

# 1 Hearing Loss and M.1555a>G Mitochondrial Mutation

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## 7 **Abstract**

8 Introduction: Hearing loss (HL), one of the commonest sensory disorders, can be caused by a  
9 variety of environmental and genetic factors 1. Genetic HL of nonsyndromic form can be  
10 caused by mutations in both nuclear and mitochondrial genes 3. Mitochondrial mutation  
11 (m.1555A>G) in the MTRNR1 gene is related to HL. The aim of this study is to describe the  
12 m.1555A>G genetic mutation in the MTRNR1 gene and its relationship with hearing loss  
13 plus medical literature review. Methods: A retrospective study of medical records of a patient  
14 who was diagnosed with profound hearing loss and m.1555A>G mutation. The medical  
15 literature review was performed using the MeshTerms: genetic hearing loss; non-syndromic  
16 hearing loss and m.1555A>G.

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18 **Index terms**— genetic deafness; A155G; hearing loss.

19 Hearing Loss and M.1555a>G Mitochondrial Mutation by other clinical features and categorized as syndromic  
20 ones 2 . Genetic HL of non-syndromic form can be caused by mutations in both nuclear and mitochondrial genes  
21 3 . It is estimated that the inheritance of nonsyndromic HL is autosomal recessive in 80% of cases, autosomal  
22 dominant in 20%, X-linked in 1% and mitochondrial in 1% of cases 2 .

23 In 1993, Prezant et al. first reported the association of HL with a mitochondrial mutation, the m.1555A>G  
24 in the MTRNR1 gene. It has been found that this mutation is related to aminoglycoside-induced HL, since it  
25 alters 12S rRNA subunit, making it more similar to the bacterial ribosomal 16S rRNA and thereby enhancing  
26 aminoglycoside binding and its toxic effects on the ear 4 .

27 An overview of reported mitochondrial mutations can be found in the Human Mitochondrial Genome Database  
28 -MITOMAP (<http://www.mitomap.org>) 5 .

29 The aim of this study is to describe the m.1555A>G genetic mutation in the MTRNR1 gene and its relationship  
30 with hearing loss plus medical literature review of this topic.

## 31 **1 II. Materials and Methods**

32 A retrospective study of medical records of a patient who was diagnosed with profound hearing loss and  
33 m.1555A>G mutation.

34 The medical literature review was performed using the MeshTerms: genetic hearing loss; non-syndromic  
35 hearing loss and m.1555A>G.

## 36 **2 a) Audiometric Testing**

37 The subject had unaided pure tone audiometry tests at 250, 500, 1000, 2000, 3000, 4000, 6000, and 8000Hz.  
38 We used an AC30-SD25 audiometer, calibrated according to ISO389/64. The same audiologist conducted all the  
39 pre-and postoperative tests.

## 40 **3 I. Introduction**

41 Earing loss (HL) is one of the commonest sensory disorders and can be caused by a variety of environmental and  
42 genetic factors Conclusions: Early treatment can allow many infants to develop normal language skills, using

43 hearing aids, cochlear implants, audiologic rehabilitation, speech-language therapy and pharmacological therapy.  
44 Gene transfer by viral vectors or nanoparticles represents a promising approach for delivering therapeutic genes  
45 into the inner ear 18 . Stem cells have been the subject of intense speculation as they open radically new  
46 therapeutic possibilities 18 .

47 Genetic testing for mutations in the GJB2 gene, as well as the del (GJB6-D13S1830) and del (GJB6-D13S1854)  
48 mutations in the GJB6 gene, and the m.1555A>G mutation in the MTRNR1 gene was performed. GJB2  
49 mutations were screened by direct sequencing of the gene coding region 6,7 .

50 A multiplex PCR methodology was used to detect del (GJB6-D13S1830) and del (GJB6-D13S1854), according  
51 to the procedures reported previously 8,9 .

52 Analysis of m.1555A>G was performed by PCR amplification followed by digestion with the BsmAI restriction  
53 endonuclease, as described by Prezant et al. 4

#### 54 4 . c) Ethics

55 The institutional review board approved this study and all subjects gave written informed consent.

### 56 5 III. Results

57 Female, 16 years-old, complaints of hearing loss since birth.

58 Recognizes only loud noises and alert sounds. Denies tinnitus, dizziness or otorrhea. Do not have gestational  
59 or perinatal history.

60 Sister and niece (sister's daughter) has profoundly deaf since birth, with the use of hearing aids.

61 Patient oral language, is literate, but have poorly developed speech.

62 No change in the physical examination.

63 The imaging studies (CT and MRI) do not reveal anatomical alterations of the peripheral and central auditory  
64 system of the patient.

65 Audiological evaluation showed remnants hearing in the low frequencies bilaterally, as shown in Table ??.

66 Tympanometry is normal bilaterally, with the acoustic reflections.

67 The auditory evoked potential (ABR) showed electrophysiological hearing threshold 90 dB HL bilaterally.

68 Tabela 1 : Audiometric pure tone thresholds.

### 69 6 Legend: SD: detection threshold speaks in monosyllables.

70 Genetic study identified the presence of m.1555A>G mutation in the MTRNR1 gene in a homoplasmic state.

71 The patient with the m.1555A>G mutation had not aminoglycoside exposure. A family history of HL was also  
72 noted, with a strong matrilineal inheritance.

### 73 7 IV. Discussion

74 According to previous studies, this is a common cause of genetic HL in Brazil. It was found in approximately 2%  
75 of unselected subjects with HL, and was recommended for inclusion in molecular diagnostic testing for HL 10,11  
76 . Additionally, mutation screening is especially important in countries where aminoglycosides are widely used, as  
77 in Brazil.

78 Early identification of patients with SNHL due to mutations in mitochondrial DNA can influence genetic  
79 counseling regarding maternal inheritance, enable avoidance of known risk factors, and assist pharmacological  
80 strategies for the prevention or diminution of HL progression 12 . Of the children who develop childhood-  
81 onset HL with a genetic basis, the majority (around 70%) are non-syndromic, and arise predominantly from  
82 mutations inherited in an autosomal recessive pattern. In less than 1% of cases, inheritance is either X-linked,  
83 or mitochondrial13. The most frequent causative genes that have been identified in autosomal recessive non-  
84 syndromic HL, in order of frequency are GJB2, SLC26A4, MYO15A, OTOF, CDH23, and TMC1 13 .

85 Maternally-inherited hearing impairment due to mutations in the mitochondrial genome appears to be a  
86 rare cause of prelingual HL, but the most common mitochondrial mutation, m.1555A>G, can predispose to  
87 irreversible HL resulting from aminoglycoside exposure 13 .

88 A recent study from China analyzed 658 unrelated patients with NSHL and 462 normal-hearing individuals for  
89 a mutational screening including GJB2 and mtDNA 12S rRNA genes using PCR and DNA sequencing technology.  
90 There were 7 pathogenic

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94 Hearing Loss and M.1555a>G Mitochondrial Mutation mutations in the 12S rRNA gene and 39 subjects harbored  
95 the m.1555A>G mutation (5,93%) in mtDNA 12S rRNA 14 .

96 A Taiwanese study was performed to explore the factors that might contribute to the differences in the  
97 phenotypes, including aminoglycoside exposure, mutation load and mitochondrial DNA background. As Left

98 ear the result it was found that the mitochondrial m.1555A>G mutation accounted for 3,2% of the Taiwanese  
99 families with sensorineural hearing impairment of unknown etiology 15 .

100 Another study was performed in China to make a clinical, molecular, and genetic characterization of maternal  
101 hereditary pedigree in a Province from that country. The G7598A mutation was absent in 100 unrelated healthy  
102 controls in that region. Therefore, it may have a modifying role, enhancing its penetrance and severity, in the  
103 aminoglycoside antibiotic-induced deafness associated with the 12S rRNA A1555G mutation in the Han Chinese  
104 pedigree 16 .

105 A previous Spanish study found a prevalence of the A1555G mutation of 25,8% among patients with family  
106 history of HL, of 75% in patients with cochlear ototoxicity and family history of HL and 100% in patients with  
107 cochlear ototoxicity and family history of cochlear ototoxicity via maternal transmission ??7 . In general, the  
108 prevalence of the A1555G mutation has been shown to be between 20-30% in deaf individuals in Spain and Asia,  
109 of which 15% had a history of aminoglycoside ototoxicity.

110 In Italy, the A1555G mutation is responsible for 5,4% of cases affected with isolated idiopathic sensorineural  
111 hearing impairment 18 . Genetic screening for the A1555G mutation is still laborious, and no costeffective has  
112 been demonstrated; thus, the use of aminoglycosides should be limited to very severe infections 18 .

113 Early treatment of HL can allow many infants to develop normal language skills. Current approaches of  
114 SNHL are represented by hearing aids and cochlear implants, although recent advances in human genomics  
115 and molecular biology have led to the identification of mechanisms and defective genes causing deafness, which  
116 represent novel putative therapeutic targets 18 .

## 117 **10 a) Conventional hearing aids**

118 Conventional hearing aids are indicated in children with moderate to severe hearing loss inducting delayed speech  
119 or articulation disorders. Indication for hearing aids in children with bilateral severe SNHL is also discussed in  
120 relation to the cochlear implant and depends on the benefits of amplification 18 .

## 121 **11 b) Bone-anchored hearing device (BAHD)**

122 The principle of a bone-anchored hearing aid (BAHA) is based on sound conduction through bone via a  
123 percutaneous osseointegrated implant. In the pediatric population, the indications for BAHA include congenital  
124 aural atresia and microtia, and unilateral profound and mixed HL.

125 BAHA has also been used in children with chronic suppurative otitis media, chronic otitis externa and  
126 traumatic ossicular chain disruption after failure with conventional aids 18 . Marsella et al. described that  
127 the main indications for BAHA are a minimum age of three years at the time of implantation and/or cortical  
128 bone thickness ? 3mm as documented by CT 19 .

## 129 **12 c) Implantable middle-ear devices**

130 These devices stimulate the ossicles and improve comfort by allowing the ear canal to remain open and not  
131 occluded. Currently, implantable middleear devices are indicated for patients aged 18 years or older, as an  
132 alternative to conventional hearing aids for individuals who are either unable to wear hearing aids or reject them  
133 for a variety of reasons 20 .

## 134 **13 d) Cochlear implants**

135 Indications for cochlear implantation are constantly changing and are influenced by developments in technology,  
136 disease knowledge and experience of the physicians involved. The guidelines adopted by most European centres  
137 are those issued by the National Institute for Health and Clinical Excellence (NICE, UK, 2009). The timing for  
138 surgery is still controversial: in the US, the FDA requires waiting until the child is one year of age, while NICE  
139 does not establish a lower limit of age. According to the literature, the age limit below which the cochlear implant  
140 guarantees the development of languages skills and understanding closer to those of normal hearing subjects is  
141 around 18 months of age 18 .

## 142 **14 e) Auditory brainstem implant (ABI)**

143 The auditory brainstem implant (ABI) is similar in terms of design and function to a CI except that the  
144 electrode is placed in the cochlear nucleus in the brainstem. ABI is designed for individuals with HL due a  
145 non-functional auditory nerve such as those affected by VIII nerve aplasia, temporal bone fractures, bilateral  
146 vestibular schwannomas (from neurofibromatosis type 2; NF2) or severe ossification of the cochlea and modiolus.

147 Limitations for good performance of ABI are represented by the lower stimulation selectivity due to the  
148 positioning of the electrode on the surface of the brainstem that allows large electric field interactions between  
149 electrodes 18 .

## 150 **15 f) Audiologic rehabilitation and speech-language therapy**

151 Audiologic rehabilitation is the process of providing training and treatment to improve hearing for children who  
152 are hearing impaired. The services provided will depend on each individual's needs and are based on the following

153 factors: age, age of onset of the HL, age when HL was discovered, degree of HL, type of HL and age when hearing  
154 aids were first used 21 .

**155 16 g) Pharmacological therapy**

156 Several experimental drugs have been proposed for treatment of SNHL, although few clinical trials have been  
157 conducted. Clinically, antioxidant strategies can be used as add-on neuroprotective therapy after perinatal  
158 oxidative stress, but they are not studied in preventing deafness.

159 Corticosteroids have been proposed for the treatment of the trauma after the insertion of a cochlear implant  
160 electrode and in preventing sequelae of meningitis.

161 Antiviral therapy has been proposed in the treatment of CMV: ganciclovir, valganciclovir, foscarnet, cidofovir  
162 and CMV hyperimmune globulin.

**163 17 V. Final Comments**

164 Finally, knowledge of molecular mechanisms of developmental process (i.e. Sox 2, Atoh1 and Notch signaling  
165 pathways) or genes involved in differentiation (i.e. espin, myosin VII, whirlin) offers hope for the treatment of  
166 inner ear diseases.

167 Gene therapy involves the up-regulation or down-regulation of specific genes in order to treat human disease  
168 22 . Genes can be inserted in to cells using electric pulses, encasement in lipid-like spheres, or by packaging  
169 into viruses 22 . Gene transfer by viral vectors or nanoparticles represents a promising and novel approach for  
170 delivering therapeutic genes or molecules into the inner ear 18 .

171 Stem cells have been the subject of intense speculation and controversy for many years as they open radically  
172 new therapeutic possibilities 18 .<sup>1</sup>

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