CYP enzymes 16 .

191 The CYP mediated metabolism of artesunate was enhanced as a result of induction of CYP1A by *Cryptolepis*
192 *sanguinolenta*. The enhanced activation of CYP1A after concurrent administration of *C. sanguinolenta* and
193 artesunate (Fig ??) probably explains the observed decrease in the AUC (a measure of the bioavailability in
194 blood) and half life (T_{1/2}) with the corresponding increase in elimination rate and clearance as indicated in
195 our earlier publication. [7] However, it is possible that esterase activity might play a role in the metabolism
196 of artesunate/dihydroartemisinin (DHA) though measures such as the use of anticoagulant containing tubes for
197 collection of whole blood and storage at -80 °C were put in place to reduce such possible effect.

198 6 VI.

199 7 Conclusion

200 The present study shows that metabolism of DHA, the major metabolite of artesunate, was significantly
201 enhanced after concurrent administration of *C. sanguinolenta* and artesunate. This observation suggests that the
202 effectiveness of artesunate after coadministration of *C. sanguinolenta* and artesunate may be affected as a result
203 of rapid flush out of the drug leading to sub-therapeutic levels, a major factor for drug resistance.

204 8 VII. Acknowledgement

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	Experimental Group	No Drug	Cs ext	Artesunate	Cs ext
Microsomal Protein Content (mg/ml)	0.09 ± 8	0.05 ± 0.01	0.01*	0.06 ± 0.02	0.06 ± 0.02
Cyt. c Reductase Activity	(nmol 2,6-dif/2,6-dif/mg protein)	0	No Drug	Cs ext	Artesunate ext + Arte-sunate
Aqueous extract of <i>Cryptolepis sanguinolenta</i> aqueous at concentration of 36 mg/kg body weight was administered for two weeks after which a single dose of artesunate (150 mg/kg body weight) was administered					

[Note: Fig.1: Effect of concurrent administration of *C. sanguinolenta* and artesunate on rat hepatic microsomal cytochrome]

Figure 1: Table 1 :

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