

Protective Effect of Different Extracts of *Celtis Australis* and *Syzygium Aromaticum* on *Tetrahymena* for the Cytotoxicity of Nickel-Titanium-Based Orthodontic Wires

Khadija Mounaji

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Abstract

Introduction: The present work aims to study the toxicity of orthodontic archwires based on Nickel-Titanium and to evaluate the protective effect of different types of extracts of *Celtis australis* and *Syzygium aromaticum*, considered as natural corrosion inhibitors, on *Tetrahymena thermophila* and *Tetrahymena pyriformis*. Methods: *Tetrahymena thermophila* and *Tetrahymena pyriformis* were cultured in artificial saliva previously incubated in the presence of NiTi or CuNiTi wires with or without the addition of different types of plant extracts (extract, hydrosols, essential oils). The effect of wires and plant extracts on *Tetrahymena* was evaluated after 2, 4 and 7 days of growth, by the protozoan viability test and the microscopic observation of the shape. Results: For the two *Tetrahymena* species, NiTi and CuNiTi cause a decrease in *Tetrahymena* growth by about 50

Index terms— orthodontic wires, nickel-titanium, cytotoxicity, aromatic plants, tetrahymena.

1 Introduction

The biocompatibility of orthodontic materials has been widely studied due to the importance of this property for patient safety. Most orthodontic materials contain metals, which can be toxic and produce allergic reactions [1,2]. It has been proven that in the oral environment, orthodontic archwires undergo chemical corrosion leading to the release of ions in saliva [3]. Nickel-Titanium wires are an important part of the therapeutic arsenal during fixed orthodontic treatment. They contain about 47-50% of Nickel and are the richest source of this metal in the oral cavity of most patients with orthodontic appliances. Furthermore, Nickel and Titanium are known for their toxic and carcinogenic effects [4][5][6].

In the literature, cell culture is the most widely used method to assess the toxicity of orthodontic materials in the oral environment. Several other models for studying toxicity were described. Among them, *Saccharomyces cerevisiae* have been used to study orthodontic material cytotoxicity [7]. Other microorganisms have also been used in toxicology, like the ciliated protozoan *Tetrahymena* [8].

Unlike other single-cell microorganisms that are widely used as models, this protozoan has the advantage of having several genes found in several eukaryotes, including humans [9]. More than 800 human genes have orthologs in *Tetrahymena thermophila*, but not in *S. cerevisiae*, 58 of them are associated with human diseases [10]. This characteristic suggests that *Tetrahymena* can be used as a model to improve the understanding of the molecular mechanisms involved in the toxicity of orthodontic materials [11].

On the other hand, to stop alloy's corrosion, researchers tested several methods. Among them, the use of natural corrosion inhibitors or green corrosion inhibitors extracted from aromatic plants has been widely studied in industry [12]. Indeed, the use of different types of aromatic plant extracts (essential oils, hydrosols and extracts) has a protective effect against the corrosion of metals in an acid environment avoiding by the way the use of chemical substances [13]. In addition, it has been described that some aromatic plants, such as *Artemisia* and *Syzygium aromaticum*, have anti-corrosive properties [14][15][16].

11 A) GROWTH OF TETRAHYMENA THERMOPHILA AND TETRAHYMENA PYRIFORMIS IN ARTIFICIAL SALIVA

43 The aim of this work is to assess the cytotoxicity of Nickel-Titanium-based orthodontic archwires and to study
44 the protective effect of different types of aromatic plant extracts, considered as natural corrosion inhibitors, using
45 *Tetrahymena thermophila* and *Tetrahymena pyriformis* as study models.

46 2 II.

47 3 Material and Methods

48 4 a) Culture of *Tetrahymena*

49 *Tetrahymena thermophila* SB 1969 and *Tetrahymena pyriformis* SE, ATCC30005 were used for this study. Both
50 species were kept growing in the PPYE medium containing 0.5% (w/v) of Proteose Peptone and 0.2% (w/v) of
51 yeast extract. Artificial saliva was prepared by adding to the PPYE medium 0.035% (w/v) of Sodium Chloride
52 (NaCl), 0.2% (w/v) of Calcium Chloride (CaCl₂) and 0.2% (w/v) Potassium Chloride (KCl). Then, in this culture
53 medium was added 1% (v/v) of a pre-culture of *Tetrahymena thermophila* (1.5×10⁵ cells/ml) and incubated at
54 32°C. or of *Tetrahymena pyriformis* (10⁴ cells/ml) and incubated at 28°C. In order to check the growth and
55 adaptation of the protozoan to artificial saliva, pre-cultures were carried out and monitored for 3 months. Then,
56 during one year, a transplanting was carried out once a week.

57 5 b) Preparation of wires and plant extracts

58 NiTi (3M) and CuNiTi (ORMODENT, California) orthodontic arch-wires were cut into 10mm pieces and then
59 sterilized. The different types of extracts were prepared from *Syzygium aromaticum* (Clove) and *Celtis australis*.
60 The essential oil and the hydrosol were obtained by hydrodistillation using a Clevenger type device (2 liter
61 reactor), for a period of five hours. These extracts were then stored in amber glass bottles at a temperature of
62 4°C.

63 The extract was obtained by macerating the powder of the leaves of *Celtis australis* in distilled water/methanol
64 (2V/3V) for 48 hours at 25°C.

65 The essential oil and hydrosol of *Syzygium aromaticum*, the extract and the essential oil of *Celtis australis*
66 were chosen for this study (the choice of plant extracts and concentrations used was based on the results obtained
67 by our team; results being published).

68 6 c) Assessment of the effect of orthodontic archwires and the 69 anti-corrosion potential of different types of plant extracts on 70 the growth of *Tetrahymena*

71 Each piece of orthodontic archwire was incubated in 20ml of artificial saliva with or without the addition of the
72 extract, hydrosol or essential oils, as shown in detail in Figure 1. These media were incubated at 37°C for 15
73 days with agitation to simulate the oral conditions. Then, these media were distributed in 4 tubes, of 5 ml each,
74 then inoculated with a pre-culture of *Tetrahymena thermophila* (1.5×10⁵ cells/ml) or *Tetrahymena pyriformis*
75 (10⁴ cells/ml).

76 Protozoan growth was monitored during 7 days of culture by measuring the optical density at 600 nm using
77 the spectrophotometer.

78 7 d) Evaluation of cell viability and morphology of *Tetrahymena*

79 In order to calculate the percentage of living cells and to analyse the shape of the protozoan, a sample of 20 μl
80 of each culture medium was taken after 48 h, 96 h and 169 h of growth of *Tetrahymena*. These samples were
81 stained with Trypan blue (2%), fixed with Formaldehyde (4%) and then placed in a Malassez cell for observation
82 under the microscope.

83 8 e) Statistical analysis

84 Three replicates were made for each experiment and the mean and standard deviation were calculated. Statistical
85 analysis was performed using Student's T-test and the differences were considered statistically significant if
86 p<0.05.

87 9 III.

88 10 Results

89 11 a) Growth of *Tetrahymena thermophila* and *Tetrahymena* 90 *pyriformis* in artificial saliva

91 Results show that in artificial saliva, the growth curves of *Tetrahymena thermophila* and *Tetrahymena pyriformis*
92 are not modified in comparison with the PPYE medium (Figure 2). Similarly, observation under the microscope

93 does not show any change in the shape of the two species of *Tetrahymena* in artificial saliva compared to the
94 PPYE medium (Figure 4). In the presence of NiTi or CuNiTi orthodontic archwires, the growth of *Tetrahymena*
95 *thermophila* is significantly reduced by 50% and 60% respectively compared to controls (Artificial saliva) (p
96 <0.01) (Figure 5).

97 The same results are noted in *Tetrahymena pyriformis* the growth of *Tetrahymena pyriformis* is reduced by 72%
98 and 60% respectively compared to the controls (artificial saliva) ($p <0.01$) (Figure 5). Results of the morphology
99 analysis show that in the presence of orthodontic archwires, the majority of the protozoan appears in 2 shapes;
100 elongated and rounded with a blue color after Trypan blue test compared to control (Figure 6).

101 12 Year

102 13 Global

103 14 i. Effect of *Celtis australis* extracts on the growth of 104 *Tetrahymena*

105 During the protozoan growth kinetics, the number of living cells was counted during the 3 essential phases of the
106 normal growth cycle of *Tetrahymena*: latency phase (24h), exponential phase (72h) and stationary phase (168h).

107 When the protozoan was cultured in the presence of the extract of *Celtis australis* and NiTi or CuNiTi, a
108 remarkable increase in the number of living cells was noted for the two species compared to control (artificial
109 saliva+arch)(figure 7). This increase was about 40% during the first phase of protozoan growth and the growth
110 continues to increase during the second and third phase. The growth curves of *Tetrahymena thermophila* and
111 *Tetrahymena pyriformis* almost align with those of control (artificial saliva alone). However, *Celtis australis*
112 essential oil did not show any protective effect on the growth of *Tetrahymena* in the presence of wires (Figure 7).

113 Extract of *Celtis australis* protects the two species of *Tetrahymena* against the effect of NiTi and CuNiTi; the
114 majority of cells presents a pear shape, which characterizes the normal shape of the protozoan, at the end of the
115 latency phase (figure 8).

116 In solutions containing the extract of *Celtis australis* alone, there is no statistically significant difference in
117 the growth of *Tetrahymena thermophila* and *Tetrahymena pyriformis* compared to the control (artificial saliva
118 alone) (Figure 7).

119 15 Effect of *Syzygium aromaticum* extracts on the growth of 120 *Tetrahymena*

121 In the presence of *Syzygium aromaticum* hydrosol alone with *Tetrahymena*, growth is approximately 80% (p
122 <0.05). Also, in the presence of the essential oil of *Syzygium aromaticum* alone, the growth is around 70% (p
123 <0.05).

124 In the solutions containing the wires and the hydrosol of *Syzygium aromaticum*, there is an increase in the
125 rate of living cells by 50% during the 1st phase of ii.

126 growth compared to the control ($p <0.05$). This growth decreases during the second (-20%) and the third
127 (-60%) phase for the two *Tetrahymena* species. In addition, no growth was noted in the presence of the essential
128 oil of *Syzygium aromaticum* for the two wires (Figure 8). All the differences are statistically significant except
129 for the hydrosol of *Syzygium aromaticum* at the end of protozoan growth (Figure 9).

130 Regarding the morphology, in the solutions containing the hydrosol of *Syzygium aromaticum*, the two species
131 of *Tetrahymena* show a pear shape at the end of the first phase of growth. In addition, from the second phase,
132 the shape becomes rounded and the number and the mobility of cells decrease (Figure 10). IV.

133 16 Discussion

134 Fixed orthodontic appliances must guarantee absolute safety and biocompatibility 17 . These qualities are of
135 paramount importance in the oral cavity because this one constitutes a hostile chemical microenvironment that
136 requires a high mechanical resistance of orthodontic alloys 18 . In the presence of saliva that acts as an electrolyte,
137 the orthodontic archwires undergo corrosion that causes the release of metal ions in the environment 19 . To
138 combat this corrosion, certain aromatic plants have proven their effectiveness as inhibitors of alloy corrosion 12 .

139 The aim of this study was to assess the toxicity of Nickel-Titanium-based orthodontic archwires and to study
140 the protective effect of different types of aromatic plant extracts, using *Tetrahymena* as a study model. Indeed,
141 this protozoan constitutes a choice model for studies of environmental and industrial pollutants and of toxicity
142 20 and several studies has shown that *Tetrahymena* can constitute a reliable and effective biomarker for the
143 estimation of toxic effects from several chemical wastes 21,22 .

144 In addition, studies have reported that this unicellular organism has similar genes to those of humans 10 and
145 that it may also be useful in understanding the molecular mechanisms of toxicity in humans 23 , this was the
146 reason of its use in our study.

147 The perfect medium for *Tetrahymena*'s growth is PPYE; a medium that contains all the nutrients that the
148 protozoan needs for its growth 24 . The use of this medium for toxicity tests of orthodontic archwires was

17 CONCLUSION

not appropriate due to the absence of the elements constituting natural saliva. For this, our choice fell on artificial saliva; a culture medium which has already been described in the literature and adapted to the growth of *Tetrahymena* 25 . During one year, several precultures of *Tetrahymena* were carried out, using artificial saliva, to have a generation perfectly adapted to this environment thus eliminating the specific stress due to artificial saliva. Our results have shown that the protozoan growth kinetic in artificial saliva is similar to the one of the PPYE medium.

In artificial saliva, *Tetrahymena* was cultured in the presence of NiTi or CuNiTi orthodontic wires to assess their cytotoxicity and the results showed a decrease in protozoan growth as well as a change in shape (elongated or rounded shape). Our results agree with those of Zhang and al. 26 who also showed a decrease in protozoan growth in the presence of heavy metals.

In addition, other work has reported that the released nickel and copper ions penetrate inside *Tetrahymena* and stop its growth 27,28 . On the other hand, the released ions cause an unbalance between oxidants and antioxidants in the cell, inducing an oxidative stress that is involved in inflammation and in tumor pathology 29 .

Our results showed that there is a protective effect of the extracts of *Celtis australis* and the hydrosol of *Syzygium aromaticum* against the toxicity of orthodontic archwires on *Tetrahymena*. Nilsson reported that the protozoan tolerates copper and nickel better in an organic solution than in a culture medium containing no nutrient 30,31 which may explain the protective effect of the two extracts on the protozoan. Other authors have confirmed the protective effect of these two aromatic plants, which is consistent with our results [32][33][34] . These two plants are also known for their anticorrosive effect on metals that could have an indirect protective action on the protozoan by limiting the release of free radicals in the environment 35,36 . Indeed, in a later study conducted by our team 37 , a high corrosion of NiTi and CuNiTi wires under the same conditions as the present study was noted.

The effect of aromatic plants on *Tetrahymena* has been the subject of several works in our laboratory [38] [39] [40] and the protective effect of several essential oils (argan oil, sage and oregano) has been proven. However, the effect of essential oils and their corresponding extracts and hydrosols has never been studied on *Tetrahymena*. The chemical composition of the extract and the hydrosol differs considerably from the corresponding essential oil 41 , they contain a good concentration of the main molecule of the plant without the toxic phenolic substances constituting the essential oils 42 . The results of this study show that the essential oil of *Syzygium aromaticum* and *Celtis australis* have no protective effect on *Tetrahymena* against the cytotoxicity of orthodontic archwires by indirect action causing chemical corrosion which would increase the rate of ions present in saliva. On the other hand, the use of the extract of *Celtis australis* and the hydrosol of *Syzygium aromaticum* would protect the protozoan against the cytotoxicity of ions released in saliva.

V.

17 Conclusion

This study has shown that *Tetrahymena thermophila* and *Tetrahymena pyriformis* can constitute a model for studying the cytotoxicity of orthodontic materials. These cell cultures are simple to carry out, reproducible and inexpensive. In addition, the extract of *Celtis australis* could constitute a protective compound against the cytotoxicity generated by the corrosion of orthodontic archwires.

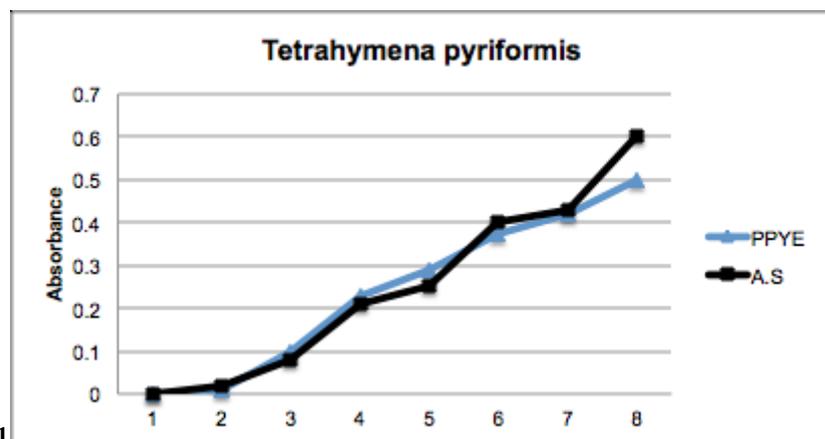


Figure 1: Figure 1 :

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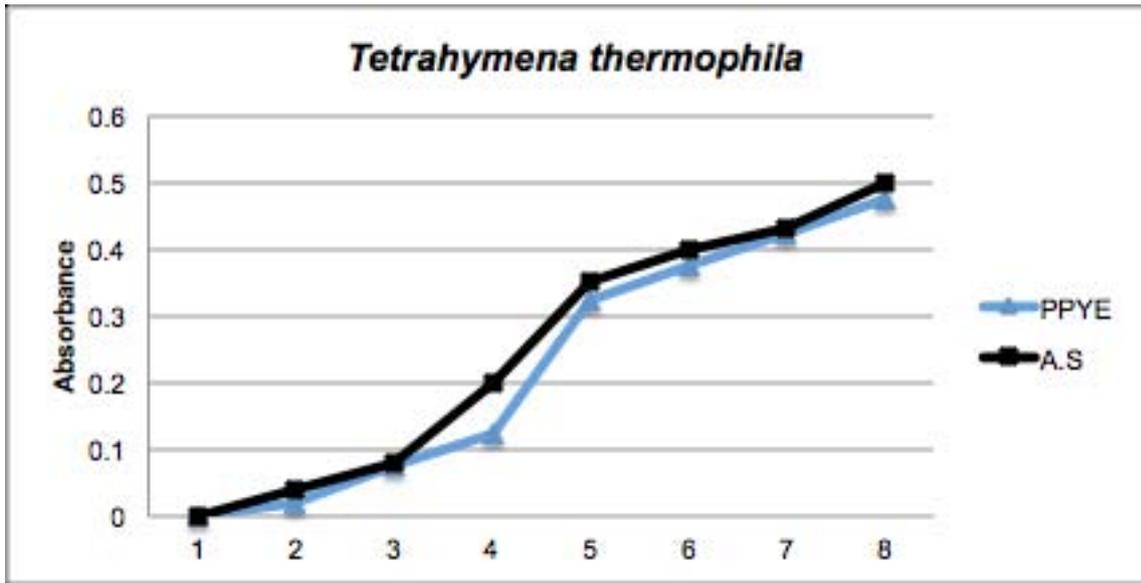
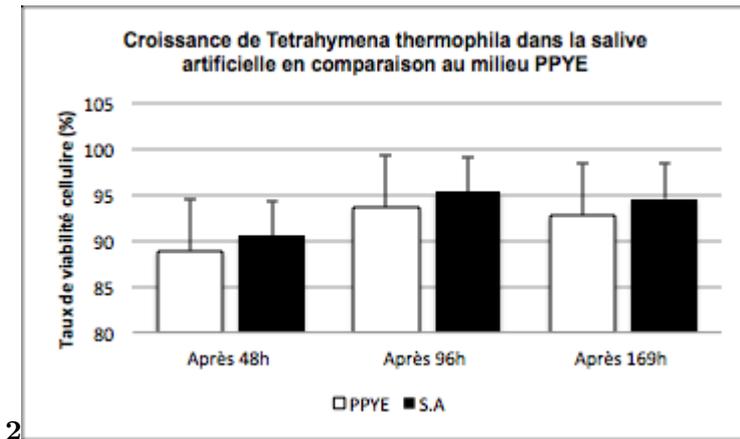
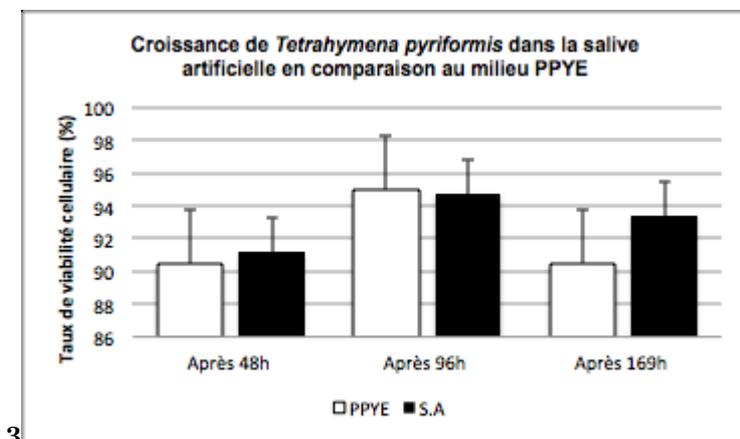


Figure 2:



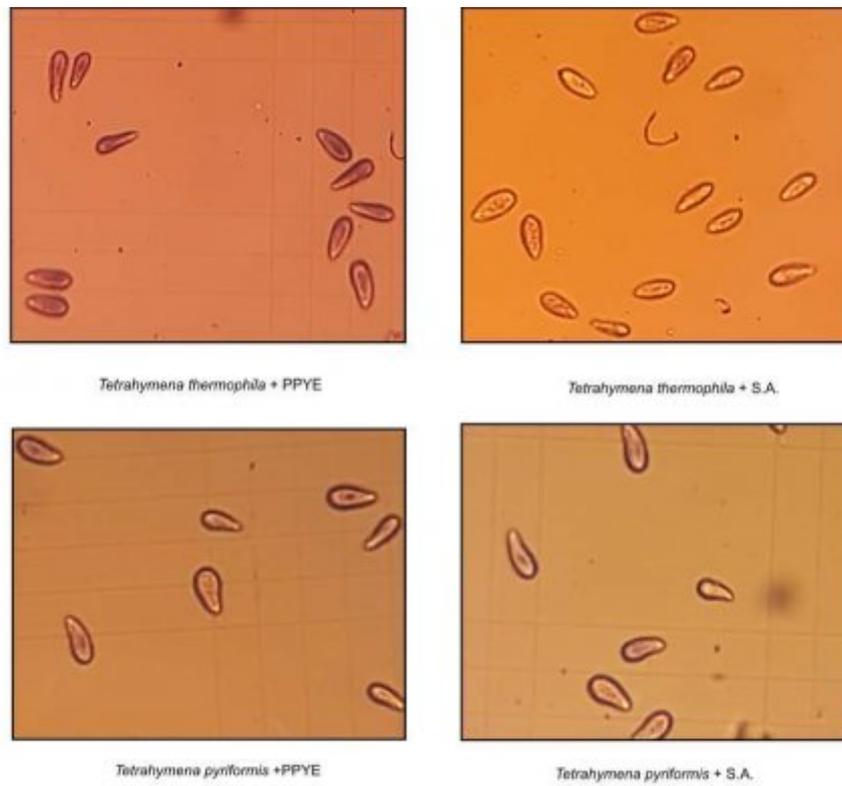
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Figure 3: Figure 2 :



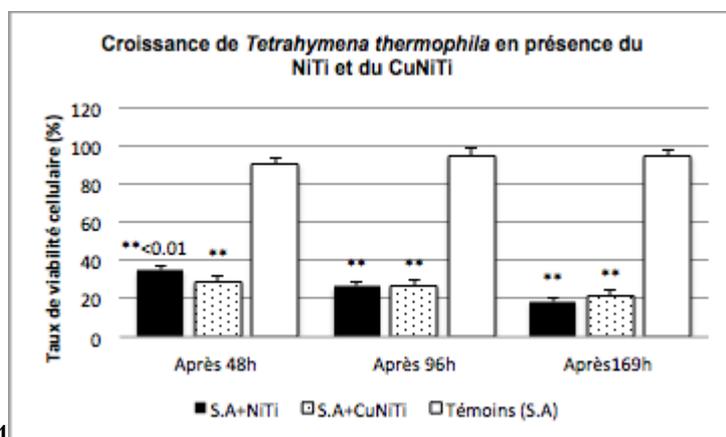
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Figure 4: Figure 3 :



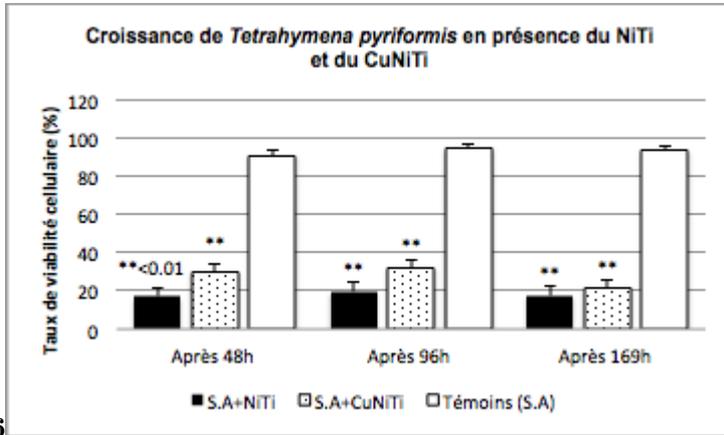
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Figure 5: Figure 5 :



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Figure 6: Figure 4 :



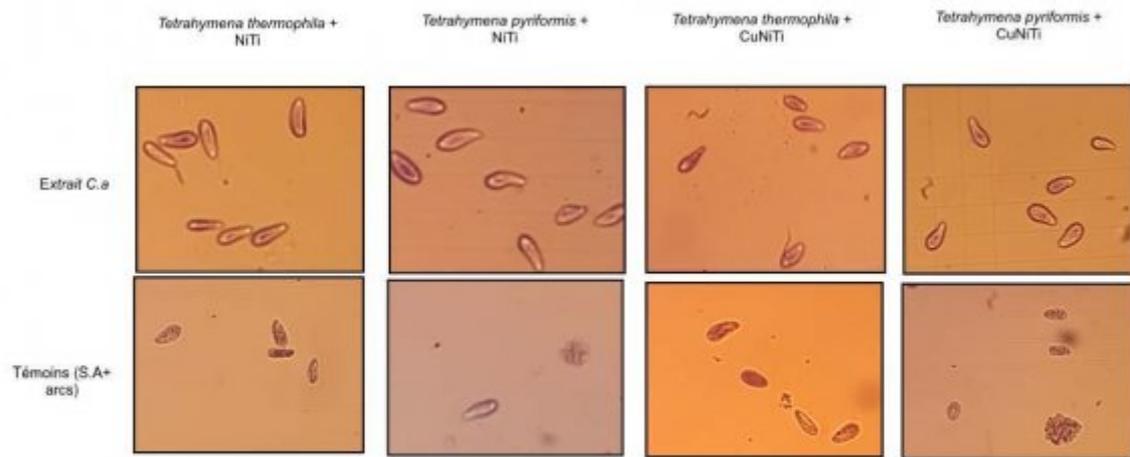
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Figure 7: Figure 6 :



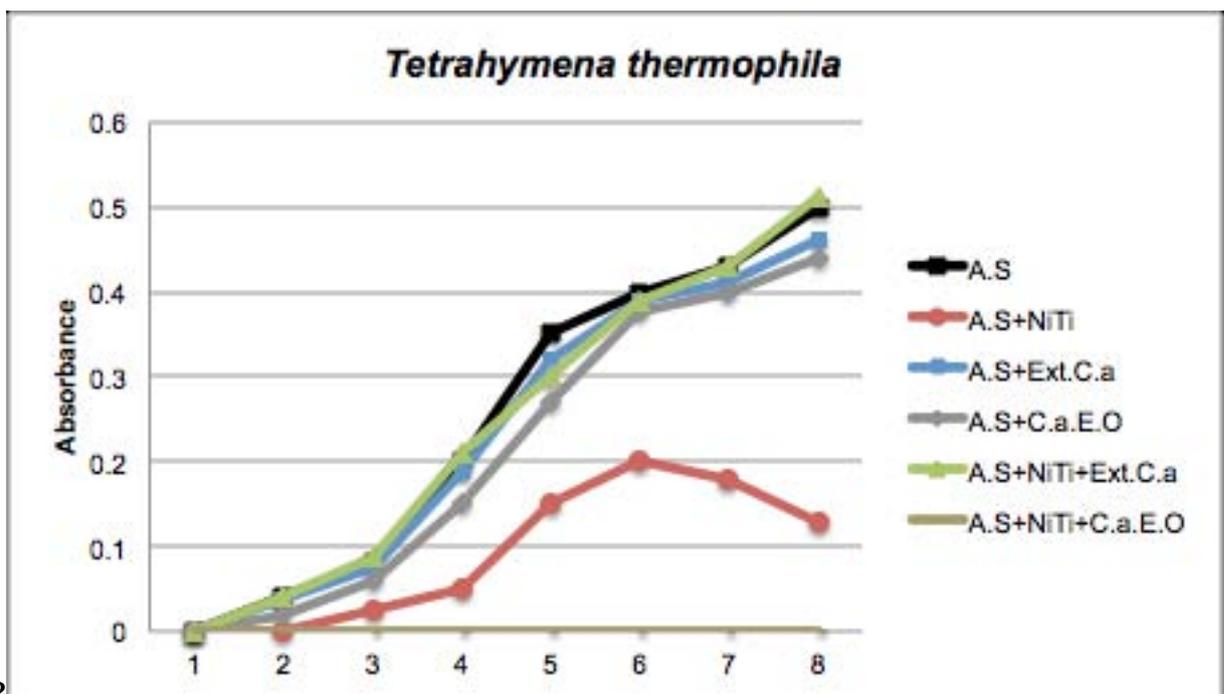
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Figure 8: Figure 7 :



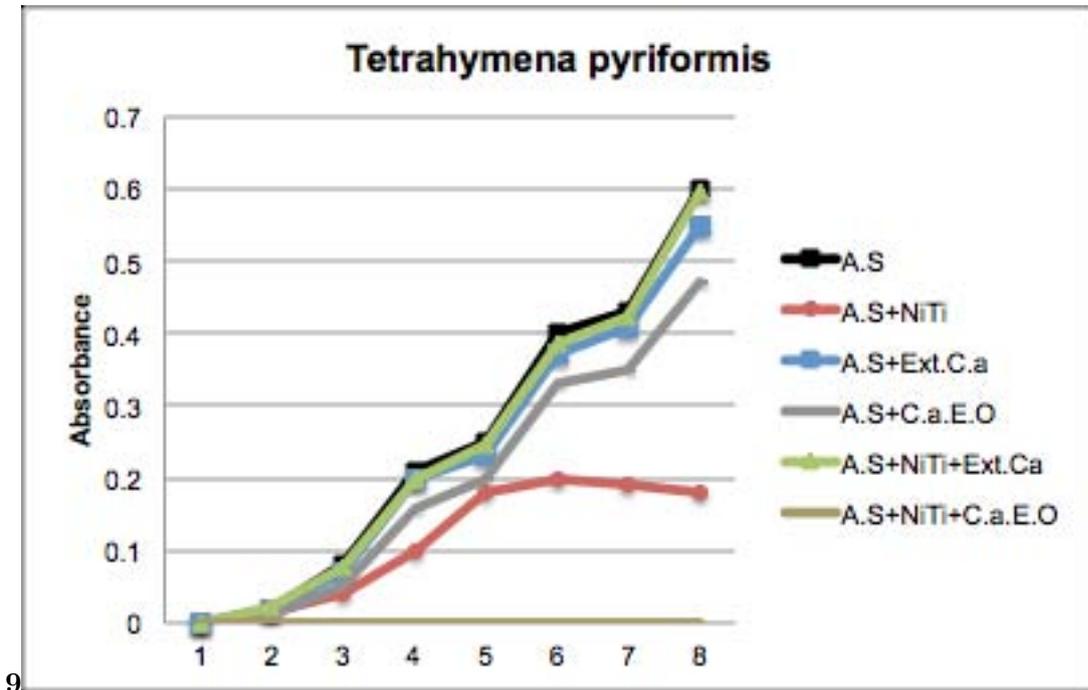
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Figure 9: Figure 8 :



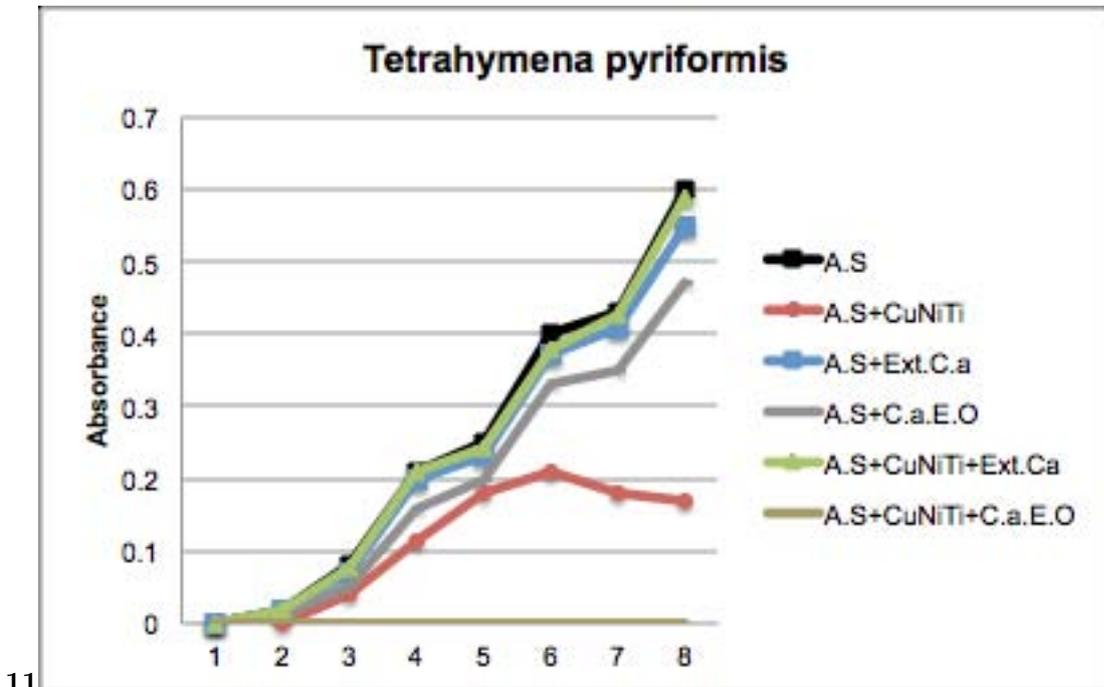
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Figure 10: Figures 11 and 12 J



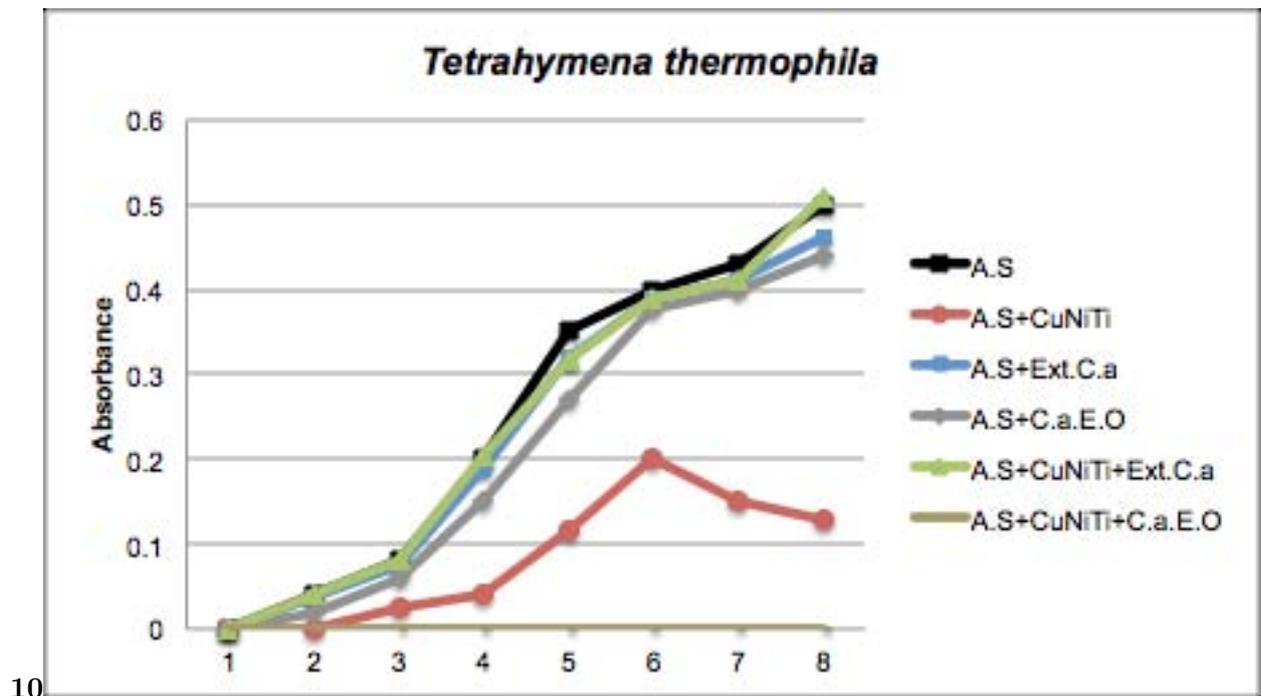
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Figure 11: Figure 9 :



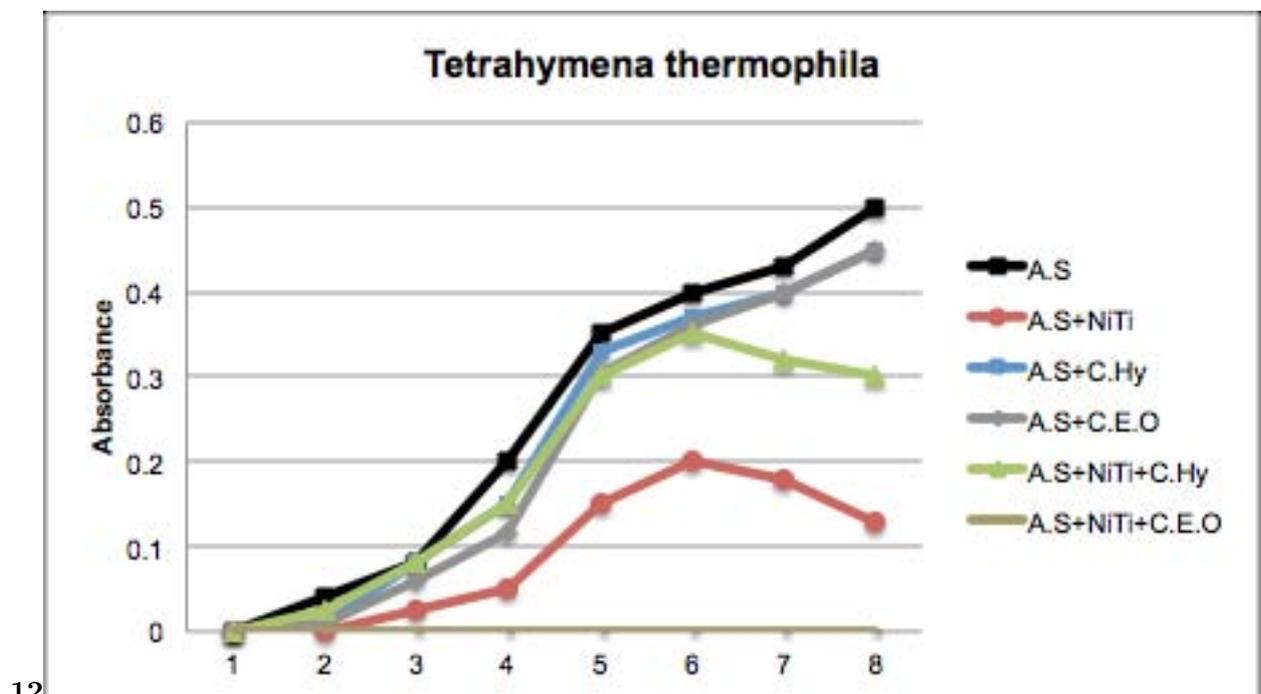
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Figure 12: Figure 11 :



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Figure 13: Figure 10 :



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Figure 14: Figure 12 :

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