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In Vivo Anti-Inflammatory and in Vitro Antioxidant Activities of Toona Ciliata Leaves Native to Bangladesh

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8 Abstract

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The study was performed to assess the antiinflammatory, antioxidant activities and identify 9 the polyphenols of Toona ciliata grown in Bangladesh. Antiinflammatory activity was 10 examined by the methods of carrageenan and histamine-induced paw edema. At the dose of 11 400 mg/kg, effective anti-inflammatory activity (P<0.01) was observed in rats for both the 12 test models of carrageenan and histamine-induced paw edema, compared to indomethacin. In 13 ABTS scavenging assay, IC50 value was found significant (5.50?g/ml) compared to ascorbic 14 acid (12.01?g/ml). The maximum absorbance of reducing power was obtained 0.4939 at 15 250?g/ml relative to ascorbic acid (1.1115?g/ml). Total antioxidant capacity, total phenolic 16 and flavonoid content were found to be 357.1 mg/g ascorbic acid, 239.2 mg/g gallic acid, and 17 98.36 mg/g quercetin equivalent, respectively. During HPLC analysis, catechin and ellagic acid 18 were determined in considerable amounts (825.95 and 416.70 mg/100g extract, respectively). 19 The findings suggest that Toona ciliata could be a potential source of natural antioxidant. 20

36 **1 II.**

³⁷ 2 Materials and Methods

³⁸ 3 a) Plant material

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Index terms— toona ciliata, free radical scavenging, antiinflammatory, hplc, epicatechin, p-coumeric acid, rutin hydrate.

including toonacilin and the leaves hold a considerable glycoside, tannins, flavonoids, phenolic compounds, 24 triterpenoids and steroids. (5) In addition, three new norlimonoids, two new tirucallane-type triterpenoids, 25 and a new pimaradiene-type diterpenoid, along with two known limonoids and eight known tirucallane-type 26 triterpenoids, were isolated from the leaves and twigs of T. ciliata. (5,6) The plant T. ciliata possess many 27 important biological properties that account for it's traditional uses in medicinal treatments, construction 28 purpose, dye preparation, etc. (7) The flowers are used to produce dye, which are worn around Asia as color 29 silk. T. ciliata barks are useful in chronic dysentery, ulcer, leprosy, fever, headache, blood complaints, etc. (8) 30 The plant has been reported to exhibit significant antibacterial, antifungal, anticancer, antiulcer, anti-tumor, 31 analgesic, anti-microbial, gastro protective and cytotoxic activity. (9,10,11) The ethanol leaf extract of T. ciliata 32 was studied for its inhibitive effects on protein non-enzymatic glycation. (12) The aim of the present work is 33 to determine the anti-inflammatory, antioxidant activities and identify the bioactive polyphenolic compounds by 34 HPLC in the ethanol extract of Toona ciliata leaves grown in Bangladesh. 35

³⁹ Fresh leaves were collected in May 2013 from Khulna, Bangladesh. Leaves of T. ciliata were washed, dried in the ⁴⁰ shade to minimize loss of volatile constituents and reduced to powder with a grinder.

41 **b**) Extraction

Collected fresh leaves were separated from undesirable materials and washed with water before letting it stand 42 under the sun for a week. The dried leaves were coarsely powdered with the help of a grinder (Capacitor start 43 motor, Wuhu motor factory, China). About 400g of the powered material was taken in a clean, flat-bottomed 44 glass container and soaked in 1000 ml of ethanol. The container along with its contents Introduction oona 45 ciliata (T. ciliata), also commonly known as the red cedar, toon or toona, Burma cedar, Indian cedar or Indian 46 mahogany, is a forest tree in the mahogany family (Meliaceae). It grows widely in the regions of southern Asia 47 and Australia. (1, 2) These are usually large plants that grow up to a height of 25 to 35 m and the leaves are 48 alternate and pinnetely veined with asymptrical base and an acute apex. (3) Studies on the transverse section 49 of the bark of T. ciliata revealed the presence of periderm, cortex, sclerides, medullary rays and phloem fiber. 50 (4) The barks were also found to contain tetranortriterpenoids, T amount of aromatic compounds like coumarin, 51 , was sealed and left to stand for a period of 7 days with continuous stirring by an orbital shaker. The mixture 52 was first filtered in a clean cotton plug to remove any plant debris, and then through Whatman filter paper no. 53 1 (Bibby RE200, Sterilin Ltd., UK). The filtrate was concentrated by rotary vacuum evaporator (R-210, Buchi, 54 Switzerland) and dried. The sample rendered 51g of greenish gummy concentrate (12.75%) and was designated 55 as the crude ethanol extract. 56

57 5 c) Chemicals

Gallic acid (GA), (+)-catechin hydrate (CH), vanillic acid (VA), caffeic acid (CA), (-)-epicatechin (EC), pcoumaric acid (PCA), rutin hydrate (RH), ellagic acid (EA), quercetin (QU), ascorbic acid, ABTS, folinciocalteu's
phenol reagent, carrageenan and histamine were purchased from Sigma-Aldrich (St. Louis, MO, USA).
Acetonitrile (HPLC), methanol (HPLC), acetic acid (HPLC), ethanol, trichloroacetic acid (TCA), phosphate
buffer (pH 6.6), potassium ferricyanide [K3Fe(CN)6], ferric chloride (FeCl3), sodium phosphate, EDTA,
ammonium molybdate and sodium carbonate were of analytical grade and purchased from Merck (Darmstadt,
Germany).

65 6 d) Test animals & drugs

For the screening of in vivo anti-inflammatory activity, male rats of Wister strain weighing 175-205 g were used. The animals were housed under standard laboratory conditions maintained at $25 \pm 1^{\circ}$ C and under 12/12 h light/dark cycle and feed with Balanced Trusty Chunts and water ad libitum. All experimental protocols were in compliance with Bangladesh Council of Scientific and Industrial Research (BCSIR) ethics committee on Research in animals as well as internationally accepted principles for laboratory animal use and care.

The standard drug, Indomethacin was used for this study and purchased from Square Pharmaceuticals Ltd,Bangladesh.

73 7 III. Anti-Inflammatory Activity Test a) Carrageenan-induced

74 oedema

The activity of T. ciliata ethanol leaf extract was evaluated using the carrageenan induced hind paw edema 75 model. (13) The rats were divided into four groups (five rats per group). Group I (control) was given 1% tween 76 80 in normal saline (10 ml/kg), while Group II (positive control) received 10 mg/kg body wt. of indomethacin 77 orally. Group III and IV were injected with 200 and 400 mg/kg body wt. of T. ciliata orally, respectively. 78 Acute inflammation was induced in all the four groups by sub plantar injection of 0.1 ml of its suspension of 79 carrageenan with 1% tween 80 in normal saline in the right paw of the rats, 1 h after the oral administration of 80 the tested materials. The paw volume was measured with a micrometer screw gause at 1-hour interval after the 81 administration of the drug and the extract. The percentage inhibition of inflammatory effect of the extract was 82 calculated using the following expression: 83

Percentage inhibition of inflammation = $[(Vc-Vt)/Vc] \times 100$, where Vc is the average degree of inflammation by the control group and Vt is the average degree of inflammation by the test group.

⁸⁶ 8 b) Histamine-induced oedema

87 The activity of the T. ciliata extract was evaluated with histamine-induced paw edema model. (14) The paw 88 oedema was generated by injecting 0.1% histamine solution sub-plantarly into the left hind paw of each mice at 89 a dose of 0.1 ml. Twenty rats were divided into four groups of five animals each. Group I (control) was supplied 90 with 1% tween 80 in normal saline (10 ml/kg). Group II (positive control) received 10 mg/kg body wt. of indomethacin orally. Group III and IV were given 200 and 400 mg/kg body wt. of T. ciliata orally, respectively. 91 Acute inflammation was induced in all the four groups by sub plantar injection of 0.1 ml of histamine with 1%92 tween 80 in normal saline in the right hind paw of the rats, 1 h after the oral administration of the tested materials. 93 The paw volume was measured with a micrometer screw gause at 1, 2, 3 and 4 h after the administration of the 94 drug and the extract. The percentage inhibition of inflammatory effect of the extract was calculated using the 95

 $_{\rm 96}$ $\,$ same formula as for calculating the carrageenan-induced paw oedema.

97 **9** IV.

⁹⁸ 10 Antioxidant Activity Test a) ABTS radical scavenging ac ⁹⁹ tivity test

The method of decolourisation of free radical ABTS + was performed according to Fan et al. with some 100 modifications. (15) ABTS radical cation was prepared by mixing 7 mM ABTS solution with 2.45 mM potassium 101 persulfate. The mixture was allowed to stand for 12-16 h at room temperature in the dark until reaching a 102 stable oxidative state. The ABTS solution was diluted with ethanol to an absorbance of 0.70 ± 0.02 with pH 103 7.4 phosphate buffered saline (PBS) solution at 734 nm, before use. The reaction mixture was allowed to stand 104 at room temperature for 6 min and the absorbance at 734 nm was immediately recorded. The ABTS scavenging 105 activity was calculated as follows: The reducing power of T. ciliata was studied using the method of Hemayet 106 et al. and Dehpour et al. (16, 17) The extract at different concentrations was mixed with 1 ml ethanol, 2.5 ml 107 108 phosphate buffer (0.2 M, pH 6.6), and 2.5 ml potassium ferricyanide [K 3 F e (CN) 6] (1%). The sample solutions 109 were next incubated at 50°C for 20 min and a 10% solution of trichloroacetic acid (2.5 ml) was added to them. They were then centrifuged at 3000 rpm for 10 min. The top layer of the mixture (2.5 ml) was mixed with 2.5 ml 110 distilled water and 0.5 ml of 0.1% FeCl 3. The absorbance was measured at 700 nm with a spectrophotometer. 111 All determinations were carried out in triplicate. ABTS scavenging effect = I (%) = (A o - A s / A o) x 112

¹¹³ 11 c) Total antioxidant capacity

The total antioxidant capacity was measured by the method of Prieto et al. (18) The ethanol extract was prepared in its respective solvent and mixed with 1 ml of the reagent solution (0.6M H 2 SO 4, 28 mM sodium phosphate, 4 mM ammonium molybdate mixture). The tubes were incubated for 90 min at 95°C. The mixture was cooled to room temperature and the absorbance was read at 695 nm against a blank sample. Ascorbic acid equivalents were calculated using the standard graph for ascorbic acid. The experiment was conducted in triplicates and

119 values were expressed as equivalents of ascorbic acid in mg per gram of extract.

120 12 D. Total phenolic content

Total phenolic content of the extract was determined using the modified Folin-Ciocaltu method. (19, 20) After reacting 0.5 ml of extract (1 mg/ml), 5 ml Folin-Ciocaltu reagent (1:10 v/v distilled water) and 4 ml (75 g/l) of sodium carbonate, the sample solutions were mixed and left to stand at 40°C for the next 30 min for color development. The absorbance was read at 765 nm. The total phenolic content was calculated and expressed as mg of gallic acid equivalent per gram using the equation obtained from the standard gallic acid calibration curve, y = 6.993x + 0.0379, R2 = 0.9995.

127 13 d) E. Total flavonoid content

The total flavonoid content was determined by reactions of the aluminium chloride colorimetric method with some modifications. (21,22) The absorbance of the reaction mixture was measured at 430 nm with a double beam Analykjena UV/Visible spectrophotometer (Model 205, Jena, Germany). Quercetin was used for calibration of a standard curve (y = 6.2548x + 0.0925; R 2 = 0.998) and the results were expressed as mg of quercetin equivalent per gram dry weight of sample. V.

¹³⁴ 14 Hplc Detection of Polyphenolics

Detection of selected polyphenolic compounds in the extract was carried out by HPLC as described by Ismet et al. 135 (23) The analysis was performed on a Dionex UltiMate 3000 system equipped with quaternary rapid separation 136 pump (LPG-3400RS) and photodiode array detector (DAD-3000RS). Separation was done using Acclaim® C 18 137 (5µm) Dionex column (4.6 x 250 mm) at 30 °C with a flow rate of 1 ml/min and an injection volume of 20 µl. 138 The mobile phase consisted of acetonitrile (solvent A), acetic acid solution pH 3.0 (solvent B), and methanol 139 (solvent C) with the gradient elution program of 10% A/80% B/10% C (0-9 min), 20% A/60% B/20% C (10-19 min) 140 and 100%A (20-30 min) with post run equilibration of the system with 5%A/95%B (5 min). The UV detector 141 was set to 280 nm for 18.0 min, changed to 320 nm for 6 min, and finally to 380 nm and held for the rest of 142 the analysis period while the diode array detector was set at an acquisition range from 200 nm to 700 nm. For 143 144 the preparation of calibration curve, a standard stock solution was prepared in methanol containing gallic acid 145 (GA), vanillic acid (VA), (+)catechin (CH), (-)-epicatechin (EC), p-coumaric acid (PCA), rutin (R), ellagic acid (EA) (20 µg/ml each), caffeic acid (CA) (8 µg/ml) and quercetin (QU) (6 µg/ml). 146 A solution of T. ciliata leaf extract was prepared in ethanol at 5 mg/ml. All solutions were filtered through 147 0.20 µm nylon syringe filter (Sartorius, Germany) and degassed in an ultrasonic water bath (Hwashin, Korea) for 148

149 15 min. Data acquisition, peak integration, and calibrations were performed with Dionex Chromeleon software 150 (Version 6.80 RS 10).

¹⁵¹ 15 VI.

152 16 Statistical Aanalysis

Data were presented as mean \pm Standard deviation (S.D). Statistical analysis for animal experiment was carried out using one-way ANOVA followed by Dunnet's multiple comparisons using SPSS Data Editor for Windows, Version 11.5.0 (SPSS Inc., U.S.A.). The results obtained were compared with the control group. P values < 0.05 were considered to be statistically significant.

157 **17 VII.**

158 18 Results

¹⁵⁹ 19 a) Carrageenan-induced paw edema

The anti-inflammatory effect of the T. ciliata using carrageenan induced oedema test is expressed in b) Histamine-160 induced paw edema Table 2 gives information on the effect of T. ciliata extract on acute inflammation using 161 histamineinduced paw edema test. A maximum edema paw volume of 1.59 ± 0.08 mm was observed in the 162 control group at 4 h after histamine was injected. Rats that were pre-treated with 400 mg/kg body weight of the 163 extract significantly compressed (p < 0.05; p < 0.01) the histamine-induced edema paw volume, in comparison to 164 that by indomethacin. The percentage inhibition of the edema paw volume at 1, 2 and 3 h by the 400 mg/kg body 165 weight of the extract was also found effective (p < 0.05; p < 0.01). The maximum reduction in the paw volume by 166 the 400 mg/kg body weight of T. ciliata at 4 h was 56.60%, while that by the indomethacin declined to 65.41%, 167 respectively. 168

¹⁶⁹ 20 c) ABTS radical scavenging activity

170 At minimum concentration (10 µg/ml), the highest activity obtained by the extract of T. ciliata was 98.22 \pm

171 0.04 µg/ml (Table 3). The IC50 value of the extract was found to be 5.50 \pm 0.16 ?g/ml, which was similar to

that of the ascorbic acid (12.01 \pm 0.12 ?g/ml). The values are expressed as mean \pm standard deviation (n=3).

¹⁷³ 21 d) Reducing power assay

The reducing power assay was determined based on the relative maximum absorbance of the extract of T. ciliata and was observed to increase with an increase in concentration (Table 4). At 250 ?g/ml, the maximum absorbance

for the ethanolic leaf extract of T. ciliata was found to be 0.4939 ± 0.029 , while the standard ascorbic acid showed

an absorbance of 1.1115 ± 0.009 . The values are expressed as mean \pm standard deviation (n=3).

¹⁷⁸ 22 e) Total antioxidant capacity

The ethanol extract of T. ciliata possessed a high total antioxidant capacity (Table 5). The total antioxidant capacity of the extract was obtained in significant quantity relative to the standard ascorbic acid per gram of extract (357.10 ± 2.02). The values are expressed as mean \pm standard deviation (n=3).

f) Total phenolic content Table 6 demonstrates the total phenolic content in the ethanol leaf extract of T. ciliata. High phenolic content was determined in the extract $(239.2 \pm 2.53 \text{ mg/g} \text{ of gallic acid equivalent})$. The values are expressed as mean \pm standard deviation (n=3).

g) Total flavonoid content Table 6 demonstrates the total flavonoid content in the leaf extract of T. ciliata. A considerably large amount of flavonoid was observed in the extract ($98.36 \pm 1.07 \text{ mg/g}$ of quercetin).

¹⁸⁷ 23 h) HPLC assay of T. ciliata

The contents of the phenolic compounds in the leaf extract of T. ciliata were analyzed by RP-HPLC (Table 7). 188 Based on the comparison of the retention times with those of the standard peaks, seven phenolic compounds: 189 (+) catechin, vanillic acid, epicatechin, pcoumeric acid, rutin hydrate, ellagic acid and quercetin were identified, 190 respectively (Figure 1). The most abundant phenolic compound obtained from the extract of T. ciliata was 191 catechin (825.95 \pm 5.39 mg/100 g dry extract) followed by ellagic acid (416.70 \pm 3.58 mg/100 g dry extract). 192 Next, there was epi-catechin, p-coumeric acid and rutin hydrate, which were also obtained in significant quantities, 193 but in lower amounts than that of the first two (211.7 ± 2.36 , 102.20 ± 1.87 and 77.57 ± 1.49 mg/100 g dry 194 extract, respectively). Other polyphenolic compounds like vanillic acid and quercetin were also obtained in similar 195 concentrations $(34.05 \pm 0.83 \text{ and } 29.13 \pm 0.65 \text{ mg}/100 \text{ g dry extract})$. 196

¹⁹⁷ 24 Discussion

Carrageenan and histamine induced paw oedema were evaluated for their anti-inflammatory effect in T. ciliata. The carrageenan induced inflammatory response in rats is a biphasic response, which causes marked oedema formation that results from the rapid production of several inflammatory mediators such as histamine, serotonin, and bradykinins. The second step is the release of prostaglandins and nitric oxide with a peak at 3 h, which

is produced by an inducible is of orm of cyclooxygenase (COX-2) and nitric oxide synthase Volume XIV Issue

VII Version I Year 2014 () B (iNOS). (24) The present investigation was carried out in an attempt to reduce the oedomatogenic response in rats evoked by carrageenan. Results show that pretreated oral administration of the extract was effective in the reduction of the response. Thus, a relationship can be inferred between the antiinflammatory properties of the extract and the inhibition of intracellular signalling pathways in inflammatory mediators.

On injection, histamine acts as an inflammation mediator. (25) The liquid spreads out inside the body of the 208 rat like a wheal and increases the permeability of the host capillary venules in the skin. Substances that inhibit 209 the activity of histamine receptors shrink that particular area where the wheal was formed. This could be because 210 the anti-inflammatory activity of the extract is supported by its anti-histamine activity. The antihistaminic effect 211 of the extract increases with the concentration of the extract. The extract inhibits the formation and action of the 212 inflammatory mediators, effectively suppressing the production of oedema by histamine. This study shows that 213 T. ciliata has significant anti-oedematogenic effect (P<0.01) on paw oedema in rats induced by both carrageenan 214 and histamine. 215

When subjected to reducing power assay, the extract causes the oxidation of ferricyanide complex to its ferrous form. This results in the extract to donate a hydrogen atom, which in turn helps to break the free radical chain and exert an antioxidant response. (26) The high phenolic content in the ethanol leaf extract of T. ciliata might be a reason for this reduction of Fe3+ to Fe2+, exhibiting stronger reducing power ability.

220 The total antioxidant capacity depends on the reduction of Mo (VI) to Mo (V) by the extract and the subsequent formation of green phosphate/Mo (V) complex at an acidic pH. (27) Studies on the antioxidant 221 activities of the leaf and flower extracts of Toona ciliata have previously been carried out using several 222 different solvents i.e. petroleum ether, chloroform, ethyl acetate and methanol. Based on the results, all the 223 extracts showed significant DPPH and ABTS radical scavenging activity in comparison with the standard, BHT 224 (butylatedhydroxytoluene). The petroleum ether, chloroform, ethyl acetate and methanol extracts of Toona 225 ciliata showed DPPH and ABTS significant activity with IC50 value of 150, 135.5, 105 and 92.5 ?gml-1 for 226 DPPH and 145, 120, 120.5 and 95 ?gml-1 for ABTS scavenging activity, respectively, in comparison to standard 227 BHT with an IC50 of 8 ?gml-1 and 11.5 ?gml-1, respectively. (12) Better results for the ABTS radical scavenging 228 activity of T. ciliata ethanol extract relative to ascorbic acid were obtained from the present investigation (IC50 229 5.50 ± 0.130). Another study on the methanol and hexane fractions of T. ciliata leaves compared the plant's 230 reducing power activity, which suggests a better activity for the methanol extract with a maximum relative 231 absorbance of 0.440 ± 0.0001 , which was very close to the absorbance of the standard drug, ascorbic acid (0.461 232 233 \pm 0.0030). (28) HPLC analysis of the ethanol leaf extract of T. ciliata was used to determine and quantify the phenolic compounds present in the extract. Several studies have shown that vanillic acid and quercetin 234 possess antioxidant properties. In addition, catechin and ellagic acid compounds have been found to play a role 235 in the anti-inflammatory activity (29,30,31) and rutin hydrate and quercetin are known to demonstrate good 236 antiinflammatory properties. (32,33,34) HPLC studies confirm the presence of relatively high concentration of 237 these antioxidant chemicals in T. ciliata, which helps to explain the significant anti-inflammatory and antioxidant 238 activity of this plant extract. 239 IX. 240

241 25 Conclusion

The study demonstrates significant antioxidant and anti-inflammatory activity of the ethanol leaf extract of T. ciliata. Moreover phenolic compounds were detected with HPLC and a correlation can be suggested between the plant's antioxidant and anti-inflammatory properties and the high level of polyphenolic compounds present in its extract. Nevertheless, activity varies depending on several conditions including the plant type, its biome, growing conditions, etc. However, based on the results obtained, it can be asserted that the plant T. ciliata, grown in Bangladesh can be of great medicinal value in physiological processes and other cures, relieves and preventions.

- 248 **26 X**.
- 249 27 Conflict of Interest
- 250 We declare that we have no conflict of interest.

²⁵¹ 28 Volume XIV Issue VII Version I

252 Year 2014 (B) ^{1 2 3}

 $^{^{1}}$ © 2014 Global Journals Inc. (US)

 $^{^{2}}$ © 2014 Global Journals Inc. (US) reduction in the paw volume by the 400 mg/kg body weight of the extract at 4 h was 55.42%, while that by indomethacin was 64.46%, respectively.

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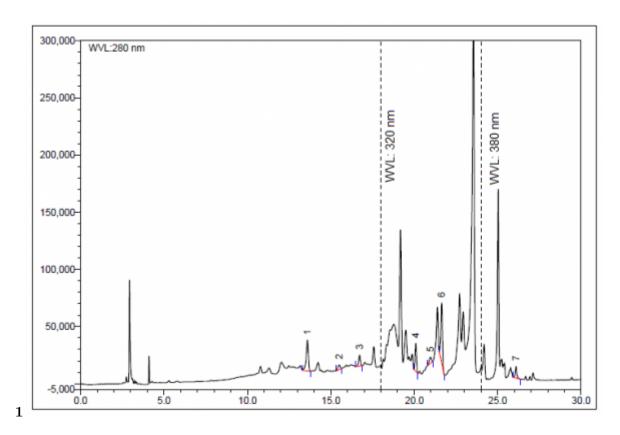


Figure 2: Figure 1 :

1

Year 2014 Volume XIV Issue VII Version I (B)	
. The paw edema was highly reduced by	
indomethacin ($p < 0.05$; $p < 0.01$) between the first and	
forth hour $(50.48\%$ to 64.46% inhibition). A maximum	
edema paw volume of 1.66 \pm 0.08 mm was observed in	
the control group, four hours after the carrageenan	
injection. Rats which received 400 mg/kg body weight of	
the extract were observed to significantly decrease	
(p<0.05; p<0.01) the carrageenan-induced oedema	
paw volume between the 1 to 4 hour time interval, in	
comparison to that of the standard drug, indomethacin,	
at a dose of 10 mg/kg body weight. The highest	

Figure 3: Table 1

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Values are expressed as mean±SD; Values are calculated as compared to control using one way-ANOVA followed by Dunnet's Test; * indicates P < 0.05; ** indicates P < 0.01 vs. control; n = 5.

Figure 4: Table 1

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		volume in	ı m	ale wistar	^{rats}		
Treatment Groups	Doses	1 h		Right hi	nd pa	w volume (mm) 2 h 3 h	4 h
	(mg/l)	٨g					
	body						
	weigh	t)					
Control	2	1.09 ± 0.0	06	1.29 ± 0	.07	1.40 \pm	$1.59 \pm$
	ml/kg	r 5				0.05	0.08
Positive Control	10	0.48	\pm	0.56	\pm	0.53 \pm	$0.55 \pm$
		0.08**		0.03^{*}		0.08*	0.03**
(Indomethacin)		(55.96)		(56.59)		(62.14)	(65.41)
Extract	200	0.84	\pm	0.87	\pm	$0.92 \pm$	$0.99 \pm$
		0.05^{*}		0.09^{*}		0.07**	0.06^{*}
		(22.94)		(32.56)		(34.29)	(37.73)
Extract	400	0.60	\pm	0.67	\pm	$0.71 \pm$	$0.69 \pm$
		0.04*		0.07**		0.05^{*}	0.05**
		(44.95)		(48.06)		(49.29)	(56.60)
X 71 • 1 1 4 1 4	1 . 1	Č LI Ć	1		1	(()

Values in brackets denote percentage inhibition of the oedema paw volume. Values are expressed as mean \pm SD; Values are calculated as compared to control using one way-ANOVA followed by Dunnet's Test; * indicates P < 0.05; ** indicates P < 0.01 vs. control; n = 5.

Figure 5: Table 2 :

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			í	

Concentration	T. ciliata leaf extract	Ascorbic acid
$(\mu g/ml)$		
10	98.22 ± 0.04	48.60 ± 0.17
20	98.60 ± 0.12	85.79 ± 0.25

Figure 6: Table 3 :

$\mathbf{4}$

Concentration C. ciliata leaf extract		Ascorbic acid
$(\mu g/ml)$		
10	0.0190 ± 0.028	0.3801 ± 0.012
20	0.0695 ± 0.071	0.4577 ± 0.017
40	0.0819 ± 0.017	0.5398 ± 0.023
60	0.1056 ± 0.041	0.6345 ± 0.037
80	0.1699 ± 0.062	0.7125 ± 0.013
100	0.1986 ± 0.041	0.7811 ± 0.029
250	0.4939 ± 0.029	1.1115 ± 0.009

Figure 7: Table 4 :

$\mathbf{5}$

 $\begin{array}{rll} & {\rm Total\ antioxidant\ capacity} \\ {\rm Extract} & {\rm mg\ of\ ascorbic\ acid\ equivalent\ (AAE)\ per\ g\ of\ dry\ extract} \\ {\rm T.\ ciliata\ leaf\ ex-} & 357.1\pm2.02 \\ {\rm tract} \end{array}$

Figure 8: Table 5 :

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	Total phenolic content	Total flavonoid content
Extract	mg of gallic acid equivalent	mg of quercetin equivalent (QE)
	(GAE) per g of dry extract	per g of dry extract
T. ciliata	239.2 ± 2.53	98.36 ± 1.07
leaf extract		

Figure 9: Table 6 :

Polyphenolic	Ethanol extract of T. ciliata leaf	
compound	Content $(mg/100 \text{ g of dry extract})$	% RSD
CH	825.95	5.39
VA	34.05	0.83
EC	211.7	2.36
PCA	102.2	1.87
RH	77.57	1.49
\mathbf{EA}	416.7	3.58
QU	29.13	0.65

Figure 10: Table 7 :

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28 VOLUME XIV ISSUE VII VERSION I

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