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1 2	Evaluation of the Protective Properties of Amlodipine, on Cisplatin Induced Cardiotoxicity in Male Rats
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7 Abstract

⁸ This study was aimed to evaluate the cardiotoxicity of cisplatin in rats and to investigate the

⁹ cardioprotective effect of amlodipine on cisplatin treated rats by using cardiac biomarkers

¹⁰ troponin, CK-MB. Thirty five healthy male swiss albino rats were used in this study. The

11 study design was divided into two patterns:Pilot study design: The animals were randomly

¹² divided into two groups, In the first treated group, all rats received cisplatin in a single dose,

¹³ while in the second treated group, rats received cisplatin in four divided doses every 2 days.

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15 Index terms— cisplatin, amlodipine, cardiotoxicity, troponin, CK-MB.

¹⁶ 1 Introduction

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18 **2** II.

¹⁹ 3 Subject and Methods

²⁰ 4 a) Animals

This study was carried out at animal house in college of medicine Babylon University in May 2012. A total of 35 adult male Albino Swiss rats aged 16-24 weeks with body weight of (170-255g) were used. The animals were obtained from Animal Resource Centre, College of Veterinary Medicine/ Baghdad University. The animals were apparently healthy and they were housed in individual cages at temperature controlled environment (25 ± 5 ?C) with an ambient humidity. Lights were maintained on a 12-h light/dark cycle. The rats received standard chow diet with water (ad libitum). Rats used in the study were maintained and handled in accordance with the Guide for the Care and Use of Laboratory Animals USA (1996).(DDDD)

ardiotoxicity is the most feared adverse effect of anticancer therapy, due to the fact that life expectancy obtained 28 as a result of the anticancer treatment, may be reduced by the death rate determined by cardiac problems arising 29 as a consequence of the treatment (1) cisplatin is an antineoplastic drug widely used for the treatment of several 30 human malignancies (as standard component of treatment regimens) including bladder cancer (2) cervical cancer 31 (3), non-small cell lung cancer (4) ovarian cancer (5) squamous cell carcinoma of the head and neck (6) testicular 32 33 cancer ??7). Nephrotoxicity of cisplatin was the main complication of cisplatin (8). Earlier studies reported 34 cardiotoxicity with cisplatin treatment (9). Cisplatin cardiotoxicity can present in a number of ways. However, 35 the most serious complication of the toxicity includes electrocardiographic changes, arrythmias, myocarditis, 36 cardiomyopathy and congestive heart failure (10) (11). Several investigators hypothesized that the C oxidative stress mechanism of cisplatin induced toxicity is related to: K a. Many studies found that rats treated with 37 cisplatin show significant elevation in plasma, heart, kidney and liver thiobarbituric acid reactive substances 38 (TBARS) while the activities of antioxidant enzymes (SOD and CAT) and the levels of glutathione (GSH) were 39 decreased. (12) b. Many report show that treatment of rats with cisplatin results in a significant increase in NO 40 production in the cardiac tissues (10). 41

i. Pilot study design After 4 weeks acclimatization period, the animals were randomly divided into 2 groups each of (7 rats/group) and treated as follows:

In the first treated group, all rats received cisplatin (10 mg/kg, i.p.) in a single dose, while in the second treated group, all rats received cisplatin (10mg/kg, i.p.) in four divided doses every 2 days.

ii. Active study design After 4 weeks acclimatization period, the animals were randomly divided into 6 groups
 (7 rats/ group) and treated as follows:

The study design was divided into two patterns: a. Normal saline (N.S) treated group All rats of this group received normal saline (1ml/kg, orally) by oral gavages once daily for 14 days.

⁵⁰ 5 b. Cisplatin treated group

51 All rats of this group received cisplatin (10mg/kg, i.p.) in 4 divided doses. c. Amlodipine treated group (5mg/kg)

⁵² plus cisplatin All rats of this group were given amlodipine (5mg/kg, orally) by oral gavages once daily for 14 days

53 before and during cisplatin (10mg/kg, i.p.) injection regimen.

⁵⁴ 6 b) Sample collection and preparation

After 24hr from the last injection of any treatment, the rats were anesthetized with phenobarbital (50mg/kg) subcutaneously. Blood samples (3ml-5ml) were obtained from each rat by an intra cardiac puncture (18). Each blood sample was placed in a plain tube and left for 15 -20 minutes at room temperature for promote blood coagulation. Serum was obtained after centrifugation at 3000 rpm for 10 minutes and preserved at -20 °C until the determination of asymmetry MB

59 the determination of serum troponin I, CK-MB.

60 7 c) Statistical analysis of data

61 Statistical analyses were performed using SPSS version 18 (19) computer program. Independent sample t test

⁶² was used to compare means between two groups. Data are expressed as means \pm standard deviation (M \pm SD). ⁶³ The (p<0.05) level of probability was chosen as a criterion for the lowest level of significance.

64 **8 III.**

65 9 Results

66 a) The effect of cisplatin (10mg/kg, i.p. single dose) on rats serum troponin concentration

The administration of cisplatin (10mg/kg, i.p. in single dose) showed no significant increase in serum troponin concentration of treated rats (0.063μ g/l \pm 0.005) when compared with that of the control group (0.05μ g/l \pm 0.005).

b) The effect of cisplatin (10mg/kg, i.p. in 4 divided doses) on rats serum troponin concentration

The administration of cisplatin (10mg/kg, i.p. in 4 divided doses) significantly (p<0.001) increased serum troponin concentration of treated rats (1.49µg/l \pm 0.1) when compared with that of the control group (0.05µg/l \pm 0.005), figure ??.

c) The effect of amlodipine (5mg/kg, orally) on cisplatin treated (10mg/kg, i.p in 4 divided doses) rats serum troponin concentration

The administration of amlodipine in a dose (5mg/kg, orally) once daily for 2 weeks before and during cisplatin (10mg/kg, i.p.) administration, significantly (p<0.001) reduced serum troponin concentration of treated rats (0.09µg/l \pm 0.04) when compared with cisplatin treated groups (1.49µg/l \pm 0.1) figure ??.

d) The effect of cisplatin (10mg/kg, i.p. single dose) on rats serum CK-MB concentration

The administration of cisplatin (10mg/kg, i.p., single dose) on rate berlam Cri hild concentration The administration of cisplatin (10mg/kg, i.p., single dose) showed no significant increase in serum CK-MB concentration of treated rates (26.48 The administration of amlodipine in a dose (5mg/kg, orally) once daily for 2weeks before and during cisplatin (10mg/kg, i.p.) administration, significantly (p<0.001) reduced serum CK-MB concentration of cisplatin treated rates (29.06IU/l \pm 2.2) when compared with cisplatin treated groups (98.26IU/l \pm 5.15) figure ??.

⁸⁵ 10 IV.

86 11 Discussion

87 Renal toxicity of cisplatin was insured by many authors such as (20) (21). The main mechanism behind this 88 selective organ toxicity is the generation of free radicals such as $(\neg O2.-, HO., NO)$ which in turn damaged 89 the renal tissues. However, cisplatin cardiotoxicity was rarely indicated. In our pilot study, we follow cisplatin 90 induced toxicity as it was introduced by (22). Our results showed a high mortality rate due to renal toxicity 91 rather than cardio-toxicity as indicated by the normal levels of cardio-selective markers (CK-MB and Troponin) 92 unlike the results of (22). From the results presented in this study, we can confirm the resistibility of cardiac 93 tissues to the Volume XIII Issue II Version I Year 013 2

94 12 ()

Evaluation of the Protective Properties of Amlodipine, on Cisplatin Induced Cardiotoxicity in Male Rats K free radical generating property of cisplatin when administered in a high dose/ single shoot. This cardiac resistibility was not insured when the drug cisplatin administered in a low dose but with more frequency and duration. These results are consistent with studies presented by (22) (23) (10), although they used a different protocol in the dose, frequency of administration and the duration (10 mg /kg, 7 mg /kg, 7 mg /kg i.p, all in single dose) respectively.

It seems obviously, that the oxidative stress plays an important role in the mediation of cardiotoxicity and this in return would influence the levels of serum cardiac markers. This fact had been proven by many worker such as (22), (??3), (10). The proposed mechanism of induced cardiotoxicity of cisplatin could be explained as in the following: During the physiological process, the mitochondrial respiratory chain continuously generates ROS. Approximately 2% of the electrons which flow along the respiratory chain escape from the chain and partially reduces molecular oxygen, originating superoxide anion (O2??).

Superoxide anion, the precursor of most of the reactive oxygen species generated in mitochondria as for 107 example hydroxyl radicals HO (24) (25). An efficient mitochondrial antioxidant defense system maintains the 108 balance between ROS generation and detoxification. Cisplatin unbalances the oxidant-antioxidant ratio by (i) 109 Augmenting ROS generation, mainly hydroxyl radical and (ii) Inhibition of the antioxidant defense system which 110 are SOD, CAT and GSH (26)) 27). These radicals can evoke extensive tissue damage, reacting with membrane 111 lipids, proteins and nucleic acids. This will lead sequencelly to an increase in leakage of cardiac enzymes such as 112 CK-MB and troponin I, which were released from damaged myocytes and considered as sensitive indicators of 113 cardiac injury (24) (28). Also, when cisplatin generates reactive oxygen species, it triggers the opening of the 114 mitochondrial permeability transition pore that permits the release of cytochrome c from mitochondria to cytosol 115 and hence it will activate the mitochondrial dependent pathway leading to apoptosis (29) (30). Additionally, 116 once in a cell, cisplatin is equated into a highly reactive form, which can rapidly react with the thiol-containing 117 118 molecules namely glutathione. Depletion of glutathione and related antioxidants by cisplatin shifts the cellular 119 redox status, leading to the accumulation of endogenous reactive oxygen species within the cells (31). The decline in GSH level in cisplatintreated rat resulted in an enhanced lipid peroxidation which is supported by an 120 increment in MDA could be another pathway for the cardiac cells damage (32). 121

The results of this study confirm the protective activity of the calcium channel blocker; amlodipine (5mg/kg, 122 orally) as indicated by the levels of studied serum cardiac biomarkers In fact, the protective effect of amlodipine 123 can be explained according to its antioxidant property which was previously provoked by (33) (34). Amlodipine 124 antioxidant activity could be related to its endogenous property as a dihydropyridine compound (physicochemical 125 properties) which has a reductant nature or hydrogen donor properties, respectively -The ability of donating 126 protons and electrons to the lipid peroxide molecules, thereby blocking the peroxidation process ??33). Also, 127 the antioxidant activity of amlodipine was attributed to both of its high lipophilicity and a chemical structure 128 that facilitates proton-donating and resonance-stabilization mechanisms that turn off the free radical reaction 129 (34). 130 V. 131

151 V.

132 **13** Conclusion

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Figure 1: Figure 1 : Figure 2 :



Figure 2: Figure 3 : Figure 4 :

 Low doses of cisplatin with more frequency and duration can induce cardiotoxicity rather than high dose/single shoot.
 Oxidative stress has a role in cisplatin induced cardiotoxicity.
 The protective effect of amlodipine is evident by the significant reduction in serum troponin, CK-MB.
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