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Results: For the two *Tetrahymena* species, NiTi and CuNiTi cause a decrease in *Tetrahymena* growth by about 50%. The extract of *Celtis australis* added to NiTi or CuNiTi, shows a protective effect on the growth of the protozoan. In contrast, essential oils have no protective effect against NiTi or CuNiTi.

Conclusions: *Celtis australis* extract could be considered a protective agent for *Tetrahymena* against the cytotoxic effect of nickel-titanium-based orthodontic wires.

Keywords: orthodontic wires, nickel-titanium, cytotoxicity, aromatic plants, tetrahymena.

1. INTRODUCTION

The biocompatibility of orthodontic materials has been widely studied due to the importance of this property for patient safety. Most orthodontic materials contain metals, which can be toxic and produce allergic reactions^{1,2}. It has been proven that in

the oral environment, orthodontic archwires undergo chemical corrosion leading to the release of ions in saliva³. Nickel-Titanium wires are an important part of the therapeutic arsenal during fixed orthodontic treatment. They contain about 47-50% of Nickel and are the richest source of this metal in the oral cavity of most patients with orthodontic appliances. Furthermore, Nickel and Titanium are known for their toxic and carcinogenic effects⁴⁻⁶.

In the literature, cell culture is the most widely used method to assess the toxicity of orthodontic materials in the oral environment. Several other models for studying toxicity were described. Among them, *Saccharomyces cerevisiae* have been used to study orthodontic material cytotoxicity⁷. Other microorganisms have also been used in toxicology, like the ciliated protozoan *Tetrahymena*⁸.

Unlike other single-cell microorganisms that are widely used as models, this protozoan has the advantage of having several genes found in several eukaryotes, including humans⁹. More than 800 human genes have orthologs in *Tetrahymena thermophila*, but not in *S. cerevisiae*, 58 of them are associated with human diseases¹⁰. This characteristic suggests that *Tetrahymena* can be used as a model to improve the understanding of the molecular mechanisms involved in the toxicity of orthodontic materials¹¹.

On the other hand, to stop alloy's corrosion, researchers tested several methods. Among them, the use of natural corrosion inhibitors or green corrosion inhibitors extracted from aromatic plants has been widely studied in industry¹². Indeed, the use of different types of aromatic plant extracts (essential oils, hydrosols and extracts) has a protective effect against the corrosion of metals in an acid environment avoiding by the way the use of chemical substances¹³. In addition, it has been described that some aromatic plants, such as *Artemisia* and *Syzygium aromaticum*, have anti-corrosive properties¹⁴⁻¹⁶.

The aim of this work is to assess the cytotoxicity of Nickel-Titanium-based orthodontic archwires and to study the protective effect of different types of aromatic plant extracts, considered as natural corrosion

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inhibitors, using *Tetrahymena thermophila* and *Tetrahymena pyriformis* as study models.

Protozoan growth was monitored during 7 days of culture by measuring the optical density at 600 nm using the spectrophotometer.

II. MATERIAL AND METHODS

a) Culture of *Tetrahymena*

Tetrahymena thermophila SB 1969 and *Tetrahymena pyriformis* SE, ATCC30005 were used for this study. Both species were kept growing in the PPYE medium containing 0.5% (w/v) of Proteose Peptone and 0.2% (w/v) of yeast extract. Artificial saliva was prepared by adding to the PPYE medium 0.035% (w/v) of Sodium Chloride (NaCl), 0.2% (w/v) of Calcium Chloride (CaCl₂) and 0.2% (w/v) Potassium Chloride (KCl). Then, in this culture medium was added 1% (v/v) of a pre-culture of *Tetrahymena thermophila* (1.5×10⁵ cells/ml) and incubated at 32°C. or of *Tetrahymena pyriformis* (104 cells/ml) and incubated at 28°C. In order to check the growth and adaptation of the protozoan to artificial saliva, pre-cultures were carried out and monitored for 3 months. Then, during one year, a transplanting was carried out once a week.

b) Preparation of wires and plant extracts

NiTi (3M) and CuNiTi (ORMODENT, California) orthodontic arch-wires were cut into 10mm pieces and then sterilized. The different types of extracts were prepared from *Syzygium aromaticum* (Clove) and *Celtis australis*. The essential oil and the hydrosol were obtained by hydrodistillation using a Clevenger type device (2 liter reactor), for a period of five hours. These extracts were then stored in amber glass bottles at a temperature of 4°C.

The extract was obtained by macerating the powder of the leaves of *Celtis australis* in distilled water-methanol (2V/3V) for 48 hours at 25°C.

The essential oil and hydrosol of *Syzygium aromaticum*, the extract and the essential oil of *Celtis australis* were chosen for this study (the choice of plant extracts and concentrations used was based on the results obtained by our team; results being published).

c) Assessment of the effect of orthodontic archwires and the anti-corrosion potential of different types of plant extracts on the growth of *Tetrahymena*

Each piece of orthodontic archwire was incubated in 20ml of artificial saliva with or without the addition of the extract, hydrosol or essential oils, as shown in detail in Figure 1. These media were incubated at 37°C for 15 days with agitation to simulate the oral conditions. Then, these media were distributed in 4 tubes, of 5 ml each, then inoculated with a pre-culture of *Tetrahymena thermophila* (1.5×10⁵ cells/ml) or *Tetrahymena pyriformis* (104 cells/ml).

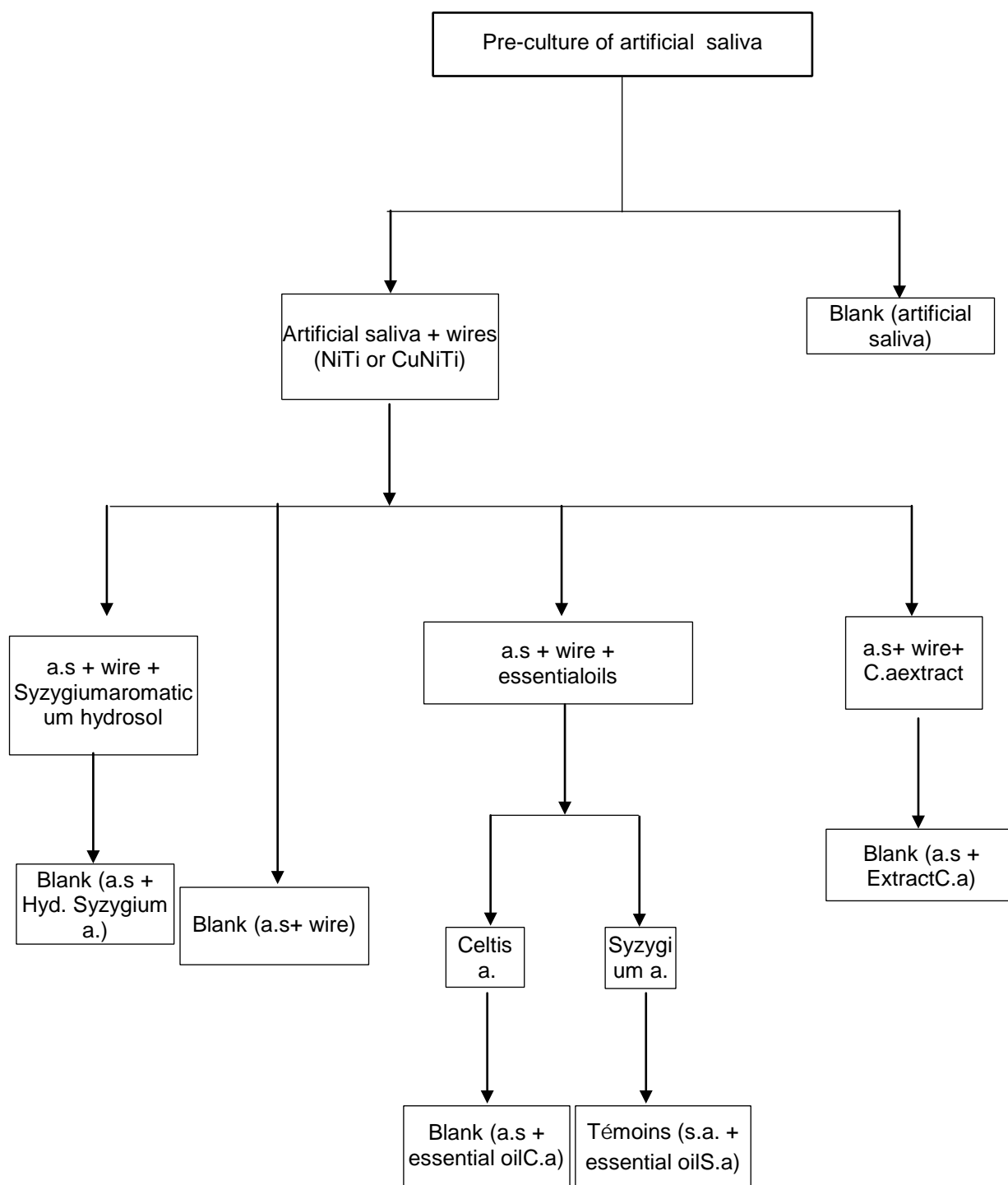


Figure 1: Distribution of different solutions and negative and positive controls. s.a: artificial saliva, NiTi: Nickel-Titanium, CuNiTi: Copper-Nickel-Titanium, S.a: Syzygium aromaticum, C.a: Celtis australis, Hyd: hydrosol.

d) Evaluation of cell viability and morphology of *Tetrahymena*

In order to calculate the percentage of living cells and to analyse the shape of the protozoan, a sample of 20 µl of each culture medium was taken after 48 h, 96 h and 169 h of growth of *Tetrahymena*. These samples were stained with Trypan blue (2%), fixed with Formaldehyde (4%) and then placed in a Malassez cell for observation under the microscope.

e) Statistical analysis

Three replicates were made for each experiment and the mean and standard deviation were calculated. Statistical analysis was performed using Student's T-test and the differences were considered statistically significant if $p < 0.05$.

III. RESULTS

a) Growth of *Tetrahymena thermophila* and *Tetrahymena pyriformis* in artificial saliva

Results show that in artificial saliva, the growth curves of *Tetrahymena thermophila* and *Tetrahymena pyriformis* are not modified in comparison with the PPYE medium (Figure 2).

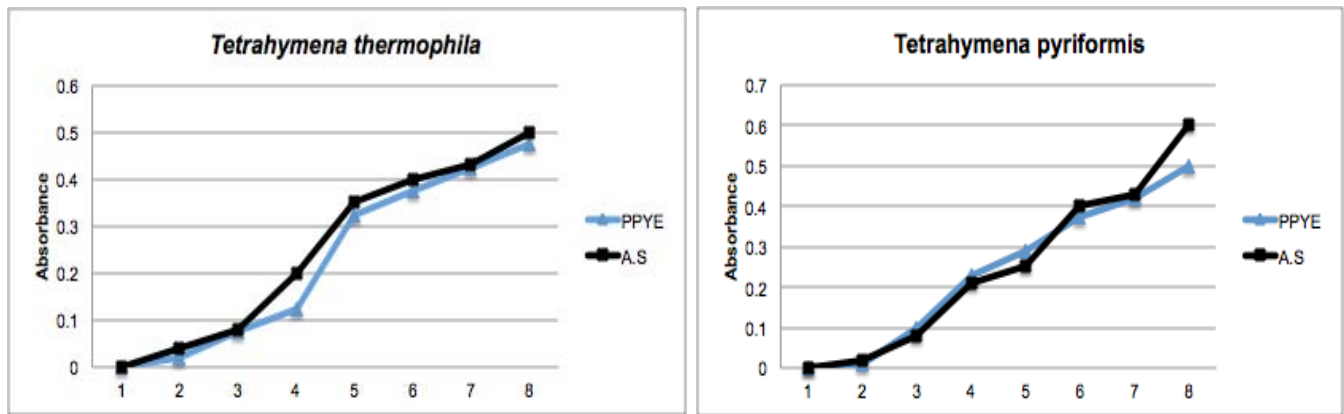


Figure 2: Growth kinetics of *Tetrahymena thermophila* and *Tetrahymena pyriformis* in artificial saliva and PPYE medium during 7 days of culture. Absorbance was determined at 600nm every 24 hours of growth. A.S: Artificial saliva

Results of the viability analysis in the two *Tetrahymena* species after 48h, 96h and 168h of culture

do not show any significant differences between the artificial saliva and the PPYE medium (Figure 3).

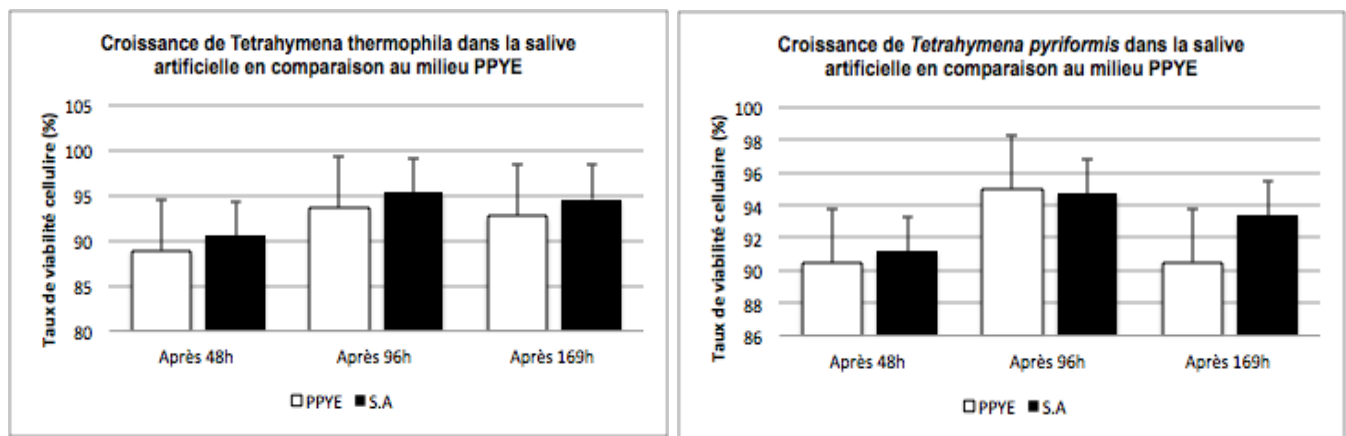


Figure 3: Evolution of the growth of *Tetrahymena thermophila* and *Tetrahymena pyriformis* in artificial saliva (S.A) and the PPYE medium. There is no statistically significant difference between the two environments.

Similarly, observation under the microscope does not show any change in the shape of the two species of *Tetrahymena* in artificial saliva compared to the PPYE medium (Figure 4).

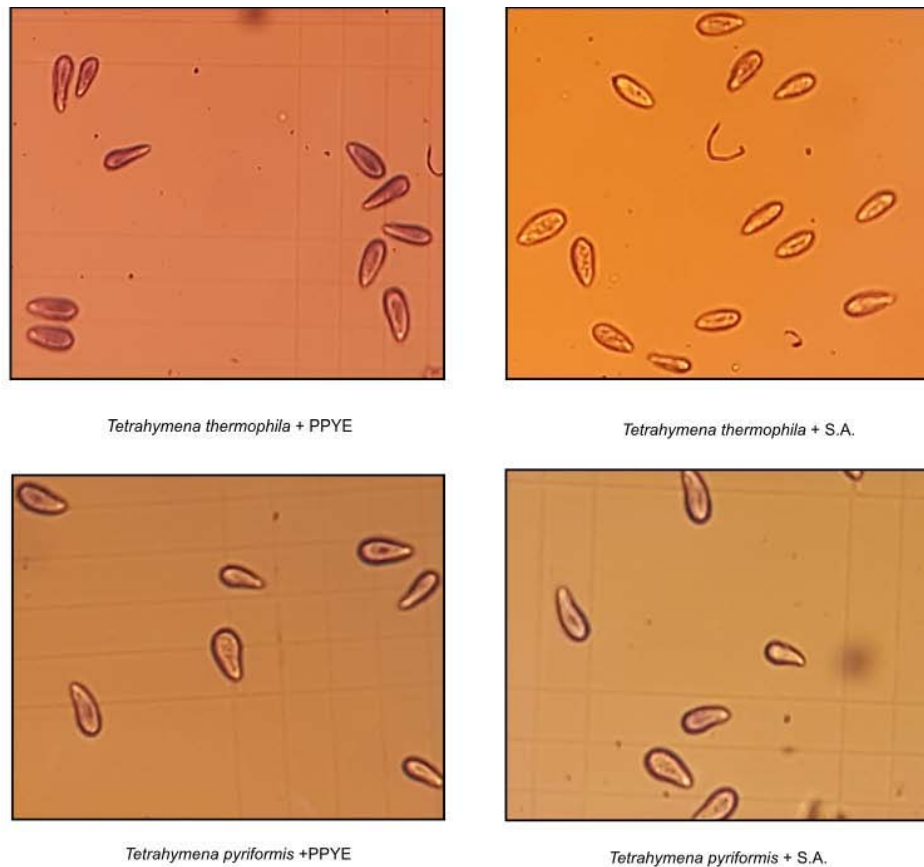


Figure 4: Microscopic images of *Tetrahymena thermophila* and *tetrahymena pyriformis* taken after 48 hours of growth at x 100 magnification, showing the comparison of growth in artificial saliva and the usual medium PPYE

b) Cytotoxic effect of orthodontic archwires on *Tetrahymena*

In the presence of NiTi or CuNiTi orthodontic archwires, the growth of *Tetrahymena thermophila* is significantly reduced by 50% and 60% respectively compared to controls (Artificial saliva) ($p < 0.01$) (Figure 5).

The same results are noted in *Tetrahymena pyriformis* the growth of *Tetrahymena pyriformis* is

reduced by 72% and 60% respectively compared to the controls (artificial saliva) ($p < 0.01$) (Figure 5). Results of the morphology analysis show that in the presence of orthodontic archwires, the majority of the protozoan appears in 2 shapes; elongated and rounded with a blue color after Trypan blue test compared to control (Figure 6).

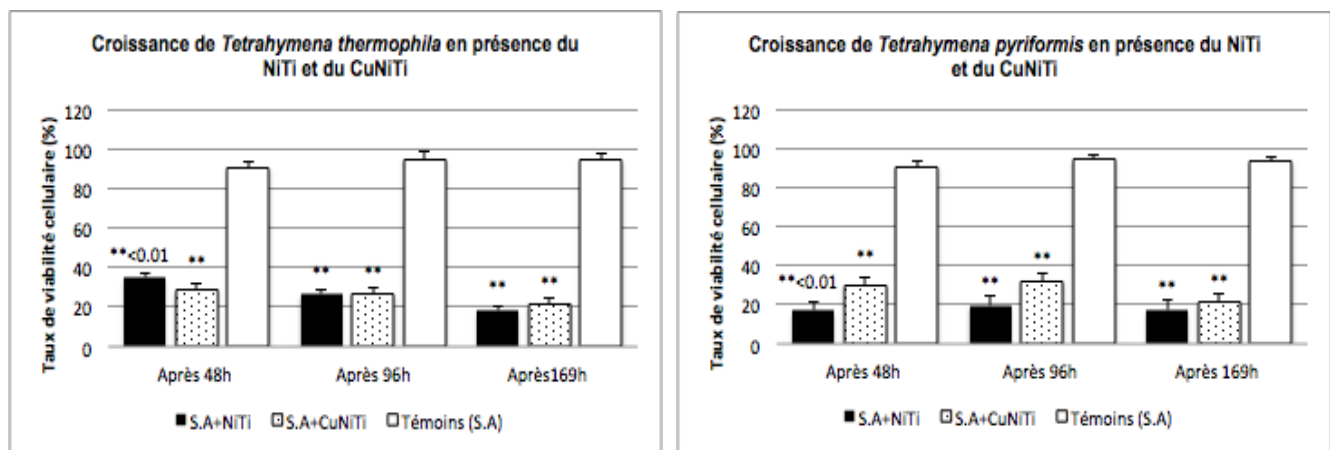


Figure 5: Evolution of the growth of *Tetrahymena thermophila* and *Tetrahymena pyriformis* in the presence of the NiTi and CuNiTi arcs alone. The differences are statistically significant ($p < 0.01$).

S.A: artificial saliva



Figure 6: Rounded or elongated forms of *Tetrahymena* in the presence of orthodontic archwires objectifying their cytotoxicity

c) *Effect of the different types of extracts of Syzygium aromaticum and Celtis australis on the cytotoxicity of the wires*

The protozoan was cultured in artificial saliva previously incubated, for 15 days, in the presence of NiTi or CuNiTi wires and the different types of extracts of *Syzygium aromaticum* and *Celtis australis*.

i. *Effect of Celtis australis extracts on the growth of Tetrahymena*

During the protozoan growth kinetics, the number of living cells was counted during the 3 essential phases of the normal growth cycle of *Tetrahymena*: latency phase (24h), exponential phase (72h) and stationary phase (168h).

When the protozoan was cultured in the presence of the extract of *Celtis australis* and NiTi or CuNiTi, a remarkable increase in the number of living cells was noted for the two species compared to control (artificial saliva+arch)(figure 7). This increase was about 40% during the first phase of protozoan growth and the growth continues to increase during the second and third phase. The growth curves of *Tetrahymena thermophila* and *Tetrahymena pyriformis* almost align with those of control (artificial saliva alone). However, *Celtis australis* essential oil did not show any protective effect on the growth of *Tetrahymena* in the presence of wires (Figure 7).

Extract of *Celtis australis* protects the two species of *Tetrahymena* against the effect of NiTi and

CuNiTi; the majority of cells presents a pear shape, which characterizes the normal shape of the protozoan, at the end of the latency phase (figure 8).

In solutions containing the extract of *Celtis australis* alone, there is no statistically significant difference in the growth of *Tetrahymena thermophila* and *Tetrahymena pyriformis* compared to the control (artificial saliva alone) (Figure 7).

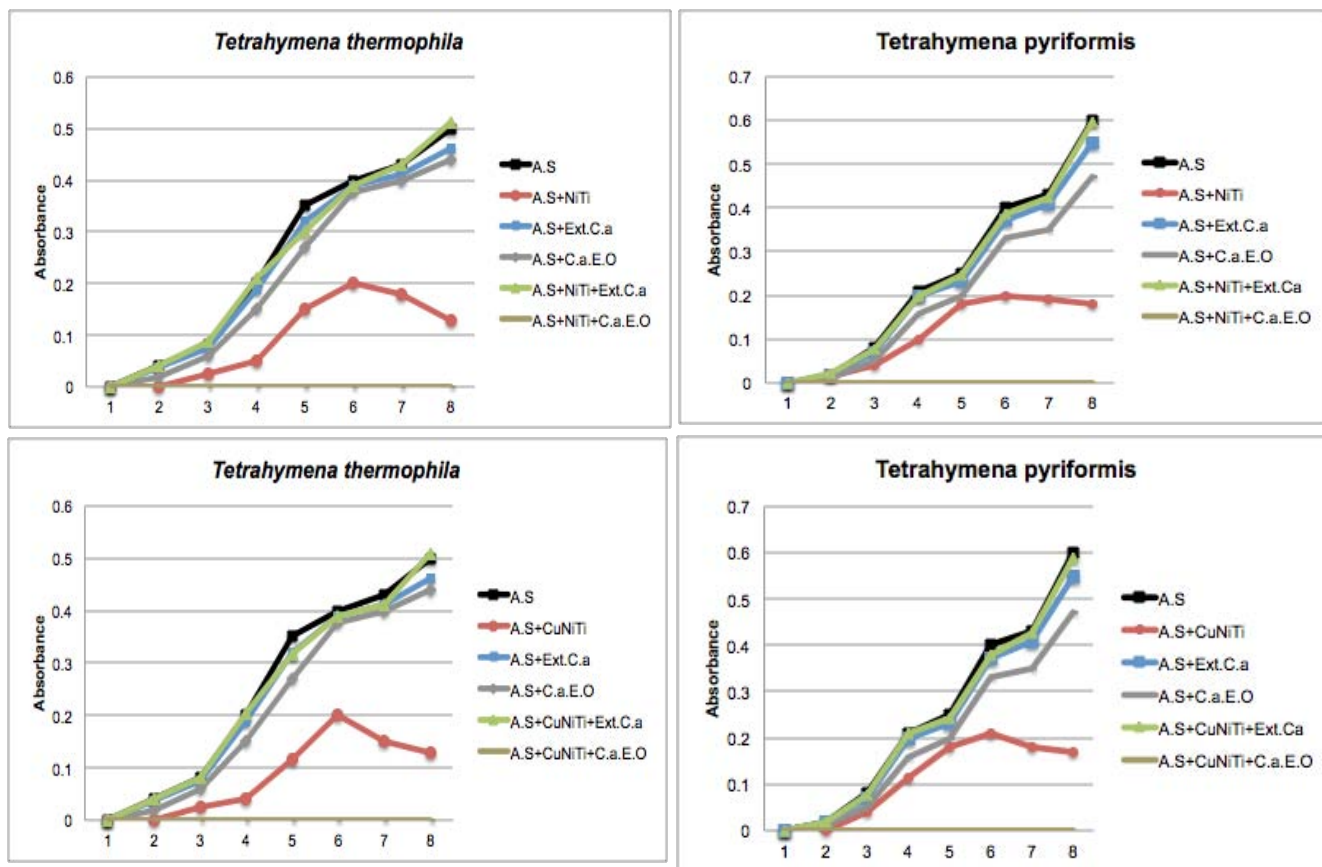


Figure 7: Effect of different types of Celtis australis extracts on the cytotoxicity of NiTi and CuNiTi arcs on Tetrahymena during 7 days of culture. Absorbance was determined at 600nm every 24 hours of growth. A.S: Artificial saliva, NiTi: Nickel Titanium, CuNiTi: copper Nickel Titanium, Ext.C.a: Celtis australis extract, C.a.E.O: Celtis australis essential oil.

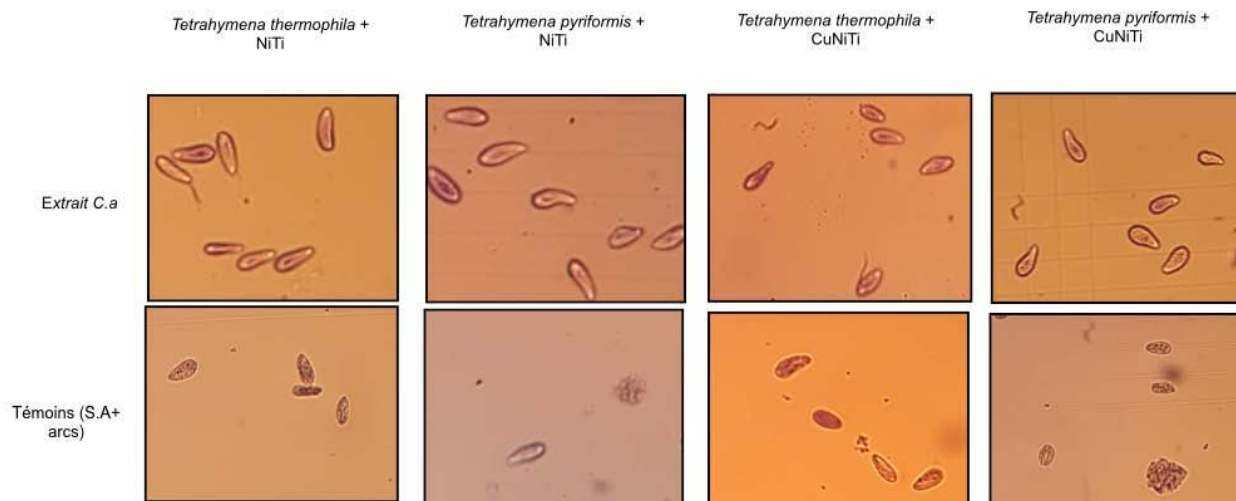


Figure 8: Microscopic images of Tetrahymena thermophila and tetrahymena pyriformis taken after 48 hours of growth at x 100 magnification, showing the comparison of their form in artificial saliva and the presence of NiTi and CuNiTi + the extract of Celtis australis. C.a: Celis australis, S.A: artificial saliva.

ii. Effect of Syzygium aromaticum extracts on the growth of Tetrahymena

In the presence of *Syzygium aromaticum* hydrosol alone with *Tetrahymena*, growth is approximately 80% ($p < 0.05$). Also, in the presence of

the essential oil of *Syzygium aromaticum* alone, the growth is around 70% ($p < 0.05$).

In the solutions containing the wires and the hydrosol of *Syzygium aromaticum*, there is an increase in the rate of living cells by 50% during the 1st phase of

growth compared to the control ($p < 0.05$). This growth decreases during the second (-20%) and the third (-60%) phase for the two *Tetrahymena* species. In addition, no growth was noted in the presence of the essential oil of *Syzygium aromaticum* for the two wires (Figure 8). All the differences are statistically significant except for the hydrosol of *Syzygium aromaticum* at the end of protozoan growth (Figure 9).

Regarding the morphology, in the solutions containing the hydrosol of *Syzygium aromaticum*, the

two species of *Tetrahymena* show a pear shape at the end of the first phase of growth. In addition, from the second phase, the shape becomes rounded and the number and the mobility of cells decrease (Figure 10).

Figures 11 and 12 resume all the viability tests of *Tetrahymena* in the presence of NiTi and CuNiTi with the different extracts of the two plants in comparison to those in the presence of plants extracts alone.

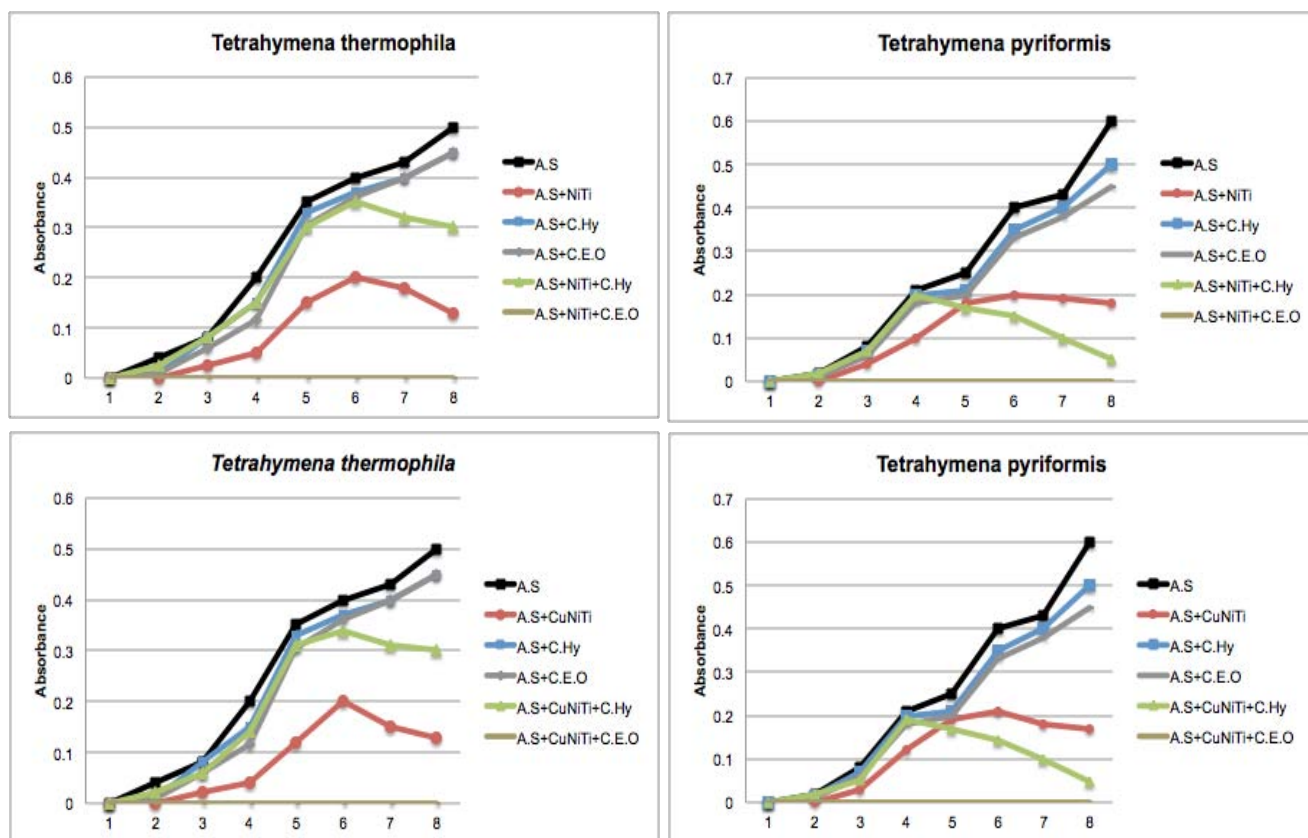


Figure 9: Effect of different types of *Syzygium aromaticum* (clove) extracts on the cytotoxicity of NiTi and CuNiTi arcs on *Tetrahymena* during 7 days of culture. Absorbance was determined at 600nm every 24 hours of growth. A.S: Artificial saliva, CuNiTi: copper Nickel Titanium, C.Hy: Clove hydrosol, C.E.O: Clove essential oil.



Figure 10: Microscopic images of *Tetrahymena thermophila* and *tetrahymena pyriformis* taken after 48 hours of growth at x 10 magnification, showing the comparison of their form in artificial saliva and the presence of NiTi and CuNiTi + the hydrosol of *Syzygium aromaticum*. S.a: *Syzygium*, S.A: artificial saliva.

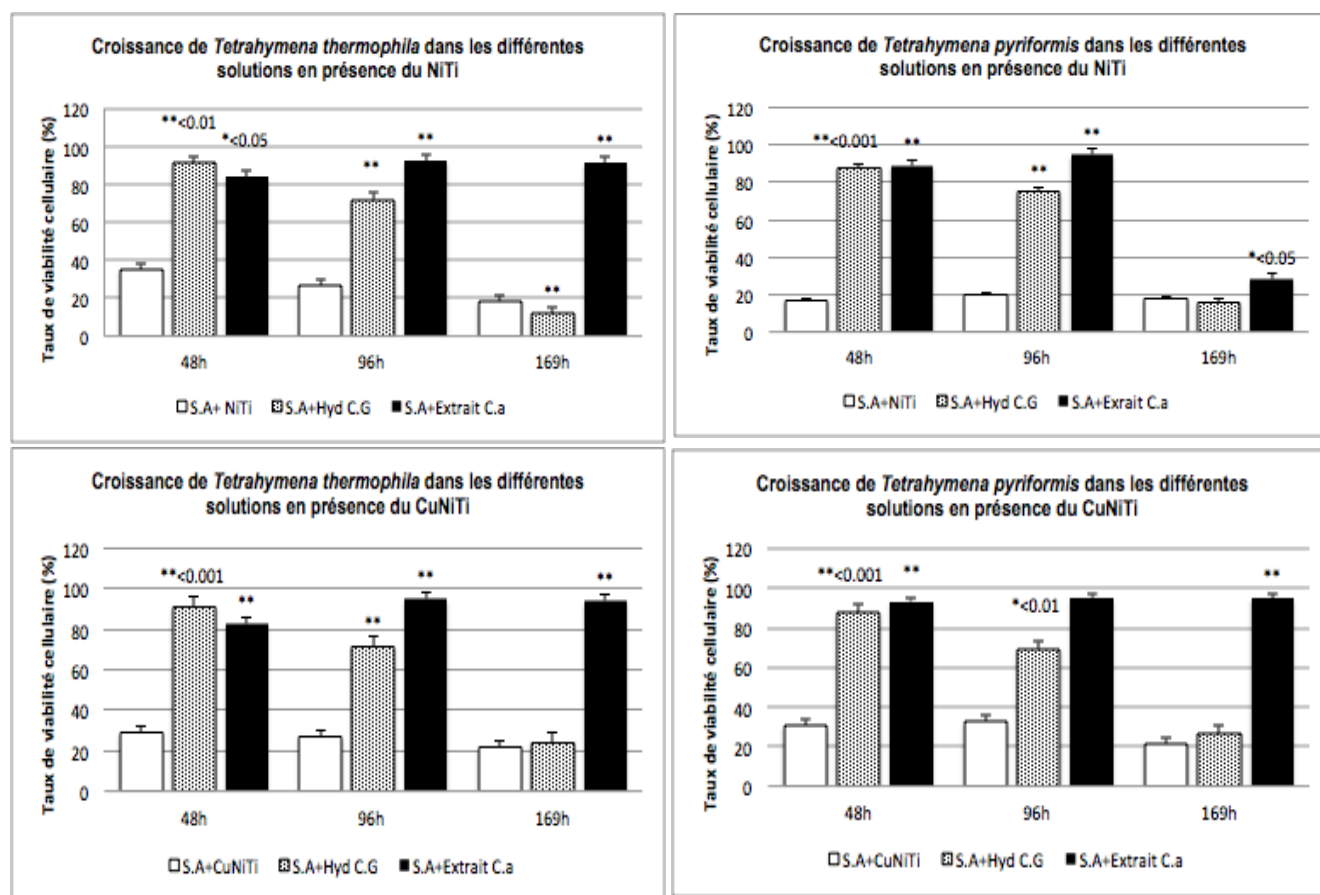


Figure 11: Evolution of the growth of *Tetrahymena thermophila* and *Tetrahymena pyriformis* in the presence of NiTi and CuNiTi arcs and various natural corrosion inhibitors. The differences are statistically significant if $p < 0.05$, very significant if $p < 0.01$ and very very significant if $p < 0.001$.

S.A: artificial saliva, Hyd C; G: Hydrosol of cloves, Extrait C.a: Extract of *Celtis australis*

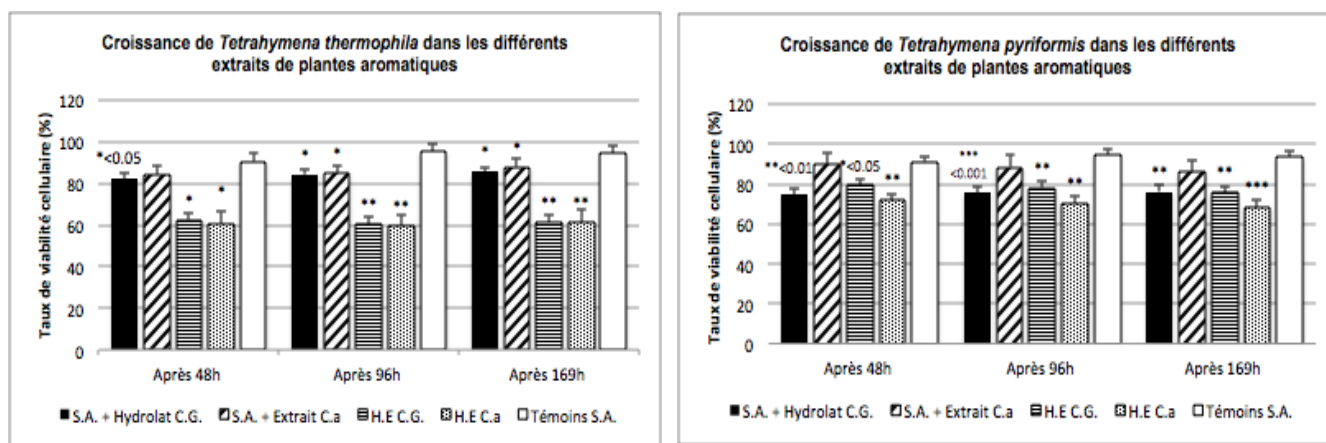


Figure 12: Evolution of the growth of *Tetrahymena thermophila* and *Tetrahymena pyriformis* in the presence of the extract, essential oils and the hydrosol alone. The differences are statistically significant if $p < 0.05$, very significant if $p < 0.01$ and very very significant if $p < 0.001$.

S.A: artificial saliva, C.G: clove, C.a: *Celtis australis*, H.E: essential oil.

IV. DISCUSSION

Fixed orthodontic appliances must guarantee absolute safety and biocompatibility¹⁷. These qualities are of paramount importance in the oral cavity because this one constitutes a hostile chemical microenvironment that requires a high mechanical resistance of orthodontic alloys¹⁸. In the presence of saliva that acts as an electrolyte, the orthodontic archwires undergo corrosion that causes the release of metal ions in the environment¹⁹. To combat this corrosion, certain aromatic plants have proven their effectiveness as inhibitors of alloy corrosion¹².

The aim of this study was to assess the toxicity of Nickel-Titanium-based orthodontic archwires and to study the protective effect of different types of aromatic plant extracts, using *Tetrahymena* as a study model. Indeed, this protozoan constitutes a choice model for studies of environmental and industrial pollutants and of toxicity²⁰ and several studies has shown that *Tetrahymena* can constitute a reliable and effective biomarker for the estimation of toxic effects from several chemical wastes^{21, 22}.

In addition, studies have reported that this unicellular organism has similar genes to those of humans¹⁰ and that it may also be useful in understanding the molecular mechanisms of toxicity in humans²³, this was the reason of its use in our study.

The perfect medium for *Tetrahymena*'s growth is PPYE; a medium that contains all the nutrients that the protozoan needs for its growth²⁴. The use of this medium for toxicity tests of orthodontic archwires was not appropriate due to the absence of the elements constituting natural saliva. For this, our choice fell on artificial saliva; a culture medium which has already been described in the literature and adapted to the growth of *Tetrahymena*²⁵. During one year, several pre-cultures of *Tetrahymena* were carried out, using artificial

saliva, to have a generation perfectly adapted to this environment thus eliminating the specific stress due to artificial saliva. Our results have shown that the protozoan growth kinetic in artificial saliva is similar to the one of the PPYE medium.

In artificial saliva, *Tetrahymena* was cultured in the presence of NiTi or CuNiTi orthodontic wires to assess their cytotoxicity and the results showed a decrease in protozoan growth as well as a change in shape (elongated or rounded shape). Our results agree with those of Zhang and al.²⁶ who also showed a decrease in protozoan growth in the presence of heavy metals.

In addition, other work has reported that the released nickel and copper ions penetrate inside *Tetrahymena* and stop its growth^{27, 28}. On the other hand, the released ions cause an unbalance between oxidants and antioxidants in the cell, inducing an oxidative stress that is involved in inflammation and in tumor pathology²⁹.

Our results showed that there is a protective effect of the extracts of *Celtis australis* and the hydrosol of *Syzygium aromaticum* against the toxicity of orthodontic archwires on *Tetrahymena*. Nilsson reported that the protozoan tolerates copper and nickel better in an organic solution than in a culture medium containing no nutrient^{30, 31} which may explain the protective effect of the two extracts on the protozoan. Other authors have confirmed the protective effect of these two aromatic plants, which is consistent with our results³²⁻³⁴. These two plants are also known for their anticorrosive effect on metals that could have an indirect protective action on the protozoan by limiting the release of free radicals in the environment^{35, 36}. Indeed, in a later study conducted by our team³⁷, a high corrosion of NiTi and CuNiTi wires under the same conditions as the present study was noted.

The effect of aromatic plants on *Tetrahymena* has been the subject of several works in our laboratory³⁸⁻⁴⁰ and the protective effect of several essential oils (argan oil, sage and oregano) has been proven. However, the effect of essential oils and their corresponding extracts and hydrosols has never been studied on *Tetrahymena*. The chemical composition of the extract and the hydrosol differs considerably from the corresponding essential oil⁴¹, they contain a good concentration of the main molecule of the plant without the toxic phenolic substances constituting the essential oils⁴². The results of this study show that the essential oil of *Syzygium aromaticum* and *Celtis australis* have no protective effect on *Tetrahymena* against the cytotoxicity of orthodontic archwires by indirect action causing chemical corrosion which would increase the rate of ions present in saliva. On the other hand, the use of the extract of *Celtis australis* and the hydrosol of *Syzygium aromaticum* would protect the protozoan against the cytotoxicity of ions released in saliva.

V. CONCLUSION

This study has shown that *Tetrahymena thermophila* and *Tetrahymena pyriformis* can constitute a model for studying the cytotoxicity of orthodontic materials. These cell cultures are simple to carry out, reproducible and inexpensive. In addition, the extract of *Celtis australis* could constitute a protective compound against the cytotoxicity generated by the corrosion of orthodontic archwires.

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