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1	Glutathione S-Transferase Activity of Three Erythrocyte
2	Genotypes of Human Participants Treated with
3	Pyrimethamine/Sulphadoxine and Quinine
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#### 8 Abstract

29

Studies to ascertain levels of erythrocyte glutathione S-transferase (Ery-GST) activity of 9 non-malarious and malarious male participants of HbAA, HbAS and HbSS erythrocyte 10 genotypes treated with pyrimethamine/sulphadoxine mixture and quinine were carried out. 11 Incubation of erythrocytes with 1-chloro-2, 4-dinitrobenzene (CDNB) caused quantitative 12 conjugation of reduced glutathione (GSH) to produce S-(2, 4-dinitrophenyl) glutathione, 13 which formed the bases for the measurement of Ery-GST activity using a spectrophotometer. 14 Blood samples were drawn from treated non-malarious and malarious participants at time 15 intervals of 0, 3, 6 and 18 h and measured for Ery-GST activity. The control values of 16 Ery-GST activity of non-malarious and malarious participants were within the ranges of 3.27 17  $\pm 0.13$  â??" 12.50  $\pm 1.58$  IU/gHb and 2.75  $\pm 0.16$  â??" 12.21  $\pm 1.20$  IU/gHb respectively. 18 Ery-GST activity of malarious participants was significantly (p < 0.05) lower than that of the 19 malarious participants, except that of parasitized HbSS erythrocytes. Generally, Ery-GST 20 activities in the presence of the two antimalarials exhibited a biphasic profile. The first phase 21 showed decreasing levels of Ery-GST activity at t < 6 h following the administration of 22 pyrimethamine/sulphadoxine mixture and quinine to the non-malarious and malarious 23 participants. In the second phase, Ery-GST activity increased when experimental t > 6 h. The 24 overall pattern of Ery-GST activity within the experimental time (0 < t < 18 h) showed 25 evidence of antimalarial induced disturbance of erythrocyte homeostasis, which could be of 26 relevance from toxicological standpoints and for monitoring therapeutic events in malarial 27 disease. 28

<sup>30</sup> **Index terms**— glutathione S-transferase activity, erythrocytes, pyrimethamine/sulphadoxine, quinine, 1-31 chloro-2, 4- dinitrobenzene (CDNB).

Introduction yrimethamine (250 mg)/sulphadoxine (50 mg) mixture is commonly used for prophylaxis and 32 33 treatment of certain strains of Plasmodium falciparum that are resistant to chloroquine (Bray et al., 1998) and 34 usually sold under the trade mark name of Fansidar TM . The drug combination effectively blocks two malarious 35 male participants of HbAA, HbAS and HbSS erythrocyte genotypes treated with pyrimethamine/sulphadoxine mixture and quinine were carried out. Incubation of erythrocytes with 1-chloro-2, 4-dinitrobenzene (CDNB) 36 caused quantitative conjugation of reduced glutathione (GSH) to produce S-(2, 4-dinitrophenyl) glutathione, 37 which formed the bases for the measurement of Ery-GST activity using a spectrophotometer. Blood samples were 38 drawn from treated non-malarious and malarious participants at time intervals of 0, 3, 6 and 18 h and measured 39 for Ery-GST activity. The control values of Ery-GST activity of non-malarious and malarious participants were 40 within the ranges of  $3.27 \pm 0.13$  -12.50  $\pm 1.58$  IU/gHb and  $2.75 \pm 0.16$  -12.21  $\pm 1.20$  IU/gHb respectively. 41

#### 4 F) ERYTHROCYTES HAEMOLYSATE HAEMOGLOBIN CONCENTRATION

Ery-GST activity of malarious participants was significantly (p < 0.05) lower than that of the malarious 42 participants, except that of parasitized HbSS erythrocytes. Generally, Ery-GST activities in the presence of 43 the two antimalarials exhibited a biphasic profile. The first phase showed decreasing levels of Ery-GST activity 44 45 at t < 6 h following the administration of pyrimethamine/sulphadoxine mixture and quinine to the non-malarious and malarious participants. In the second phase, Ery-GST activity increased when experimental t > 6 h. The 46 overall pattern of Ery-GST activity within the experimental time (0 < t < 18 h) showed evidence of antimalarial 47 induced disturbance of erythrocyte homeostasis, which could be of relevance from toxicological standpoints and 48 for monitoring therapeutic events in malarial disease. 49

Enzyme studies have revealed a collection of protein molecules with common characteristic high affinity for 50 reduced glutathione (GSH). Several of these protein molecules have been isolated from rat and human liver 51 (Ketley et al., 1975; ??wasthiet al., 1981;Hayes and Pulford, 1995), pigeon, locust gut, housefly and other 52 sources ??Ketleyet al., 1975) and characterized. These protein molecules are classified based on their enzymatic 53 activities as glutathione Stransferase (GST: EC: 2.5.1.18) (Jacoby, 1976). The functions of GSTs are classified into 54 two general categories (Harvey and Beutler, 1982). As intracellular binding proteins (Mannervik and Danielson, 55 1988;Hiller et al., 2006), GSTs on a broad scale function as solubilizing and transport proteins, analogous to 56 57 the extracellular functions of albumin (Boyer and Oslen, 1991;Oakley et al., 1999). Also, GSTs catalyze the 58 conjugation of electrophilic groups of hydrophobic drugs and xenobiotics to form glutathione-thioethers (Board 59 et al., 1990). Thio-ethers are eventually converted to mercapturic acid by the sequential actions of gamma-60 glutamyl transpeptidase, depeptidase and Nacetylase ??Habiget al., 1974;Mannervik and Danielson, 1988).

#### 61 **1 al., 1999**

62 ). The present study ascertained the comparative levels of erythrocyte glutathione Stransferase (Ery-GST)
 63 activity of non-malarious and malarious male participants of HbAA, HbAS and HbSS erythrocyte genotypes
 64 treated with pyrimethamine/ sulphadoxine mixture and quinine.

## 65 **2** II.

Materials and Methods a) Anti-malarials Fansidar TM (Swiss (Swipha) Pharmaceuticals Nigeria Ltd) and quinine
 (BDH, UK), were purchased from Cimpok Pharmaceuticals, Amakhohia, Owerri, Nigeria.

## 68 3 c) Ethics

The Ethical Committee of University of Port Harcourt, Port Harcourt, Nigeria, approved the study in compliance 69 with the Declaration on the Right of the Patient (WMA, 2000). Before enrolment for the study, the 70 patients/participants involved signed an informed Consent Form. Blood samples were drawn, using 5.0 mL 71 capacity disposable syringes, from treated nonmalarious and malarious participants at time intervals of 0, 3, 6 72 and 18 h. Erythrocytes were separated from the blood samples and washed by centrifugation methods of Tsakiris 73 et al., (2005) with modifications according to Chikezie, (2011). Within 15 min of collection of blood samples, 74 portions of 3.0 mL of the samples were introduced into centrifuge test tubes containing 3.0 mL of buffer solution 75 pH = 7.4: 250 mM tris (hydroxyl methyl) amino ethane-HCl (Tris-HCl)/140 mM NaCl/1.0 mM MgCl 2 /10 mM 76 glucose). The erythrocytes were separated from plasma by centrifugation at 1200 x g for 10 min and washed 3 77 78 times by the same centrifugation method with the buffer solution. The pelleted erythrocytes were re-suspended in 79 3.0 mL of phosphate buffer saline (PBS) solution and passed twice through newly packed columns (3.5 cm in a 30 mL syringe) of cellulose-microcrystalline cellulose (ratio 1:1; w/w) to obtain erythrocyte suspension sufficiently 80 devoid of leucocytes and platelets. The pelleted erythrocytes were finally re-suspended in 6.0 mL of PBS to 81 obtain approximately 10% haematocrit according to Chikezie et al., (2012). A 2.0 mL portion of the separate 82 pelleted erythrocyte genotypes were lysed by freezing/thawing as described by Galbraith and Watts, (1980) and 83 Kamber et al., (1984). The erythrocyte haemolysate was used for the measurement Ery-GST activity. e) Malaria 84 parasite density test Portion of 2.0 mL of the blood samples were collected into EDTA bottles for malaria parasite 85 tests. Measurement of parasite density of peripheral blood smear was by Giemsa stained techniques. The films 86 were examined microscopically using  $\times 100$  objective under oil immersion (Cheesbrough, 1998). Participants with 87 parasitaemia levels within the range of 1000 to 9999/?L were used for the present study. 88

## <sup>89</sup> 4 f) Erythrocytes haemolysate haemoglobin concentration

90 A modified method (Baure, 1980), based on cyanomethaemoglobin reaction was used for the determination of 91 haemolysate haemoglobin concentration. The expressed values were in grams per deciliter (g/dL). A 0.05 mL 92 portion of erythrocyte haemolysate b) Selection of participants/experimental design Fifteen (n = 15) malarious 93 males (59 - 79 kg) infected with antimalarial susceptible strain of Plasmodium falciparum and twenty (n = 20) 94 nonmalarious male participants (61 -73 kg), both of confirmed HbAA, HbAS and HbSS genotypes enrolled for this study. The malarious participants were individuals attending clinics at the Federal Medical Center (FMC), 95 St. John Clinic/Medical Diagnostic Laboratories, Avigram Medical Diagnostic and Research Laboratories, and 96 Qualitech Medical Diagnostic Laboratories. All laboratory investigations were carried out at Avigram Medical 97 Diagnostic and Research Laboratories, Owerri, Imo State, Nigeria. The malarious participants were within 98 the age brackets of 21 -34 years old, whereas the non-malarious participants were within the age brackets of 99

<sup>100</sup> 20 -28 years old. All participants were administered with single dose of pyrimethamine/sulphadoxine mixture <sup>101</sup> and quinine, each according to the following specifications, [pyrimethamine] = 14.9 mg/kg: [sulphadoxine] = 2.9 <sup>102</sup> mg/kg and [quinine] = 5.9 mg/kg. Specifically, nine (n = 9) and six (n = 6) of the malarious participants received <sup>103</sup> pyrimethamine/sulphadoxine mixture and quinine respectively. For comparative study, the 20 nonmalarious <sup>104</sup> participants were administered with the same doses of the two antimalarials, of which eleven (n = 11) and nine <sup>105</sup> (n = 9) of the participants received pyrimethamine/sulphadoxine mixture and quinine respectively.

# <sup>106</sup> 5 d) Collection of blood specimen and preparation of erythro <sup>107</sup> cyte haemolysate

The participants were randomly selected between June and August 2012. Exclusion criteria include; gastrointestinal tract infection, protein energy malnutrition, renal diseases, cirrhosis, hepatitis, obstructive jaundice, cancer, diabetes mellitus, hypertension, obesity, smoking, alcoholism, persons living with HIV, patients taking anti-malaria drugs and vitamin supplements, patients who have been treated for malaria in the past 2 months

112 (Onyesom and Onyemakonor, 2011; Idonijeet al., 2011).

## <sup>113</sup> 6 g) Erythrocyte glutathione S-transferase

Ery-GST activity was measured by the method of Habig et al., (1974) as described by Pasupathi et a l., (2009) 114 with minor modifications according to Chikezie et al., (2009). The reaction mixture contained 1.0 mL of 0.3 115 mM phosphate buffer (pH = 6.5), 0.1 mL of 30 mM 1chloro-2, 4-dinitrobenzene (CDNB) and 1.7 mL of distilled 116 water. After pre-incubating the reaction mixture at 37°C for 5 min, the reaction was started by the addition 117 of 0.1 mL of erythrocyte haemolysate and 0.1 mL of GSH substrate. The absorbance was measured at time 118 intervals of 30 s for 5 min at 2max = 340 nm. Ery-GST activity was expressed in international unit per gram 119 haemoglobin (IU/gHb) using an extinction coefficient (?) of 9.6 mM -1 cm -1 in a reaction mixture in which 1 120 mole of GSH was oxidized (Equation ??). 121

## <sup>122</sup> 7 Calculation of Ery-GST activity

Where, E A = Enzyme activity in IU/gHb [Hb] = Haemolysate haemoglobin concentration (g/dL) OD/min = Change per min in absorbance at 340 nm. V C = Cuvette volume (total assay volume) = 3.0 mL. V H = Volume of haemolysate in the reaction system (0.05 mL).

## <sup>126</sup> 8 h) Statistical analyses

The experiments were designed in a completely randomized method and data collected were analyzed by the analysis of variance procedure while treatment means were separated by the least significance difference (LSD) incorporated in the statistical analysis system (SAS) package of ??.1 version (2006). The correlation coefficients between the results were determined with Microsoft Office Excel, 2010 version.

## <sup>131</sup> **9 III.**

#### 132 10 Results

The reference values of Ery-GST activity of male participant of HbAA, HbAS and HbSS genotypes is presented in Table ??. Ery-GST activity of the human erythrocyte genotypes was in the order: HbSS > HbAS > HbSS. The control values of Ery-GST activities of nonmalarious and malarious male participants were within the ranges of  $3.27 \pm 0.13 - 12.50 \pm 1.58$  IU/gHb and  $2.75 \pm 0.16 - 12.21 \pm 1.20$  IU/gHb respectively. Means with the different letters are significantly different at p > 0.05. NMAL: non-malarious participants; MAL: malarious participants; PS: pyrimethamine/sulphadoxine mixture; Q: quinine; n: number of male participants.

A comparative overview of Ery-GST activities of three erythrocyte genotypes of participants treated with 139 pyrimethamine/sulphadoxine mixture and quinine, within the experimental time intervals of 0 h < t < 18 h, are 140 NaCN and 300 mg K 4 Fe(CN) 6 per liter). The mixture was left to stand for 10 min at room temperature ('25' 141 '±'and '5°C') and absorbance read at 2max = 540 nm against a blank. The absorbance was used to evaluate 142 haemolysate haemoglobin concentration by comparing the values with the standards. Equation ??Figure ?? 143 : Relative erythrocyte glutathione S-transferase activity of HbAA genotype of male participants administered 144 with pyrimethamine/sulphadoxine mixture and quinine. NMAL PS: non-malarious male participants admin-145 istered with pyrimethamine/sulphadoxine mixture; MAL PS: malarious male participants administered with 146 pyrimethamine/sulphadoxine mixture; NMAL Q: non-malarious male participants administered with quinine; 147 148 MAL Q: malarious male participants administered with quinine Prior to administration of the two antimalarials to the participants, Ery-GST activities of the three genotypes were in the increasing order: HbSS > HbAS >149 150 HbSS. The profiles of Ery-GST activities of the three erythrocyte genotypes were irrespective of malarial status of 151 the participants. However, there was no with pyrimethamine/sulphadoxine mixture and quinine. NMAL PS: nonmalarious male participants administered with pyrimethamine/sulphadoxine mixture; MAL PS: malarious male 152 participants administered with pyrimethamine/sulphadoxine mixture; NMAL Q: non-malarious male participants 153 administered with quinine; MAL Q: malarious male participants administered with quinine significant difference 154

(p > 0.05) in Ery-GST activity between HbAA and HbAS erythrocytes (Figures 1 and 2). Furthermore, Ery-GST activities of parasitized erythrocytes were significantly (p < 0.05) lower than that of non-malarious participants, except Ery-GST activity of HbSS erythrocyte genotype. Ery-GST activity of malarious participants of HbAS genotype gave the lowest level enzyme activity at t = 6 h following the administration of quinine (Figure 2), whereas malarious participants of HbSS genotype gave peak Ery-GST activity =  $12.58 \pm 1.50 \text{ IU/gHb}$  at t = 18 h (Figure 3).

<sup>161</sup> **11 IV.** 

#### 162 **12** Discussion

The present report showed that Ery-GST activity of the human erythrocyte genotypes was in the order: HbSS 163 > HbAS > HbSS (Table ??), which was in concordance with previous findings (Anosike et al., 1991). According 164 to Shalev et al., (1995), comparative raised levels of Ery-GST activity of HbSS genotype was the outcome of 165 corresponding raised levels of oxidants in this erythrocyte genotype. The intermediate level of Ery-GST activity 166 of HbAS erythrocytes was a reflection of the hybrid nature of heterogeneous erythrocyte (Anosike et al., 1991). 167 decreased levels of enzyme activity compared to corresponding Ery-GST activity of non-malarious participants 168 (Figures 1 and 2), which corroborated the findings of Sohail et al., (2007). Therefore, low level of Ery-GST 169 activity probably served as host defense strategy against the malarial parasites through upregulation of oxidative 170 protection mechanisms. In addition, Ery-GST activity served as a biomarker for diagnostic and therapeutic 171 events in malaria. For similar purposes and reasons, reports have equally shown that patients infected with the 172 malarial parasites (Becker et al., 2004 with pyrimethamine/sulphadoxine mixture and quinine. NMAL PS: non-173 malarious male participants administered with pyrimethamine/sulphadoxine mixture; MAL PS: malarious male 174 participants administered with pyrimethamine/sulphadoxine mixture; NMAL Q: non-malarious male participants 175 administered with quinine; MAL Q: malarious male participants administered with quinine 176

Generally, the patterns of Ery-GST activities in the presence of the two antimalarials exhibited a biphasic profile. The first phase showed decreasing levels of Ery-GST activity within t < 6 h following the administration of pyrimethamine/sulphadoxine mixture and quinine to the non-malarious and malarious male participants. In the second phase, Ery-GST activity increased when the experimental t > 6 h.

Human GST activity, though not routinely assayed in clinical laboratories, could serve as a useful marker enzyme in diagnostic pathology. For instance, over-expression of GST in erythrocytes of patients with chronic renal failure (Galli et al., 1999) and uremia (Galli et al., 1999;Carmagnol et al., 1981) have received immense attentions and documentations. Patients with hepatocellular damage present elevated plasma GST activity (Mulder et al., 1999; Beckett and Hayes, 1993).

In addition, low GST activity consequent upon impaired placental detoxification pathways may represent a risk 186 factor for recurrent early pregnancy loss (Zusterzeel et al., 2000) and as an indicator of oxidative stress at birth 187 (Neefjes et al., 1999). The level of expression of GST could provide useful diagnostic parameter in carcinoma of 188 the breast (Forrester et al., 1990) and bladder (Engel et al., 2002). Sarin et al., (1993) revealed that parasitaemia 189 caused decreased levels of enzyme activities associated with the glutathione system such as glutathione peroxidase 190 (GPx), glutathione reductase (GRx) and GST activities of erythrocyte lysates. Accordingly, the present study 191 showed that Ery-GST activities of parasitized erythrocytes of HbAA and HbAS genotypes exhibited significant 192 (p < 0.05) visceral Leishmaniasis (Neupane et al., 2008) exhibited lower plasma levels of reactive oxygen and 193 nitrogen species (RONS) antagonist such as glutathione (GSH), catalase and ?-tocopherol than in the control 194 groups. Therefore, inoculation of malarial parasites into biologic systems, most probably, elicits the production of 195 reactive oxygen species (ROS) as a part of host defense strategy against the invading parasites (Becker et al., 196 2004). The between the non-malarious and malarious participants of HbSS genotype (Figure 3), implied that 197 the host HbSS erythrocytes did not turn on the oxidative upregulatory pathways that are involved in the control 198 measures and elimination of the parasite. Expectedly, the perpetual high oxidative state of HbSS erythrocytes 199 (Anosike et al., 1991) provided and sustained the requisite anti-fecundity capabilities of this erythrocyte genotype 200 against the malarial parasites. 201

#### <sup>202</sup> 13 Previous investigations by

Furthermore, low levels of Ery-GST activity of malarious participants was in connection with malarial pathophysiology described elsewhere ??Dubios et al., 1995, Liebau et al., 2002). The ingestion and degradation of large quantities of haemoglobin by malarial parasite elicits the generation of potentially parasitotoxic FPIX.

Accordingly, FPIX efficiently binds to P. falciparum GST (pfGST) (Harwaldt et al., 2002) as well as to Ery-GST, preferably to the GST-GSH complex (Hiller et al., 2006), and thereby, engenders uncompetitive inhibition of the GSTs. toxicological standpoints and for monitoring therapeutic events in malarial disease. nonsignificant difference (p > 0.05) in Ery-GST activity In the first phase enzyme activity profile, Ery-GST showed decreasing level of activity with progression of experimental time, which was in concordance with previous reports (Mannervik and Danielson, 1988;Ayalogu et al., 2001;Hiller et al., 2006).

The second phase showed evidence of recovery and activation of Ery-GST activity, exemplified by increasing level of the enzyme activity with increasing experimental time. The positive activation of Ery-GST activity in the second phase of Ery-GST activity profile was the outcome of generation and accumulation of ROS associated with

- the molecular events of the first phase enzyme activity profile. Therefore, ROS induced positive activation of Ery-
- GST activity served as a measure to detoxify and neutralize the cytotoxic ROS, in efforts to restore erythrocyte
- 217 homeostasis. In agreement with the present findings, Hayes and Pulford, (1995) had proposed that cellular
- 218 GST activity was under the regulatory mechanism of ROS and activation of GST activity can be considered as
- an adaptive response for the detoxification of cytotoxic carbonyl-, peroxide and epoxide-containing metabolites released in the cell by oxidative stress.
- 221 The overall pattern of Ery-GST activity within the experimental time (0 < t < 18 h) showed evidence
- of antimalarial induced disturbance of erythrocyte homeostasis, which could be of relevance from human erythrocytes incubated in aqueous leaf extract of Nicotiana tabacum product. Free Radical and Antioxidants 2 (4):56-61.



Figure 1: Table 1:3.



Figure 2:

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