

1 Phytochemical Analysis and Antibacterial Activities of Citrullus
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8

9 **Abstract**

10 To evaluate the phytochemical components and antibacterial potentials of Citrullus lanatus.
11 Materials and Methods: This was carried out by the crude extraction of the seeds with hot
12 water, ethanol and methanol. The extracts were used to determine the presence of
13 phytochemicals. Stock cultures of test organism such as Staphylococcus aureus, Klebsiella
14 pneumoniae, Escherichia coli, Pseudomonas aeruginosa, Bacillus cereus, Proteus mirabilis and
15 Streptococcus pyogenes were used to test the antibacterial effects of the extracts using the
16 agar well diffusion method. Results: The extracts showed presence of antibacterial activities
17 which were compared to antibacterial activity of a commercial antibiotic (Ciprofloxacin)
18 against the test organisms.

19

20 *Index terms*— citrus lanatus seed, phytochemical analysis, antibacterial activity, pathogenic microorgan-
21 isms.

22 **1 Introduction**

23 Citrullus lanatus (water melon) is the fruit of a plant originally from a vine of Southern Africa. It produces
24 about 93% water; hence name "water" melon [1]. C. lanatus is a prostrate annual plant with several herbaceous,
25 firm and stout stems. The leaves are herbaceous but rigid, becoming rough on both sides. The leaf stalks are
26 somewhat hairy and up to 150 mm long. The tendrils are rather robust and usually divided in the upper part.
27 They are monoecious with the flower stalk up to 4mm long and to 20mm in diameter; the fruit still is up to
28 50mm long [2].

29 C. lanatus seeds are increasingly used for their oil in semi-arid regions and also the use of the oil in the cosmetic
30 and pharmaceutical industry is increasing. There are also prospects for use of the seeds in the improvement of
31 infant nutrition in view of their high protein and fat content [3]. In Chinese traditional medicine, watermelon
32 rind is extensively applied to clear away heat to eliminate toxic substances and its extracts are available in
33 powdered form [4]. In Nigeria, watermelon rind is fermented, blended and consumed as juice. High antioxidant
34 activities have been reported on food products in microbial fermentation [5].

35 One generous slice of watermelon (about 1/16th of a melon) contains large amounts of vitamin C and Beta-
36 carotene which may help against various forms of cancer due to their antioxidant properties. Watermelon is also
37 high in potassium which helps regulate heart function and normalize blood pressure. It is a good source of fiber
38 also which helps maintain bowel regularity and works to prevent colon and renal cancer [5]. Emulsion obtained
39 from the seed water extract of watermelon is used to cure catarrhal infections, disorders of the bowel, urinary
40 passage and fever [6]. The plant contains large amount of betacarotene and it is a natural source of lycopene.
41 It is also rich in citrulline, an effective precursor of L-arginine [6]. Phenolic compounds are constituents of both
42 edible and non-edible parts of the plant. The seeds are sources of protein, tannins and minerals [7].

43 The antimicrobial compounds found in plants are of interest because antibiotic resistance is becoming a
44 worldwide public health concern in terms of food borne illness and nosocomial infections [8]. The plant kingdom
45 has proven to be the most useful in the world's pharmaceuticals [9]. The most important of these bioactive
46 constituents of plants includes phenol, tannin, saponin, alkaloid, flavonoid, steroids, carotenoids, and cyanogenic
47 glycosides [10]. These phytochemicals constitute the antibiotic principals of plants [9]. They are found to be
48 distributed in plants [11]. Leaves, roots, flowers, whole plants, seeds and stems have been examined in many
49 research projects, few reports refer to seeds as sources for pharmaceutical [12]. Chemical compounds including
50 alkaloids, lectins and phenolic compounds such as lactones, tannins and flavonoids are present in seeds and seed
51 coat [12], and they probably function in the protection of seeds from microbial degradation until conditions are
52 favorable for germination [13] [10].

53 Many studies suggest that endogenous antioxidant or exogenous antioxidants supplied by diet can function as
54 free radical scavengers and improve human health [14] [15] [16]. Thus consumption of a variety of plant foods
55 including watermelon seeds may provide additional health benefits [17]. Amongst all the amino acids which the
56 body requires, there are some known as essential amino acids which the body cannot produce. *C. lanatus* seeds
57 supply some of these acids including tryptophan and glutamic acids.

58 Effective health cannot be achieved in Africa, unless orthodox medicine is complemented with traditional
59 medicine. At least, 80% Africans depend on plant medicine for their healthcare [18]. Fruits and vegetables
60 have been recognized as natural sources of various bioactive compounds [19] which could be attributed to their
61 phyto-constituent such as flavonoids, fiber and phenolic compounds.

62 One of such medicinal plants is *Citrullus lanatus*.

63 Although several of its uses in traditional medicine have been documented, many of these claims are yet to
64 be validated by scientific researchers. Therefore a review of some investigated phytochemical components and
65 therapeutic activities of the plant are highlighted in this present study. Each (with filter paper imbedded) then
66 60ml of hot water, cold water, ethanol and methanol were added respectively and allowed to settle for some
67 time. The filtrate of the extracts was obtained by separation of the suspension in the filter paper. Ethanolic and
68 methanolic extracts were allowed to evaporate and stored in an airtight conical flask. The hot and cold water
69 extracts were then neatly separated and also stored.

70 2 II.

71 3 Materials and Methods

72 4 c) Phytochemical Analysis

73 The phytochemical analysis was performed using universal laboratory techniques for qualitative determination
74 [20] [21]. The phytochemical analyzed includes phenols, saponin, flavonoid, alkaloids, tannin and cyanogenic
75 glycoside. i.

76 Phenol Analysis 2g of the sample was emerged in 20ml of methanol, extracted by filtration through filter
77 paper. 1ml of the filtrate was tested by adding 1ml of Folinconcalteon plus 1ml of 20% NaCO₃, the presence of
78 dark blue color shows the presence of phenol.

79 ii.

80 5 Saponin Analysis

81 About 20ml of water was added to 10.25g of the specimen in 100ml beaker and boiled gently on a hot water bath
82 for 2 minutes. The mixture was filtered hot and allowed to cool and the filtrate used for frothing test. Frothing
83 Test About 5ml of the filtrate was diluted with 20ml of water and shaken vigorously. A stable froth (foam) upon
84 standing indicates the presence of saponins.

85 iii. Flavonoid Analysis 10ml of ethylacetate was added to about 10g of the sample and heated in a water
86 bath for 3 minutes. The mixture was cooled, filtered and the filtrate used for ammonium test. Ammonium Test
87 About 5ml of filtrate was shaken with 1ml of solute ammonia solution. The layers were allowed to separate and
88 the yellow colour in the ammoniacal layer indicates the presence of flavonoids. iv. Tannin Analysis About 5g of
89 the specimen was boiled with 40ml of water, filtered and used for the ferric chloride test.

90 Ferric Chloride Test: About 3ml of the filtrate was added to few drops of ferric chloride solution. A greenish
91 black precipitate indicates the presence of tannin.

92 6 v. Cyanogenic Glycoside Analysis

93 Fehling's Test: About 5ml of mixture of equal parts of Fehling's solution I and II were added to about 3ml of
94 the filtrate and boiled for 5 minutes. A more dense brick red precipitate indicates the presence of glycoside. The
95 isolates were screened to confirm their identities. They were sub-cultured on nutrient agar and stored on slant
96 before use [22].

7 e) Sensitivity Test

The antibacterial activity of the four (4) extracts of the *C. lanatus* seeds were tested using the Agar well diffusion techniques standardized inocula culture of the respective test organisms was spread evenly on the surface of nutrient agar plates. Wells of 6mm were aseptically punched on the agar using a sterile cork borer allowing at least 30mm between adjacent wells and the Petri dish. Different concentrations of the 4 different extracts (1000, 500, 125 and 62.5mg) of *C. lanatus* seeds were then introduced into the wells. Each extract was screened separately. The plates were incubated at 37 °C for 24hours [23]. Activity was determined by measuring the diameter of the zone of inhibition produced by the extracts against the test organisms.

The different concentrations were used for determine the minimum inhibitory concentration using Mueller Hinton Agar.

8 III.

9 Results

Table 1 shows the phytochemical components of watermelon seed extracts. The presence of phenol, saponin, tannin, flavonoid and cyanogenic glycosides were observed. Amongst the observed phyto-components, only cyanogenic glycoside was not present in the ethanol extracts.

10 Discussion

The phytochemical analysis showed the presence of phenol, saponin, flavonoid, alkaloid and cyanogenic glycoside. The presence of these phytochemicals has been linked with the antibacterial activity of plants and plants that contain them in higher amount are considered to be superior in their antimicrobial activity [24] [25] [21].

The result of antibacterial activity of the extract against selected human pathogens indicated that the plant sample was active against a wide variety of human pathogenic bacteria. Ethanol extracts exhibited the highest inhibitory effect followed by methanol, hot water and cold water in that trend. This result agrees with the findings made by [26] where ethanol extract proved active in inhibition of the tested organisms than other extraction solvents. The low inhibition effect shown by the aqueous extracts as compared to ethanol and methanol could be due to the fact that these phytochemicals are more soluble in ethanol and methanol than in water or that the hot water could have caused the denaturing of the active components.

However, most of the Gram negative organism e.g. *E. coli* showed high susceptibility than most of the Gram positive. The higher susceptibility of the Gram negative bacteria is difficult to explain in the study considering the observation of [27] that the Gram negative bacteria appear to be more resistant to antimicrobial agents than the Gram positive bacteria. This resistance has been observed to reside in the complex cell wall and cell membrane structure. More so, more antibacterial activities were observed with high concentration of the extracts than at lower concentrations. Activity even at low concentration indicates high potency of the extract against the microorganism.

V.

11 Conclusion

These results gotten from the phytochemical analysis and antibacterial activity of the watermelon seed extracts supports the application of the extracts in ethno-medicine and will serve as a good source in pharmaceutical productions against some pathogenic microorganisms. Key:

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Figure 1:

1

Component	Cold Water Extract	Hot Water Extract	Methanol Extract	Ethanol Extract
Phenol	+	+	-	+
Saponin	-	+	+	+
Tannin	-	-	+	+
Flavonoid	+	+	+	+
Alkanoid	+	+	-	+
Cyanogenic glycoside	+	-	+	-

Key: + = present, -= absent

Table 2 shows the zone diameter of growth inhibition of the test organisms by methanolic extracts at different concentrations. There was no inhibitory effect observed against any of the test organisms at 62.5mg/ml concentration. At 125mg/ml, *B. cereus*, *P. aeruginosa* and *Proteus mirabilis* were not inhibited. There were inhibitory effects against all the test organisms at concentrations of 250-1000mg. The MIC value range from 125-250mg/ml. the zone diameter of

growth inhibition of test organism by ethanolic extracts at different concentrations are shown in table 3. Concentrations of 250, 500, and 1000mg/ml inhibited all the organisms. Only *B. cereus* was not inhibited at 125mg/ml concentration while at 62.5mg, only *S. aureus*, *Proteus mirabilis* and *Streptococcus pyogenes* were inhibited. The MIC value ranged from 62.5-125 mg/ml.

Figure 2: Table 1 :

2

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MIC
(Mg/ml)

Pathogen	Diameter Zone Inhibition (mm)					MIC (Mg/ml)
	1000	500	250	125	62.5	
Staphylococcus aureus	30	17	9	3	0	1.25
Klebsiella pneumoniae	28	18	9	1	0	250
Escherichia coli	31	19	8	3	0	125
Pseudomonas aeruginosa	29	15	6	0	0	250
Bacillus cereus	25	14	8	0	0	250
Proteus mirabilis	20	9	3	0	0	250
Streptococcus pyogenes	24	18	8	4	0	125

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Figure 3: Table 2 :

3

Figure 4: Table 3 :

4

Figure 5: Table 4 :

5

Pathogen	Diameter Zone Inhibition (mm)		
	1000	500	250125
Staphylococcus aureus	29	19	9 5
Klebsiella pneumonia	29	19	8 2
Escherichia coli	30	18	8 3
Pseudomonas aeruginosa	20	16	7 2
Bacillus cereus	28	15	7 0
Proteus mirabilis	32	21	7 6
2014 Streptococcus pyogenes	30	22	9 5

Year

24

Volume XIV Issue IV Ver-	Pathogen	Staphylococcus aureus	Diameter Zone Inhibition (mm)	Concentrations (mg/ml)
sion I	Klebsiella pneumonia	Escherichia coli		100
() C	Pseudomonas aeruginosa			
Medical	Bacillus cereus	Proteus mirabilis		
Re-	Streptococcus pyogenes			

sion I
() C

Medical Diameter Zone Inhibition (mm)

Re-
search

Global Jour- nal of	Pathogen	Staphylococcus aureus	1000 28 26 27 24	Concentrations (mg/ml)	500 250 125 15
	Klebsiella pneumonia	Escherichia coli			
	Pseudomonas aeruginosa				

Bacillus cereus	23	11	5 1
Proteus mirabilis	20	9	3 0
Streptococcus pyogenes	20	10	5 0

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Figure 6: Table 5 :

6

Figure 7: Table 6

6

C.W.E-Cold Water Extract	H.W.E-Hot Water Extract	E.E-Ethanol Extract
M.E	-Methanol Extract	CIP -Ciprofloxacin
IV.		

Figure 8: Table 6 :

Pathogen	C.W.E		H.W.E		M.E		E.E		CIP		Year
	1000mg		1000mg		1000mg		1000mg		1000mg		
Staphylococcus aureus	28		27		30		29		34		
Klebsiella pneumonia	26		25		28		29		36		
Escherichia coli	27		29		31		30		38		
Pseudomonas aeruginosa	24	22	25	24	29	29	30	28	32	29	2014
Bacillus cereus	20	20	21	23	25	24	32	30	30	39	
Proteus mirabilis											
Streptococcus pyogenes											

Figure 9:

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