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Seroprevalence of HIV, HBV and HCV Infectivity among Blood Donors in Sudan

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6 Abstract

7 Numerous infectious diseases are spread by blood transfusion, particularly viral infections.

⁸ The hepatitis B virus (HBV), hepatitis C virus (HCV), human immunodeficiency virus (HIV),

⁹ and other pathogenic organisms are transmitted through inappropriate screening of blood

¹⁰ products (Nilima Sawke, et al., 2013). These infected blood products are causing fatal,

¹¹ persistent and life frightening disorders (WHO, 2012). Aim of the current study was to

¹² estimate a statistical of the incidence of HBV, HCV, and HIV among blood donors in Sudan.

13 Results:In the blood supplies system in Sudan the total average of voluntary blood donors

14 (VBD) was10.1

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16 Index terms— human immunodeficiency virus, , seroprevalence, blood donors.

17 **1** Introduction

lood transfusion transfers of blood and its components such as red blood cells, platelets, and plasma from donor 18 to the recipient (WHO, 2011). The donation of the blood saves the lives of millions of people universally, and it 19 20 is essential to the helpfulness of the health system by supporting current transfusions worldwide (WHO, GDB, 2011). The following tests were mandatory performed in Sudan, at all blood centers at all levels following WHO, 21 international organizations and regulatory bodies for blood safety: Hepatitis B surface antigen (HBsAg), anti-22 HIV1, HIV2, and an approved test for anti-HCV. All three tests have to be negative. (Roger Y. Dodd, 2001). All 23 reactive results of blood donor's samples for infectious transmitted disease were should be retested in duplicate by 24 the same assay. (WHO, 2012). All confirmed contaminated blood components units by TTI through repeatedly 25 26 testing samples were not used for therapeutic applications and should normally be destroyed unless useful for 27 non-therapeutic purposes or investigations. All blood donors have reactive testing(D D D D)

F results should be evaluated by a confirmatory tests and there should be a mechanism to inform blood 28 donors the positive testing results. (WHO, Geneva, 2013). It is recommended that national testing algorithms 29 for TTI shall be developed and used to enable consistent resolution of discordant indeterminate or unconfirmed 30 results. (Jain C, et al, 2011). In some African countries, in addition to TTI markers other serological tests 31 were performed, for instance, anti-HBC testing may be performed on whole blood donations to further reduce 32 the risk of exposure of recipients to HBV by contaminated blood or blood components to supply of safe blood 33 products for transfusion, it's compulsory to introduce an advanced technology like a nucleic acid test (NAT) 34 because of excellent clinical sensitivity and good specificity to detect infected blood components as it identified 35 pathogens prior in the 'window period' than enzymes immune assay (Gerard C, . et al , 1995). Even though, it 36 37 has some margin in blood components with a lesser range of viremia, which can even free quantifiable by NAT 38 (WHO, Geneva, 2012). Even with this margin, the grouping of both enzymes immune assay and NAT has notably 39 condensed the hazard of pathogen spread during transfusion (11). Also, many scientific research data showed that the comparison between p24 antigen detection or conventional serological testing, it is estimated that the 40 use of NAT reduces the detection time from 22 to 11 days for HIV; from 70 to 10 days for HCV, and from 60 to 30 41 days for HBV infection (H. Sheikholeslami, et al, 2010). Additional testing for other agents or markers such as 42 anti-HTLV I, II, anti-T.cruzi, or West Nile virus (WNV) may be taking into account the epidemiological situation 43 in any given region or country or the frequency of donating blood (H.W. ??eesink, 2000). In addition to testing 44 TTI markers serologically, Nucleic Acid Testing (NAT) testing of blood donations for the virus genomes has been 45

introduced in some countries to increase the chance of identifying infected blood donors. Testing for the presence 46 of nucleic acid may be performed for viruses such as HCV, HBV, HIV, HTLV, and WNV and or Parvovirus 47 B19, and the application of this technology may be extended to other transmissible microbes (M.M. ?? Nageh,. 48 et al, 1994). Nucleic Acid Testing (NAT) require a sophisticated laboratory environment, special equipment, 49 and specially trained laboratory personnel. To supply of safe blood products for transfusion, it's compulsory 50 to introduce an advanced technology like a nucleic acid test (NAT) because of excellent clinical sensitivity and 51 good specificity to detect infected blood components as it identified pathogens prior in the 'window period' 52 than enzymes immune assay to supply of safe blood product for transfusion, it's compulsory to introduce an 53 advanced technology like a nucleic acid test (NAT) because of excellent clinical sensitivity and good specificity to 54 detect infected blood components as it identified pathogens prior in the 'window period' than enzymes immune 55 assay (WHO, GDB, 2011). Even though, it has some margin in blood components with a lesser range of viremia, 56 which can even free quantifiable by NAT. Even with this margin, the grouping of both enzymes immune assay 57 and NAT has notably condensed the hazard of pathogen spread during transfusion (WHO, Geneva, 2002). Even 58 though, it has some margin in blood components with a lesser range of viremia, which can even free quantifiable 59 by NAT(WHO, Geneva, 2012). Even with this margin, the grouping of both enzymes immune assay and NAT 60 61 reduced the hazard of pathogen spread through blood (Widman FK, 1985). Mainly because of an extraordinary 62 risk of false-positive testing results due to contamination when NATs were performed to donor samples, therefore very stringent handling and logistics are mandatory. ??WHO, 2008 ??WHO, -2015)). In contrast to testing 63 of individual blood donor specimen's serologically for TTI markers, NAT testing can be performed following 64 assembling various samples in mini-pools . (WHO, Geneva, 2014). However, this requires thoroughly validated 65 laboratory systems including samples labeling, a validated strategy and pooling process, a validated algorithm to 66 resolve pool results to individual donors. Hence, specific logistics systems shall be established at all laboratory 67 and blood transfusion services process to collect suitably label samples. (WHO, Geneva, 2011). Contiguously 68 tracing blood samples through the whole process from blood donation, through pooling samples, testing, and 69 release of the testing results may present a particularly demanding challenge. A system should exist in the country 70 or region for approval of laboratory testing systems, such as accredited laboratory or council. (WHO. ??DB, 1998 71 ??DB, -1999)). The blood transfusion department contains clinical methods and guidelines for blood screening 72 before transfusion. If the screening procedure and other regulations are not followed well, there is a possibility 73 to carry the risk of spreading blood transfusion contagious pathogens like HIV, HBV, HCV, Bacteria (syphilis), 74 75 and others (WHO Geneva, 2012). Also, there is a 1% of chance of transfusion -related infection in each unit of 76 blood even if the procedure is followed well ??WHO, 2002) .Therefore, the risk of blood transfusion -transmitted infection today is minimized than constantly, the delivery of safe blood products stays behind inquiry to infection 77 with accepted and until now to be predictable human pathogens (WHO, June 2011). 78

79 **2** II.

80 3 Main Text

In the present study were incorporated 500 blood donors. All the donors have been screened with a medical
 consultant before donation, who attended as voluntary and replacement in blood transfusion centers in all states
 from January 2014 to December 2015.

⁸⁴ **4 III.**

5 Sample Collection

Five milliliters (5ml) of venous blood were collected from each donor after taking history and clinical examination
using plain vacationer tubes during donated blood. All samples were allowed to clot formation and then were
centrifuged at 3000 rpm for 10 minutes. All serum samples were separated into sterile 2ml cry vial containers
and stored at -20°C until used. All serum samples were shipped and transported from the states to the national
blood directorate in the Khartoum within the acceptable period, and temperature using cool boxes containing
ice bags, temperature -controlled in each cool box using thermostats.

93 6 Serology

All donors samples were screened by ELISA kits from fortress diagnostic Unit 2C Antrim technology park, Antrim
BT41 IQS (United Kingdom): the least most negligible (cut off) was considered as per company guidelines for
reporting positive and negative outcomes. Actual positive and negative samples were used subjectively as an
outside run in each screening for our laboratory intention. The donated blood was discarded if the serum sample
was positive for any infectivity. The statistical analysis was done using Microsoft ware office excel 2007.
V.

100 7 Results

Two hundred samples were collected from blood donors for TTI markers (HIV, HBV, and HCV) testing. One hundred samples were collected from family replacement blood donors and another one hundred samples were collected from voluntary blood donors. All models were tested for HIV, HBV, and HCV using the ELISA technique. 4 models have positive results for HBV and one model had positive effects for HCV from the FBD group, in contrast all models from VBD were negative for TTI markers as presented in fig

106 8 Discussion

Overall average laboratory testing principle in the blood transfusion services in Sudan was found to be 54.18 107 % The world health organization (WHO) recommends that all donated blood be screened for HIV1&11, HBV, 108 HCV, and syphilis (WHO, 2009). The lowest incidence and prevalence of transfusion transmissible infections is 109 generally found among regular voluntary non-remunerated donors rather than first-time or occasional donors 110 and family replacement blood donors (WHO, ??DB reports, 2001 ??DB reports, -2002)).The tested results of 111 samples from family replacement blood donors (FRBD) show that there are 5.6% seropositive for HBV was found 112 in family replacement blood donors while in contrast the number of representatives from voluntary blood donors 113 (VBD) was found free of viral transfusion transmissible inactions such as HIV, HBV and HCV. The obtained 114 results by this study was in high agreement With results done in the African countries, and the results shows 115 that the prevalence of hepatitis B among blood donors in WHO African Region countries were 5-15% and the 116 prevalence of hepatitis C among blood donors in Cameroon 8.8%, in Tanzania and Africa 5-15% (DR Neelam, 117 June 2006).HIV causes significant health problems in sub -Saharan Africa where the prevalence of HIV among 118 blood donors ranges between 2-20% similarly: the prevalence of HCV was 4.8% in Cameron, 1.5% in Tanzania 119 (WHO, 2013). And high in Egypt 13.6 % (Martin, H and Jeffery's, 2011). Hepatitis B prevalence was 2.1% and 120 Hepatitis C, 13.6% among blood donors in Egypt (Egypt, 2016). 121

¹²² 9 VII.

123 10 Conclusion

Comparison of seroprevalence of (TTI) between family replacement and voluntary blood donors shows that there are 5.6% of family replacement blood donors has positive HBV results, which increase the risk of transfusion of infected blood in contrast all voluntary blood donors show that the testing result for (TTI) markers are negative which that the blood supply through voluntary blood donors is safest than family replacement blood donation system. The seroprevalence rate was low in voluntary blood donors compared to family replacement blood donors because regularly voluntary blood donors are safe and recommended by WHO.

130 **11 VIII.**

¹³¹ 12 Limitation of the Study

In this study, rapid and ELISA techniques were used to diagnose the infection. Although it has a specific accuracy,
 it is currently used to diagnose diseases. Also no previous studies data in Sudan were used for comparison.

¹³⁴ 13 List of abbreviations Not applicable

¹³⁵ 14 Declarations Ethical approval and consent to participant

- Approval of conducting this study was obtained from the National public health laboratory, Khartoum, Sudan.Written consent was taken from each member of the study.
- Approval of this study was obtained from the National public health laboratory, Khartoum, Sudan. Written consent was taken from each member of the study.

¹⁴⁰ 15 Consent for publication

141 Not applicable. ¹

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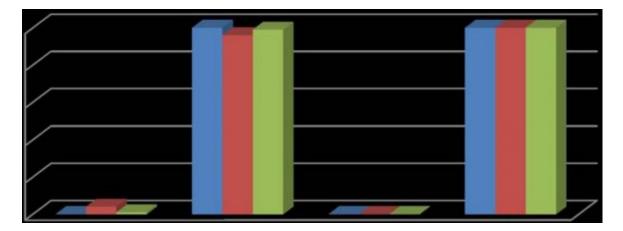


Figure 1:

142 .1 Acknowledgment

We acknowledge the support provided by technical staff from blood banks and centers in all states. Also, to all my collages in national blood transfusion center and coagulation reference laboratorynational public health laboratory. Results of tested quality parameters the samples collected from these units.

¹⁴⁶.2 Availability of data and materials

147 The datasets generated during and/or analyzed in this study are not publicly available due to the National public 148 health laboratory, Khartoum, Sudan, ethical policy to protect participant confidentiality.

¹⁴⁹.3 Competing interest

150 The authors declare that they have no competing interests.

¹⁵¹.4 Funding

No funding was obtained for this study Authors contributions KM and AA contributed to literature search and
 manuscript writing. KM had the main idea of the study and contributed to manuscript writing; EW contributed to
 clinic work; AH contributed to statistical analysis. A supervised the study and critically reviewed the manuscript
 All authors read and approved the final draft of the manuscript.

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