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# Surrogate Parameters, Instead of the Genetic Profile, for Recurrence Risk Evaluation in "Early-Stage Breast Cancer Cases" in a Middle -Income Country Like Argentina

Ariel Gualtieri

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#### 7 Abstract

Breast Cancer (BC) is the most commonly diagnosed cancer amongst women worldwide and is 8 a leading cause of death and disability among women in lowand middleincome countries 9 (MICs) among which is Argentina. Nowadays in BC, beyond the standard determination of 10 cancer stage according to the classic anatomical criteria of the TNM the study of genic profile 11 (GP) of cancer has also been encouraged. Implementation of the multigene panels assay has 12 led to a change in the manner in which chemotherapy is utilized mainly in patients with, early 13 stage, estrogen receptor (ER)-positive, Her2-neu negative, lymph nodenegative BC ensuring 14 that patients at highest risk of recurrence are prescribed systemic treatment, while at the 15 same time sparing low-risk patients potential adverse events from therapy unlikely to influence 16 their survival. Multigene panels can provide better risk discrimination relative to 17

<sup>18</sup> clinic-pathological factors. Unfortunately, all these tests are expensive.

<sup>19</sup> 

Index terms— F Purpose: We evaluate the possibility, in a MIC country such as Argentina, of having the data from the 20 21 normally required clinical-pathological report of the BC, in order to apply 10 selected published algorithms 22 23 that are offered as alternatives to ODX to predict the ODX RS specifically in patients with "early-stage breast 24 cancer" cases. Methods: From the total of 1832 (stage I to IV) BC cases reported, between 2012 and 2014, to PROYCAM2012 (www.cancerdemama2012.org.ar) a consortium (still in force) created for the study of BC in 25 Argentina a subset of 706 (38,5%) "early-stage breast cancer", was identified and analyzed. An online search and 26 selection of published scientific research on SP, (2010 onwards), was carried out. Ten publications were selected 27 and analyzed and the SP used in them identified. The presence of the SP shared by the different studies selected 28 on -line was analyzed in our series, namely: age, tumor size, histology, grade, Estrogen/ Progesterone receptor, 29 Her2 / neu status and Ki-67. 30

Results: The subset of 706 (38,5%) showed the following characteristics: predominant in menopausal women 31 (72%), average age of 61 years, 3.2% bilaterally and a personal **??**30,3%) and/or family history (9,3%) of BC. 32 Pathologically, the average size of the tumors is between 1.8 -2.0, with predominance of infiltrating ductal lesions 33 34 (67, 7%) grade2 (46,7%). From the total of 10 nomograms selected only in 1 our series can complete the required 35 two SPs: HR (96, 6%) and Her2 / neu (100%). In a second nomogram our cases complete the three of the 36 proposed SPs being: Grade (94 %), ER (100%) and PR (99.6%). In a third nomogram cases complete the required six SPs being these: tumor size (88.5%), patient age (100%), laterality (100%), ER receptor (100%), PR 37 receptor (99.6%) and HER2 / neu (100%). In a fourth our cases nonogram completes the required six SPs, being 38 these: size (88,5%), ER (100%), PR status (99,6%), HER2neu (100%), Nottingham (94%) and histomorphology 39 (77,5%). In a fifth nomogram the cases complete the required five SPs: age (100%), tumor size (88.5%), grade 40

<sup>41 (94),</sup> PR status (99,6) and histologic type (77,5). In the five remaining nomograms evaluated the percentage of 42 cases that could complete the required SPs only reached 61.5% of the cases.

## 43 **1** Introduction

reast Cancer (BC) is the most commonly diagnosed cancer amongst women worldwide [1] and is a leading cause 44 of death and disability among women in low-and middle-income countries (MICs) among which is Argentina [2]. 45 Nowadays in BC, beyond the standard determination of cancer stage according to the classic anatomical 46 criteria of the TNM classification, expression of estrogen and progesterone receptors and HER2/neu receptor 47 are required. The study of genic profile (GP) of cancer has also been encouraged although, for now, not in 48 mandatory form [3]Implementation of the multigene panels assay has led to a change in the manner in which 49 chemotherapy is utilized mainly in patients with, early stage, estrogen receptor (ER) positive, Her2-neu negative, 50 lymph node-negative [ER (+) / HER2 (-) / lymph node-negative], BC ensuring that patients at highest risk of 51 recurrence are prescribed systemic treatment, while at the same time sparing lowrisk patients potential adverse 52 events from therapy unlikely to influence their survival [4,5]. 53

Multigene panels can provide better risk discrimination relative to clinic-pathological factors, which are 54 significantly superior to traditional prognostic factors in predicting clinical outcome and identifying patients 55 who can be spared chemotherapy safely. There are several tests available at the moment. The Oncotype DX 56 (ODX) BC recurrence test (ODXRS) is the one recommended based on the experience accumulated since its 57 implementation in 2010 [6] Unfortunately, all these tests are expensive. Oncotype DX (ODX) is expensive and 58 is performed in only 1/3 of patients with BC positive for the estrogen receptor (ER) in developed countries 59 [7,8] and are not affordable or available for the majority of the breast cancer patients globally [9]. The economic 60 nonaccessibility and / or technical availability are also the main reasons why in a middle-income country (MIC), 61 such as Argentina, the study is only carried out in very few cases (0,23%) who fulfilled the established guidelines 62 for gene-expression profile study and in a sporadic way [10]. 63

Given the potential savings in cost and resource utilization, several algorithms have been proposed to predict Oncotype DX recurrence score (ODX RS) using commonly acquired clinical and histopathologic variables designated as subrogate parameters (SP). These studies reached different conclusions regarding which model demonstrated the best statistical discrimination power, mainly due to differences in clinical and pathologic variables used [11][12][13][14][15][16][17][18][19][20].

In this study we evaluate the possibility, in a MIC country like Argentina, of having the necessary data from the normally required clinical-pathological report of the BC, in order to apply some selected published algorithms that are offered as alternatives to ODX to predict the ODX RSspecifically in patients with "earlystage breast cancer".

## 73 **2 II.**

## 74 **3** Material and Methods

### <sup>75</sup> 4 a) Data source

We retrospectively reviewed the pathology reports from successive incident BC cases reported, between 2012 and 2014, to PROYCAM2012 (www.cancerdemama2012.org.ar) a consortium (still in force) created for the study of BC in Argentina [10]. The PROYCAM2012 recruited a total of 1832 (stage I to IV) BC until the end of the period under study. From the total of cases reported a subset of 706 (38,5%) "ER (+) / HER2 (-) / lymph node-negative" BC, was identified and analyzed.

## <sup>81</sup> 5 b) Surrogate parameters

An online search and selection of published scientific research on the same thematic from 2010 onwards, was carried out [11][12][13][14][15][16][17][18][19][20]. The presence of the SP shared by the different studies selected was analyzed in our series, namely: age, tumor size, histology, grade, Estrogen/Progesterone receptor, Her2 / neu status and Ki-67.

## <sup>86</sup> 6 c) Ethical Approval

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards, the National Law 25326 of Habeas Data Personal Data Protection and the National Patient Rights Act 26529. For retrospective studies (applies to our study): "for this type of study formal consent is not required".

## 92 7 III.

93 8 Results

## <sup>94</sup> 9 a) Substitute parameters in selected publications

<sup>95</sup> The selected 10 publications were analyzed and the SP used in them identified as shown in table 1.

## <sup>96</sup> 10 b) Clinical-pathological characteristics

97 and/or family history (9,3%) of BC. Pathologically, the average size of the tumors is between 1.8 -2.0, cm 98 according to the left and right side, with predominance of infiltrating ductal lesions (67, 7%) grade2 (46,7%).

## <sup>99</sup> 11 c) Substitute parameters evaluated

- The frequency of the presence, in the 706 cases of "ER (+) / HER2 (-) / negative lymph node" BC, of the selected
- SPs is shown in Table ??. Of the total of 8 (12) 378/1063 ??35,5%) 1990-1999 Australia, Canada, Hungary, Italy,
   New Zealand, Slovenia, South Africa, Spain, Sweden, and Switzerland.
- Age, Histotype, Tumor size, Grade, ER/PgR, Her2/neu status and Ki-67.
- Rouanet R et al.,2013 (13) 714/1271 (56,1%) HR and HER2 status.HER2-HR+; HER2-HR-; HER2+HR+;
- <sup>105</sup> HER2+HR-Turner B et al; 2015 (14) 299 cases with available Oncotype DX recurrence scores 2009-2013 USA
- 106 ER, PR, HER-2, and Ki-67, Nottingham score (NS) and tumor size. Gage MM et al.2015 (15) 221ODX-tested
- 107 ER(+)/HER2(-)/lymph nodenegative 2006-2013 USA.
- -Low grade and positive progesterone receptor tumors (LG+PR).
- -High grade or low estrogen receptor (ER) (ER < 20%) tumors (HG/ LER). Özmen V et al., 2016 (16) 165 110 ODX-tested ER(+)/HER2(-) /lymph nodenegative

### 111 12 Turkey

Age, LN Status, Grade, ER score ?10%, PR score ?20% and Ki67 score. Harowicz MR et al., 2017 (17) 305ODX tested ER (+) /HER2(-)/lymph node-negative

## 114 **13 2000-2014 USA**

Estrogen receptor status and progesterone receptor status along with different combinations of grade, proliferation 115 indices (Ki-67, mitotic rate), HER2 status, and tumor size. Farrugia DJ et al, 2017 (17) 237 The subset of 706 116 (38,5%) "ER (+) / HER2 (-) / lymph node-negative" cases selected from a database of 1832 cases of BC (stages 117 I-IV) showed the following clinic-pathological characteristics (Table ??). The main clinical characteristics that 118 define this group are: predominant in menopausal women (72%), average age of 61 years, 3.2% bilaterally and 119 a personal ??30,3%) parameters, 4 (50%) (Age, ER / PR and Her2 / neu) are present between 96 and 100% of 120 cases. The next most frequently found SP were grade (94%) and size (88.5%). Finally, the least frequent were 121 histology 77.5%) and Ki67 expression (61.5%). 122

## <sup>123</sup> 14 d) Coincidence between substitute parameters

The percentages in which, in our series, each of the SPs required in the different nonograms is fulfilled and also 124 according to the possibility of a complete application of all SP of each proposed nonogram are shown in table 4. 125 From the total of 10 nonograms selected only in 1  $\begin{bmatrix} 13 \end{bmatrix}$  our series can, in the 99.6% of the cases, complete the 126 required two SPs being them: HR (96, 6%) and the Her2 / neu (100%). In a second nonogram [15] at least 94%127 of our cases complete the three of the proposed SPs being these: Grade (94 %), ER (100%) and PR (99.6%). In 128 a third nomogram [11] at least 88.5% of the cases complete the required six SPs being these: tumor size (88.5%), 129 patient age (100%), laterality (100%), ER receptor (100%), PR receptor (99.6%) and HER2 / neu (100%). In 130 a fourth nomogram [19] 77,5% of cases complete the required six SPs, being these: size (88,5%), ER (100%), 131 PR status (99,6%), HER2neu (100%), Nottingham (94%) and histomorphology (77,5%). In a fifth nomogram 132 [20] also a 77,5% of the cases complete the required five SPs: age (100%), tumor size (88.5%), grade (94), PR 133 status (99,6) and histologic type (77,5). Finally, in the five remaining nonograms evaluated [12,14, [16][17][18]] the 134 percentage of cases that could complete the required SPs only reached 61.5% of the cases in each of them because 135 this was the percentage of cases in which the Ki67 status study was conducted to evaluate the rate of tumor 136 proliferation. 137

### 138 **15** IV.

#### 139 16 Discussion

BC in Argentina, as we reported earlier, has an epidemiological pattern and an incidence rate typical of a 140 "western" and "developed" country [10] without major variations of both qualifiers in the BCover the last 40 141 years [21]We also report that, with the resources currently available, the BC can be staged properly, according 142 to the latest version of the TNM, in 75% of cases [22] That a subset of no more than 706 (38.5%) of "early" BC 143 144 "ER (+) / HER2 (-) / negative nodes" come from a database of 1832 new cases of BC, (stages I-IV) recorded between 2012 and 2014, presents its logic. The highest incidence of the whole "early stages" BC in developed 145 countries, due to a massive and continuous use of mammogram screening in these populations [23][24][25] entails 146 a high frequency of "ER (+) / HER2 (-) / negative nodes" BC. On the contrary, in our population, although the 147 mammography is known and applied, but not in a massive and systematic way the frequency of this kind of BC 148 ("ER (+) / HER2 (-) / negative nodes") is related to a lowest diagnosis of the whole types of "early stages BC" 149 [10, 22].150

Genomic platform tests are now considered "standard of care" to maintain treatment decisionmaking for 151 patients "ER (+) / HER2 (-) / negative lymph node" BC. Previous analyses of genomic platforms testing have 152 assessed hypothetical cohorts under ideal conditions and concluded that testing had low costs relative to its 153 benefits; the application of gene panels in clinical practice avoids overtreatment, with its possible adverse effects, 154 in the short term and toxic in the longer term [26][27][28] as well as reducing treatment cost [29][30][31] MIC 155 countries, such as Argentina, where gross national income per capita is between US\$9,950 and \$12,055 per year 156 [32] are mainly characterized by fragmented and poorly coordinated medical care, moderate or high levels of 157 poverty and disparities to access a basic standard of care not only for cancer but also for other complex diseases 158 beyond of being covered by law. Patients in the public environment cannot pay for targeted therapy, so there 159 are currently no hospital laboratories offering genomic platforms. 160

OncotypeDx® is expensive [the current estimated cost is U\$4000 [9]. The cost of the study is the main reason for the almost no realization in the past (2012-13) and nowadays in the MIC countries such as Argentina. None of the health sub-sectors recognizes this study (not included in the oncological diagnosis and treatment protocols accepted by law in our country) for which they do not reimburse their cost. The few cases performed were done privately, paid by the patients and performed abroad the country. For all the mentioned the current tendency, encouraged by research groups, is to use clinic pathologic variables for prediction of low-risk or high-risk OncotypeDx® Recurrence Score (ODXRS) using nomograms models.

168 Quality prediction models depends on the amount and quality of data derived. In some aspects of the 169 diagnosis of BC our country performs better than expected due to its economic development level. For example, immunohistochemistry (IHC) for HR and Her2 / neu is performed routinely in a high percentage of cases, in 170 almost most laboratories for at least more than a decade. As such, IHC is an accessible and relatively inexpensive 171 test and one that can be performed quite quickly. This is in sharp contrast to genomic test that are routinely 172 performed abroad the country resulting in a prolonged time of realization and increased costs. Having, in our 173 series, the results of HR and Her2 / neu in almost all cases, this allows us to apply 5/10 of the selected nomograms 174 in which these required SPs are available between 88.5% and 99.6% of the cases. On the contrary, when it is 175 necessary to know the proliferation index studied by the Ki67 expression as SP to fulfill a nomogram, this data 176 is only present in 61.5% of the cases in the remaining 5 nomograms. 177

## 178 17 Conclusion

Despite the fact that MIC oncologists are theoretically well informed in the use of genomic platforms 179 [8,[33][34][35][36] they are far away from developed in the real-world a practice based in precision oncology; 180 this kind of practice is a great challenge for themand frequently limited, when it is possible, to private practice. 181 Our study, despite its limitations, provides some evidence for the design and orientation in our country of health 182 policies and diagnostic interventions such as nomograms in the treatment of BC cancer, especially in early 183 stages. These nomograms are useful tools to help to decide whether further OncotypeDx® testing is necessary 184 and are excellent surrogates for patients for which OncotypeDx<sup>®</sup> testing is not affordable or even available. We 185 demonstrate that, although there are gaps in the updated care process (for example: genetic profile) of BC, 186 it is possible to use nomograms in our country through a comprehensive and complete collection and a careful 187 subsequent analysis of the conventional parameters present in the diagnosis of BC. Special emphasis should be 188 noted on the histopathological and immunohistochemical results, available almost routinely in our series, a fact 189 that allows us to evaluate the RS and thus apply the corresponding therapy trying to achieve results similar to 190 those that would be obtained with the use of GP.<sup>1</sup>

#### 1

Breast cancer cases $(n, (n, (n)) \in \mathbb{R}^{n})$	NotificationClinical and pathologic markers required as SP		
%) $ER(+; HER2 (-); lymph$	period		
node-negative/Total	(years).		
	Country		
138 cases with available	USA	Tumor	sizepati <b>ag</b> e,
Oncotype DX recurrence	laterality, ER receptor, PR		
scores	receptor results and HER2/neu		
		result	
	Breast cancer cases (n, %) ER(+; HER2 (-);lymph node-negative/Total 138 cases with available Oncotype DX recurrence scores	Breast cancer cases (n, Notification %) ER(+; HER2 (-);lymph period node-negative/Total (years). Country 138 cases with available USA Oncotype DX recurrence scores	Breast cancer cases (n, NotificationClinical and pathologic man %) ER(+; HER2 (-);lymph node-negative/Total (years). Country 138 cases with available USA Tumor Oncotype DX recurrence laterality, ER receptor, PR scores receptor results and HER2/ result

Figure 1: Table 1 :

 $<sup>$^{1}\</sup>odot 2022$  Global Journals Surrogate Parameters, Instead of the Genetic Profile, for Recurrence Risk Evaluation in "Early-Stage Breast Cancer Cases" in a Middle -Income Country Like Argentina

## 17 CONCLUSION

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